



Dr Agnivesh Tikoo

MBBS, MS (Orthopaedics), FNB (Spine Surgery) 9+ Years Experience

Dr Agnivesh Tikoo is a top Orthopedician in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Agnivesh Tikoo at Ask Apollo.

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Overview

Dr. Agnivesh Tikoo is a highly skilled Spine Surgeon based in Mumbai, Maharashtra, with an impressive 9 years of experience in his field. His dedication to providing exceptional care to his patients is reflected in his numerous accolades, including top positions in his medical programs and prestigious awards for his research and presentations at professional conferences. Notably, he was honored with the Best Paper Presentation Award at the Annual Conference of the West Bengal branch of the Indian Society for Study of Pain in 2011 and the K S Grewal Best Paper Presentation Award at the North Zone Orthopedic Association Conference in 2016.

Dr. Tikoo holds an MBBS degree, along with an MS in Orthopedics and FNB in Spine Surgery, ensuring a strong foundation in both general and specialized medicine. He is fluent in multiple languages, including English, Hindi, Marathi, and Punjabi, allowing him to effectively communicate with a diverse patient population.

He is an active member of various professional organizations, including the J&K State Medical Council, North Zone Indian Orthopedic Association, AO Spine, and the Association of Spine Surgeons of India, showcasing his commitment to staying abreast of the latest advancements in spine surgery. His areas of expertise particularly focus on Minimal Invasive Spine Surgery, Spinal Deformity Surgery, and the

management of Low Back and Neck Pain.

As a trusted professional in the field of spine surgery, Dr. Agnivesh Tikoo is dedicated to improving the quality of life for his patients through expert diagnosis, treatment, and innovative surgical techniques.

Experience

- AOSpine Fellowship, Kolkata, India. (2011 – 2012)
- National Board Fellow in Spine Surgery, Hinduja Hospital, Mumbai, India (2012 – March 2014)
- IASA Fellowship (University Hospital Wales, Cardiff, UK) (Sep 2013)
- ASSI Travelling Fellowship (2014)
- Associate Spine Surgeon at Hinduja Healthcare Surgicals and Wockhardt Hospitals Mumbai Central. (March 2014 – July 2016)
- AOSpine International Fellowship (July 2015 – Sep 2015)
- Consultant Spine Surgeon at Joy Hospital Mumbai (Feb 2015 – July 2016)

Membership

- J&K State Medical Council
- North Zone Indian Orthopaedic Association
- AO Spine
- Medical Council of India
- Association of Spine Surgeons of India
- IOA

Awards

- Honorary fellowship of the royal college of Physician on London(FRCP)in2011.
- Invited faculty of various national and international conferences.
- Member of various advisory boards and National And International Academic Guideline forming bodies.
- Instrumental in establishing the Department of Endocrinology, Diabetes and Metabolic at sher-I-Kashmir Institute of Medical Sciences, Srinagar, J&K.
- Established and currently heading the Apollo Centre For Obesity, Diabetes and endocrinology(ACODE).

- Actively involved in teaching and training of DNB Endocrinology students for more than 8 years, the only amongst of Apollo group of hospital having DNB Endocrinology program.
- Formerly honorary endocrinologist to the president of India.

Research and Publication

- M Singh, S Sharma, A Tikoo, D Singh. Vanishing Bone Disease of foot. The Internet Journal of Orthopedic Surgery. 2007 Volume 10 Number 2.
- S Manjeet, S Siddhartha, W Iftikhar, T Agnivesh, M Farid, M Nirdosh, S Dara. Spine injuries in a tertiary health care hospital in Jammu: A Clinico - Epidemiological Study. The Internet Journal of Neurosurgery. 2008 Volume 5 Number 2.
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- Malik F, Singh F, Tikoo A, Singh D Intradural Disc Herniation-Transdural Excision JK Science Vol. 12 No. 3, July-September 2010.
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- N Mahajan, N Kalsotra, V Padha, A Tikoo, S Sharma. Review Of The Results Of V – Nailing Vs Interlocking Nailing For Displaced Fractures Of Tibial Diaphysis In Adults.. The Internet Journal of Orthopedic Surgery. 2009 Volume 18 Number 1.
- Singh M, Kalsotra N, Sharma S, Tikoo A, Singh D Anterior decompression and fusion with Cervical Spine Locking Plate for various cervical spine disorders: a prospective series of 20 patients. Scholarly Journal of Medicine, Vol. 1(3) pp. 27-31 December, 2011
- Basu S, Malik FH, Ghosh JD, Tikoo A. Delayed presentation of cervical facet dislocations. J Orthop Surg (Hong Kong). 2011 Dec;19(3):331-5
- Basu S, Ghosh JD, Malik FH, Tikoo A. Postoperative discitis following single-level lumbar discectomy: Our experience of 17 cases. Indian J Orthop. 2012 Jul;46(4):427-33.
- Basu S, Tikoo A, Malik FH, Ghosh JD, Jain M, Sarangi T. Percutaneous C-arm guided wide bore needle biopsy for intra osseous spinal lesions. Journal of Post Graduate Medicine Education and Research. January-March 2015; 49(1):5-9

