



Dr Abdul D Khan

MBBS(AMC, Vizag), MRCS(Edin UK), MRCS (Glasg, UK), FRCS(Tr & Orth)UK, CCT(Tr & Orth)UK 24+ Years Experience

Dr Abdul D Khan is a top Orthopedician in Visakhapatnam at Apollo Hospitals Health City Arilova Vizag . Book appointment online with Dr Abdul D Khan at Ask Apollo.

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Overview

Dr. Prof. Abdul D Khan is a highly qualified Orthopaedician with extensive experience spanning over 24 years in the field of orthopaedics. He is based in Visakhapatnam, Andhra Pradesh, and has earned a stellar reputation for his expertise in various orthopedic conditions and surgical techniques. Dr. Khan holds multiple prestigious qualifications, including MBBS from AMC, Vizag, as well as MRCS from Edinburgh and Glasgow, UK. He is also a FRCS (Tr & Orth) from the UK and possesses CCT (Tr & Orth) from the UK, underscoring his commitment to excellence in orthopedic care.

Dr. Khan has undergone rigorous training in higher surgical practices in the Mersey Deanery, Liverpool, UK, where he specialized in hip, knee, ankle, shoulder, elbow, and wrist surgeries. His comprehensive fellowship training in the UK equips him with a broad skill set to address various orthopedic issues with precision and care. As a multilingual practitioner, he can communicate effectively with patients in Telugu, Hindi, English, Urdu, and Arabic, ensuring that language barriers do not impede the delivery of high-quality healthcare.

As a key member of the Apollo healthcare team, Dr. Khan is committed to providing personalized treatment plans and engaging in thorough discussions with his patients to ensure they are well-informed and comfortable with their care. His dedication to patient outcomes and continuous learning makes him a

trusted choice for anyone seeking orthopedic assistance in the region.

Research and Publication

FULL PUBLICATIONS IN THE PEER REVIEW JOURNALS(Eleven)

- Khan AD, Raut V. 20 year radiological survival results of titanium tibial keel - PFC total knee replacement. *Journal of Orthopaedics* 2012;9(3):e1.
- Khan AD, Clark V, Pradhan N. Is patellar resurfacing justified in patients with preop patellofemoral pain needing total knee replacement. *The Acta Orthopedica Brasileira* 2012;20(5):300-302.
- Ebreo D, Khan AD, El Meligy M, Peter V. The metal ion levels and the functional results after revision surgery for metallosis arising from metal on metal hip replacements. *Acta Orthopaedica Belgica* 2011; 77(6):777-781.
- Shariff R, Shrivastre D, Khan AD, Sampath J, Bass A. Early results with the 8 Plate for fixed flexion deformity of the knee in patients with Cerebral Palsy. *Journal of Orthopaedics* 2011; 8(3):e11.
- Khan AD, Ebreo D, El Meligy M, Peter V. Correlation between acetabular inclination and the metal ion levels after metal on metal hip replacements. *Journal of Orthopaedics* 2011; 8(1):e16.
- Khan AD, Casserly HB. Early results of the PERI-LOC plate for distal femoral and proximal tibial fractures. *Journal of Orthopaedics* 2010; 7(2):e12.
- Khan AD, Penna S, Yin Q, Sinopidis C, Brownson P, Frostick SP. Repair of Distal biceps tendon ruptures by superanchors through a single anterior incision. *Arthroscopy*. 2008 Jan;24(1):39-45.
- Farnan TB, McCallum J, Awa A, Khan AD, Hall SJ. Tea tree oil: Invitro efficacy in Otitis Externa. *The Journal of Laryngology and Otology (UK)* 2005; 119:198-201.
- Khan AD, Chowdhury A, Buxton N. Health Record documentation and suggestions for improvements. *Health Service Journal (UK)*; 3 February 2005:28.
- Khan AD, Farnan TB, Hall SJ. Cervical osteophyte causing perforation of the nasopharynx. *The Ulster Medical Journal (UK)* 2004;73(1):57-58.
- Javadpour M, Khan AD, Jenkinson M, Foy P, Nahser H. Cerebral aneurysm associated with an intracranial tumour: Staged endovascular and surgical treatment in two cases. *British Journal of Neurosurgery* June 2004;18(3):280-284.

