



## Dr Ayesha Shahnaz

MBBS, MRCPCH(UK), FRCPCH(UK), CCT(UK) 13+ Years Experience

Dr Ayesha Shahnaz is a top Pulmonologist in Chennai at Apollo Children Hospital Chennai. Book appointment online with Dr Ayesha Shahnaz at Ask Apollo.

### Hospitals

[Apollo Children's Hospital, Chennai](#) ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
11:00 -14:00

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## Overview

Dr. Ayesha Shahnaz is a highly qualified Paediatric Pulmonologist based in Chennai, Tamil Nadu, with over 13 years of experience in her field. With an impressive academic background including MBBS, MRCPCH(UK), FRCPCH(UK), and CCT(UK), she has established herself as a leading expert in the diagnosis and treatment of respiratory disorders in children. Dr. Shahnaz is fluent in both English and Tamil, making her accessible to a diverse patient demographic.

Dr. Shahnaz has actively contributed to her field through participation in numerous national and international paediatric conferences, most notably with the British Paediatric Respiratory Society (BPRS) in the United Kingdom. Her dedication to continuous learning and professional development ensures that she stays updated with the latest advancements in paediatric pulmonology.

At Apollo Hospitals, Dr. Ayesha Shahnaz is committed to providing comprehensive care tailored specifically for children suffering from various respiratory ailments. Her approach is patient-centered, focusing not only on effective treatment plans but also on educating families about managing respiratory health in children. Dr. Shahnaz's expertise and compassionate care have made her a trusted choice for parents seeking specialized treatment for their children in Chennai and beyond.

# Experience

- After obtaining my undergraduate degree (MBBS) from Kilpauk Medical College, Chennai.
- I left to UK for my postgraduate training and stayed there for 10 years.
- I undertook my Paediatric and Pulmonology (Respiratory Medicine) training in Cambridge University Hospital, UK.
- My area of expertise is treating children with asthma and allergic airway disease.
- I also routinely perform Paediatric Fibreoptic bronchoscopy.
- I have been working as a consultant Paediatric Pulmonologist at Apollo Children's hospital, Chennai since October 2014.

# Membership

- Member of Royal College of Paediatrics and Child Health
- Member of Indian Academy of Paediatrics

# Research and Publication

- I have presented in National and International paediatric conferences in United Kingdom (British Paediatric Respiratory Society – BPRS).
- I have also published original articles as a first author in high quality International peer reviewed journals.
- Tissue transglutaminase levels predict IgA deficiency. Shahnaz A, Maguire G, Parker R, Heuschkel R, Zilbaeur M. Arch Dis Child. 2013;98(11):873-6.
- Assessing efficient patient care: should length of stay be calculated independently of local admission rates? Shahnaz A, Wills S, Parker R, Ross-Russell R. Arch Dis Child 2013;98(12): 951-954

# Frequently Asked Questions

## 1. Where does Dr. Ayesha Shahnaz practice?

Dr. Ayesha Shahnaz practices pediatric care at Apollo Children Hospital, Chennai. This hospital offers comprehensive pediatric services and is part of the Apollo Hospitals network.

## 2. Who is Dr. Ayesha Shahnaz?

Dr Ayesha Shahnaz is a renowned Pulmonologist with over 13 years of experience. She practices in Chennai at Apollo Children Hospital Chennai. Dr Ayesha Shahnaz holds a degree in MBBS, MRCPCH(UK), FRCPCH(UK), CCT(UK). She provides treatments including Children Asthma Treatment. She specializes in treating conditions like, Amyotrophic lateral sclerosis.

### **3. Why do patients choose Dr. Ayesha Shahnaz?**

Patients select Dr. Ayesha Shahnaz for vaccination (including travel vaccinations), consultation, and fever treatment. These are among the key services she provides.

### **4. What is Dr. Ayesha Shahnaz's specialization?**

Dr Ayesha Shahnaz specializes in Pulmonology. She has expertise in treating conditions such as, Amyotrophic lateral sclerosis. Her key treatments include Children Asthma Treatment.

### **5. What are Dr. Ayesha Shahnaz's medical qualifications?**

Dr Ayesha Shahnaz holds MBBS, MRCPCH(UK), FRCPCH(UK), CCT(UK), reflecting her comprehensive education in the field of Pulmonology.

### **6. How many years of experience does Dr. Ayesha Shahnaz have?**

Dr. Ayesha Shahnaz has 13 years of experience in the medical field.

### **7. Who is a Pediatrician?**

A pediatrician, also known as a child specialist, is a physician specializing in children's healthcare. They manage the physical, behavioral, and mental well-being of children, treating illnesses ranging from minor ailments to complex medical conditions. Pediatric care begins at birth.

### **8. What age range of children do your Paediatricians treat?**

Apollo Hospitals' pediatricians provide care for children from birth through age 18. Regular checkups are recommended: frequently during the first two years, annually from ages 2-5, and yearly thereafter until age 18. This comprehensive care ensures your child's healthy development.

### **9. Can a Pediatrician Perform Surgery?**

Pediatricians focus on children's health. While some pediatricians, with specialized surgical training, may perform procedures, pediatric surgeons are specialists in surgical care for children. Pediatricians primarily provide non-surgical evaluations and treatments. Pediatric surgeons' expertise ranges from minor procedures (like removing foreign objects) to complex surgeries such as cardiac surgery.