



## Dr Avinash R

MBBS, DTCD, DNB in Pulmonary and Sleep Medicine 11+ Years Experience

Dr Avinash R is a top Pulmonologist in Mysore at Apollo Bgs Hospitals Mysore . Book appointment online with Dr Avinash R at Ask Apollo.

### Hospitals

Apollo BGS Hospitals, Mysore ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
11:00 -13:00

Phone Icon  
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## Overview

Dr. Avinash R is a highly skilled Pulmonology Respiratory Medicine Specialist with over 11 years of experience in the field. He is based in Mysore, Karnataka, and is renowned for his expertise in diagnosing and treating various respiratory ailments. Dr. Avinash holds a distinguished academic background with qualifications that include MBBS, DTCD, and DNB. He is committed to delivering comprehensive patient care, focusing on improving the quality of life for individuals suffering from respiratory conditions.

Fluent in English, Hindi, and Kannada, Dr. Avinash ensures effective communication with patients from diverse backgrounds, making it easier for them to understand their conditions and treatment options. His approach to medicine combines evidence-based practices with a compassionate touch, earning him the trust and respect of his patients.

As a part of the Apollo healthcare network, Dr. Avinash is equipped with access to cutting-edge medical technology and resources, which enhances his ability to provide precise diagnoses and effective treatments. His dedication extends beyond the clinic, as he stays updated with the latest advancements in pulmonology to offer state-of-the-art care.

Whether you are dealing with chronic respiratory issues or seeking preventive care, Dr. Avinash R is a reliable choice for all your respiratory health needs. His commitment to patient-centered care ensures that

every individual receives tailored treatment plans aimed at achieving optimal health outcomes.

## Experience

- Junior Resident at Mysore Medical College (3 months).
- Senior Resident at St. John's Medical College (1 year, 1 month).
- Assistant Professor at Adichunchanagiri Institute of Medical Sciences (since 2017).

## Membership

- Member of the National College of Chest Physicians

## Awards

- Best Paper Award at PULMOKARN 2016.
- High rankings in NAPCON and Torrent Young Scholar Award quizzes

## Research and Publication

- A rare case of double infarction treated with Primary percutaneous coronary intervention ( Short communication). Advances in international cardiology / Postepy w Kardiologii Interwencyjnej...a journal of Polish cardiac society 2015, 11, 1(41), 230-283 Biplab Paul, Pranab K Biswas, Biswajit Majumder, Debojyoti Sarkar, Aritra Konar
- 2. Prevalence of AHRE and the risk factors in Indian patients with CIED : A real life data - Accepted by journal of Arrhythmia ( Manuscript id – JOA-2019-0077.R2) for publication.By Suvro Banerjee, Suchit Majumder, Aritra Konar
- Clinical study on spirometric pulmonary function changes before and after kyphoscoliosis surgery.
- Co-Ordinator for EMBARC registry

## Frequently Asked Questions

### 1. Where does Dr. Avinash R practice?

Dr. Avinash R is a practicing physician at Apollo Bgs Hospitals,Mysore. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Avinash R?

Dr Avinash R is a renowned Pulmonologist with over 11 years of experience. He practices in Mysore at Apollo Bgs Hospitals Mysore. Dr Avinash R holds a degree in MBBS, DTCD, DNB. He provides treatments including Arthritis Physiotherapy, Back Pain Physiotherapy, Pneumonia Treatment. He specializes in treating conditions like Complex Regional Pain Syndrome Crps, Pleural Disease, Respiratory Disorders.

### **3. Why do patients visit Dr. Avinash R?**

Patients choose Dr. Avinash R for expertise in Lung Transplant, Bullectomy, and Mediastinoscopy procedures. For further details on his medical specializations, please refer to his complete profile.

### **4. What is Dr. Avinash R's specialization?**

Dr Avinash R specializes in Pulmonology. He has expertise in treating conditions such as Complex Regional Pain Syndrome Crps, Pleural Disease, Respiratory Disorders. His key treatments include Arthritis Physiotherapy, Back Pain Physiotherapy, Pneumonia Treatment.

### **5. What are Dr. Avinash R's medical qualifications?**

Dr Avinash R holds MBBS, DTCD, DNB, reflecting his comprehensive education in the field of Pulmonology.

### **6. How many years of experience does Dr. Avinash R have?**

Dr. Avinash R possesses nine years of experience in pulmonology.

### **7. What is a Pulmonologist?**

A pulmonologist is a specialist physician trained in diagnosing and treating respiratory diseases. Their expertise covers the lungs, larynx, pharynx, trachea, bronchi, bronchioles, and associated tissues. They are key healthcare professionals in respiratory medicine.

### **8. What respiratory conditions does a Pulmonologist treat?**

Pulmonologists treat a wide range of respiratory illnesses, including allergies, cough, bronchitis, tuberculosis, asthma, chronic obstructive pulmonary diseases (COPD), and lung cancer. They offer expert diagnosis and treatment for various lung conditions.

### **9. When should I see a pulmonologist?**

Consult a pulmonologist for persistent cough, shortness of breath, chest pain, hemoptysis (coughing up blood), or hoarseness. Any respiratory symptom lasting over two weeks or showing worsening

requires immediate pulmonologist consultation. Early diagnosis and treatment of lung conditions are crucial for better health outcomes.