ABSTRACT PUBLICATIONS IN THE PEER REVIEW JOURNALS (Seventeen)

- Khan AD. Therapeutic ankle arthroscopy for Tuberculosis. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.

- Khan AD. Arthroscopic sub talar joint arthrodesis by sinus tarsi anterolateral portals. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic reduction of locked posterior dislocation of shoulder and filling the reverse hill-sachs lesion with MGHL Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Ankle arthroscopic ACIC, OSSAP Monograph, February 2021
- Khan AD. Bilateral hip arthroscopy for femoral head AVN, OSSAP Monograph, February 2021
- Khan AD. Subtalar arthroscopic arthrodesis using sinus tarsi ALAPSTA technique, OSSAP Monograph, February 2021
- Khan AD. Elbow ulnar collateral ligament reconstruction with internal brace ligament augmentation, OSSAP Monograph, February 2021.
- Khan AD. Therapeutic ankle arthroscopy for Tuberculosis. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic sub talar joint arthrodesis by sinus tarsi anterolateral portals. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic reduction of locked posterior dislocation of shoulder and filling the reverse hill-sachs lesion with MGHL Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Ankle arthroscopic ACIC, OSSAP Monograph, February 2021
- Khan AD. Bilateral hip arthroscopy for femoral head AVN, OSSAP Monograph, February 2021
- Khan AD. Subtalar arthroscopic arthrodesis using sinus tarsi ALAPSTA technique, OSSAP Monograph, February 2021
- Khan AD. Elbow ulnar collateral ligament reconstruction with internal brace ligament augmentation, OSSAP Monograph, February 2021
- Khan AD. Therapeutic ankle arthroscopy for Tuberculosis. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic sub talar joint arthrodesis by sinus tarsi anterolateral portals. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic reduction of locked posterior dislocation of shoulder and filling the reverse hill-sachs lesion with MGHL Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.

PODIUM PRESENTATIONS OF AUDIT/ RESEARCH PAPERS (Twenty Three)

- Khan AD. Therapeutic hip and ankle arthroscopy with BMAC - Early results, OSSAPCON Conference, Ongole, March 2022
- Khan AD. Arthroscopic subtalar joint arthrodesis with lateral sinus tarsi portals, OSSAPCON Conference, Ongole, March 2022
- Khan AD. Ankle Arthroscopic ACIC, MINIOACON Conference, Jaipur, March 2021
- Khan AD, Casserly HB. Early results with the PERI-LOC plate for distal femoral and proximal tibial fractures, OSSAPCON Conference, Visakhapatnam , February 2019
- Khan AD, Ebreo D, El Meligy M, Peter V. Correlation between acetabular inclination and the metal ion levels after metal on metal hip replacements. 12th European Federation of National Associations of Orthopaedics and Traumatology, Copenhagen, Denmark, June 2011.
- Ebreo D, Khan AD, El Meligy M, Peter V. The metal ion levels and the functional results after revision surgery for metallosis arising from metal on metal hip replacements. 12th European Federation of National Associations of Orthopaedics and Traumatology, Copenhagen, Denmark, June 2011.
- Khan AD, Mohammad A. Functional results after Revision ACL Reconstruction, Warrington Hospital, May 2011.
- Khan AD, Mohammad A. Functional results after PCL Reconstruction, Warrington Hospital, May 2011.
- Khan AD, Ebreo D, Peter V. Early results of Proximal femoral replacements, Royal Liverpool University Hospital, July 2010.
- Khan AD, Clark V, Pradhan N. Is patellar resurfacing justified in patients with preop patellofemoral pain needing total knee replacement, September 2009.
- Shariff R, Khan AD, Sampath J, Bass A. Early results with the 8 Plate for fixed flexion deformity of the knee in patients with Cerebral Palsy, BOA Congress, September 2009.
- Clark V, Khan AD, Pradhan N. Length of stay for TKR / THR patients, Warrington Hospital, September 2009.
- Shariff R, Khan AD, Sampath J, Bass A. Early results with the 8 Plate for fixed flexion deformity of the knee in patients with Cerebral Palsy, Alder Hey Alumni Day, December 2008.
- Khan AD, Cadman S, O'Malley M, Shackleford I. Results with the Wallis Interspinous implants, Warrington Hospital, September 2008.
- Khan AD, Hyder N. Complications/ Return to work after Open carpal tunnel decompression, Leighton Hospital, November 2007.
- Khan AD, Casserly HB. Early results with the PERI-LOC plate, Warrington Hospital, July 2007.