- Kothari MK, Saini P, Tikoo A. Commentary on lumbar lordosis in chronic mechanical back pain. *Asian Spine J.* 2015 Feb;9(1):147-8.
- Kothari Manish, K., Agnivesh¹, T., Saini Pramod, P., & S, D. S. Isolated Proximal Fibular Stress Fracture In Osteoarthritis Knee Presenting As L5 Radiculopathy. *Journal of Orthopaedic Case Reports* 2015 Volume, 5(3), 75-77.
- Rushton PR, Elmalky M, Tikoo A, Basu S, Cole AA, Grevitt MP. The effect of metal density in thoracic adolescent idiopathic scoliosis. *Eur Spine J.* 2015 Dec 10.
- Kothari M, Shah K, Tikoo A, Nene A. Short to Mid-Term Term Surgical Outcome Study with Posterior Only Approach on Tuberculous Spondylodiscitis in an Elderly Population. *Asian Spine J.* 2016 Apr;10(2):258-66.
- Basu S, Tikoo A, Malik FH, Ghosh JD, Jain M, Sarangi T. Single and Multiple Level One Stage Posterior Hemivertebrectomy and Short Segment Fixation: Experience with 22 Cases and Comparison of Single vs. Multilevel Procedures with Minimum 2-Year Follow-Up. *Asian Spine J.* 2016 Jun;10(3):422-9.
- Kothari M, Shah K, Tikoo A, Nene. A Surgical Management in Elderly Patients with Tuberculous Spondylodiscitis: Ten Year Mortality Audit Study. *Asian Spine J.* 2016 Oct; 10(5): 915–919.
- Tikoo A, Kothari M, Shah K, Nene A. Current Concepts - Congenital Scoliosis. *The Open Orthopaedics Journal*, 2017, 11.
- Shah K, Tikoo A, Kothari M, Nene A. Current Concepts in Pediatric Cervical Spine Trauma. *The Open Orthopaedics Journal*, 2017, 11
- Basu S, Tikoo A. Posterior hemivertebrectomy and short segment fixation-long term results. *Childs Nerv Syst.* 2017 Feb;33(2):321-328. doi:10.1007/s00381-016-3317-6.

CHAPTERS IN TEXT BOOKS

- Clinical Evaluation of Low Back Pain. In: Jain A, ed. *Turek's Orthopaedics – Principles and Their Applications*. 7th ed. New Delhi, India. Wolters Kluwer India; 2016: 1422-32.
- Spinal Brucellosis. In: Jain A, ed. *Turek's Orthopaedics – Principles and Their Applications*. 7th ed. New Delhi, India. Wolters Kluwer India; 2016: 1495-98.
- Scheuermann Kyphosis. In: Jain A, ed. *Turek's Orthopaedics – Principles and Their Applications*. 7th ed. New Delhi, India. Wolters Kluwer India; 2016: 1508-12.

Frequently Asked Questions

1. Where does Dr. Agnivesh Tikoo practice?

Dr. Agnivesh Tikoo is a practicing physician at Apollo Hospitals, Navi Mumbai. He offers comprehensive healthcare services within the hospital's network.

2. Who is Dr. Agnivesh Tikoo?

Dr Agnivesh Tikoo is a renowned Orthopaedic Surgeon with over 9 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Agnivesh Tikoo holds a degree in MBBS,MS (Ortho), FNB Spine Surgery. He provides treatments including Spinal Therapy, Cervical Spondylitis Treatment, Spinal Cord Injury Treatment. He specializes in treating conditions like Spine Injury, Spinal Diseases, Spinal Fusion.

3. Why do patients choose Dr. Agnivesh Tikoo?

Patients select Dr. Agnivesh Tikoo for expert care in Diabetic Foot Check-Ups, Foot Injury Treatment, and Spinal Surgery. For a comprehensive list of services, please contact the hospital directly.

4. What is Dr. Agnivesh Tikoo's specialization?

Dr Agnivesh Tikoo specializes in Orthopaedics. He has expertise in treating conditions such as Spine Injury, Spinal Diseases, Spinal Fusion. His key treatments include Spinal Therapy, Cervical Spondylitis Treatment, Spinal Cord Injury Treatment.

5. What are Dr. Agnivesh Tikoo's medical qualifications?

Dr Agnivesh Tikoo holds MBBS,MS (Ortho), FNB Spine Surgery, reflecting his comprehensive education in the field of Orthopaedics.

6. How many years of experience does Dr. Agnivesh Tikoo have?

Dr. Agnivesh Tikoo has 18 years of experience in orthopedics.

7. How can I schedule an appointment with Dr. Agnivesh Tikoo?

To schedule an in-person appointment with Dr. Agnivesh Tikoo, please visit the hospital's website or contact the hospital directly. Appointment scheduling options are available for your convenience.

8. Who is an Orthopedist?

An orthopedist is a medical doctor specializing in diagnosing and treating skeletal system disorders. They manage conditions affecting bones, muscles, joints, and ligaments, including arthritis, back pain,

sports injuries, and leg/foot pain. Orthopedic specialists provide comprehensive musculoskeletal care.

9. What is the difference between an Orthopedist and an Orthopedic Surgeon?

While often used interchangeably, orthopedists and orthopedic surgeons have distinct roles.

Orthopedists manage musculoskeletal conditions, offering pre- and post-surgical care. Orthopedic surgeons provide the same care but also perform surgical procedures for conditions like back pain, disc herniation, bone tumors, carpal tunnel syndrome, and arthritis.