



# Dr Arun Kumar Ramanathan

MBBS, MS (ortho), MCh (ortho)[UK], MRCS [UK], MD (Research) [UK] 23+ Years Experience

Dr Arun Kumar Ramanathan is a top Orthopedician in Chennai at Apollo Speciality Hospitals O M R . Book appointment online with Dr Arun Kumar Ramanathan at Ask Apollo.

## Hospitals

[Apollo Speciality Hospitals, OMR, Chennai ,](#)

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Weekdays  
Mon - Sat

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## Overview

Dr. Arun Kumar Ramanathan is a distinguished orthopaedician based in Chennai, Tamil Nadu, with an impressive experience of over 23 years in the field of orthopaedics. He specializes in a variety of areas including Foot and Ankle surgery, minimally invasive techniques such as keyhole (arthroscopy) surgery, as well as joint replacement and reconstructive surgery for the hip and knee. His qualifications are noteworthy, holding an MBBS, MS (Ortho), and MCh (Ortho) from the UK, along with MRCS (UK) and an MD (Research) from the UK. Dr. Ramanathan is proficient in both English and Tamil, allowing him to communicate effectively with a diverse patient demographic. Known for his commitment to patient care, he stays abreast of the latest advancements in orthopaedic procedures which enhances his surgical outcomes. Dr. Ramanathan's practice at Apollo Hospital reflects his dedication to providing high-quality medical services, utilizing modern techniques to achieve optimal recovery for his patients. He believes in a holistic approach towards orthopedic health, ensuring that every patient's unique condition is addressed with personalized care. His extensive training and hands-on experience make him one of the leading orthopaedic surgeons in the region, trusted by many for their bone and joint health needs.

# **Experience**

- Over 15 years (India, Germany, UK)

# **Membership**

- General Medical Council [UK]
- Royal College of Surgeons (Edinburgh)[UK]
- British Orthopaedic Foot and Ankle Society [UK]
- Medical Council Of India
- Tamilnadu Medical Council [India]

# **Awards**

- Awarded Thomson Award for Outstanding Poster Presentation in the Gastroenterology Residents In - Training(GRIT) Course Digestive Diseases Weej (CDDW)2008, held in Montreal, Canada,2008
- Post - doctoral certificate course in interventional Endoscopy: Under the Professorship of Dr.Malay Sharma, Interventional and Therapeutic Endoscopist, Jaswantrai Hospital, Meerut, India, in 2009
- Attended Observer Fellowship offered by European Society of Gastrointestinal Endoscopy(ESGE) in Advanced Therapeutic and Interventional Endoscopy at University College of London (UCL). United Kingdom in 2010

# **Research and Publication**

## **In the Peer Reviewed Journals-**

- "The influence of shoe sole's varying thickness on lower limb muscle activity". AK Ramanathan, EJ Parish, GP Arnold, TS Drew, W Wang, RJ Abboud. "Foot and Ankle Surgery" 17(2011) 218-223.
- "Harmful cleats of football boots: a biomechanical evaluation". JA Bentley, AK Ramanathan, GP Arnold, W Wang, RJ Abboud. "Foot and Ankle Surgery" 17(2011) 140-144.
- "The effect of varying footwear configuration on the peroneus longus muscle function following inversion". AK Ramanathan, DT Wallace, GP Arnold, TS Drew, W Wang, RJ Abboud. "The Foot" 21(2011) 31-36.
- "Clubfoot assessment: the complete IMAR footprint". AK Ramanathan, RJ Abboud. "Orthopaedics and Trauma" 24(2010) 303-308.

- “Repeatability of the Pedar-X in shoe pressure measuring system”. AK Ramanathan, P Kiran, GP Arnold, W Wang RJ Abboud.”Foot and Ankle Surgery”16(2010)70-73.
- “A new scoring system for the evaluation of clubfoot; the IMAR-Clubfoot scale”. AK Ramanathan, F Herd, M Macnicol, RJ Abboud.”The Foot”19(2009)156-160.
- “The effects of Off-the-shelf in-shoe heel inserts on forefoot plantar pressure”. AK Ramanathan, MC John, GP Arnold, L Cochrane, RJ Abboud.”Gait and posture”28(2008)533-537.
- “Foot pressure in clubfoot- the development of an objective assessment tool”. F Herd, AK Ramanathan, LA Cochrane, M Macnicol, RJ Abboud.”The Foot”18(2008)99-105.
- “Off-the-shelf in-shoe heel inserts-Does cost matter?” AK Ramanathan, MC John, GP Arnold, L Cochrane, RJ Abboud.”British Journal of sports Medicine”42(2008)750-752.
- “Press-fit ceramic implant arthroplasty of the hallux metatarsophalangeal joint-Evaluation of Outcomes”. AK Ramanathan, GE Fadel, AS Jain, RJ Abboud.”The Foot”18(2008)34-39.

### **University Course Material-**

- Co-author of the Foot and Ankle module in the Orthopaedic and Rehabilitation Technology distance learning course material. University of Dundee. Third edition published 2011: ISBN 978-1-906016-32-6.

## **Frequently Asked Questions**

### **1. Where does Dr. Arun Kumar Ramanathan practice?**

Dr. Arun Kumar Ramanathan currently practices at Apollo Speciality Hospitals O M R, located in Chennai.

### **2. Who is Dr. Arun Kumar Ramanathan?**

Dr. Arun Kumar Ramanathan is a highly experienced Orthopaedician with 23 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Pelvis Fracture Treatment Management, Regenerative Therapy For Joints. He also treats conditions such as Carpal Tunnel Syndrome, Sports Injury.

### **3. Why do patients choose Dr. Arun Kumar Ramanathan?**

Patients trust Dr. Arun Kumar Ramanathan for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **4. What is Dr. Arun Kumar Ramanathan's specialization?**

Dr. Arun Kumar Ramanathan specializes in Orthopaedics, with expertise in treatments for Pelvis Fracture Treatment Management, Regenerative Therapy For Joints.

## **5. What are Dr. Arun Kumar Ramanathan's medical qualifications?**

Dr. Arun Kumar Ramanathan holds prestigious qualifications, including MBBS, MS (ortho), MCh (ortho)[UK], MRCS [UK], MD (Research) [UK].

## **6. How many years of experience does Dr. Arun Kumar Ramanathan have?**

Dr. Arun Kumar Ramanathan has 23 years of experience in the medical field, treating various conditions related to Orthopaedics.

## **7. How can I book an appointment with Dr. Arun Kumar Ramanathan?**

You can book an appointment with Dr. Arun Kumar Ramanathan through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.