- Khan AD, Davenport J, Wood E, Platt SR. Incidence of wound problems after calcaneal fracture fixation, Arrowe Park Hospital, November 2006.
- Khan AD, Wood E, Rajan SK, Platt SR. Tip Apex Distance after DHS Fixation. Audit Meeting, Arrowe Park Hospital, September 2006.
- Khan AD, Barton-Hanson NG. Arthroscopic All-Inside Meniscal repair using Bionxarrows: A retrospective study. 2nd British Orthopaedic Specialists Association Annual Meeting, Birmingham, June 2005. Khan AD, Yin Q, Frostick SP. Repair of Distal biceps tendon ruptures by superanchors through a single anterior incision. 7th European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June 2005.
- Khan AD, Barton-Hanson NG. Arthroscopic All-Inside Meniscal repair using Bionxarrows: A retrospective study. Quarterly Audit Meeting, University Hospital Aintree, December 2004.
- Farnan TB, McCallum J, Awa A, Khan AD, Hall SJ. Tea tree oil: Invitro efficacy in Otitis Externa. Otorhinolaryngological Research Society (UK) Annual meeting, New Castle, April 2004.
- Khan AD, Chowdhury A, Buxton N. Health Record documentation and suggestions for improvements. Annual Regional Audit Meeting, University Hospital Aintree, July 2003.

POSTER PRESENTATIONS OF AUDIT/ RESEARCH PAPERS (Nineteen)

- Khan AD. Therapeutic ankle arthroscopy for Tuberculosis. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic sub talar joint arthrodesis by sinus tarsi anterolateral portals. Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Arthroscopic reduction of locked posterior dislocation of shoulder and filling the reverse hill-sachs lesion with MGHL Abstract book of the 23rd European Federation of National Associations of Orthopaedics and Traumatology, Lisbon, Portugal, June, 2022.
- Khan AD. Elbow Ulnar collateral ligament repair by internal brace/ ligament augmentation. IOACON Meeting, December 2021
- Khan AD. Arthroscopic Subtalar joint arthrodesis by sinus tarsi ALAPSTA technique. IOACON Meeting, December 2021
- Khan AD. Therapeutic hip and ankle arthroscopies leading to joint preservation. IOACON Meeting, December 2021
- Khan AD. Ankle ATFL internal brace/ ligament augmentation repair. IOACON Meeting, December 2021
- Khan AD. Wrist arthroscopic TFCC repair. IOACON Meeting, December 2021
- Khan AD. 360 degree capsular release for frozen shoulder. IOACON Meeting, December 2021

- Khan AD. BMAC and Tisseel fibrin glue for osteochondral defect in the knee secondary to AVN. IOACON Meeting, December 2021
- Khan AD. Bilateral therapeutic hip arthroscopy for postcollapse AVN of the femoral head. IOACON Meeting, December 2021
- Khan AD. Therapeutic talonavicular and calcaneocuboidarthroscopy . IOACON Meeting, December 2021
- Ebreo D, Khan AD, El Meligy M, Peter V. The metal ion levels and the functional results after revision surgery for metallosis arising from metal on metal hip replacements. BHS Meeting, March 2011.
- Khan AD, Wood E, Rajan SK, Platt SR. Tip Apex Distance after DHS Fixation, EFORT Conference, May 2008.
- Khan AD, Casserly HB. Early results with the PERI-LOC Plate, EFORT Conference, May 2008.
- Khan AD, Penna S, Yin Q, Sinopidis C, Brownson P, Frostick SP. Repair of Distal biceps tendon ruptures by superanchors through a single anterior incision. BOA Annual Conference, September 2007.
- Khan AD, Arango FC, Worthington O, Mobbs PJ. Incidence of DVTs after total hip replacements. European Hip Society Meeting, Turkey, June2006.
- Khan AD, Moorehead J, Carter P, Barton-Hanson NG, Montgomery SC. Kinematic assessment of normal and ACL deficient knees. BORS Meeting, July 2005.
- Khan AD, Farnan TB, Hall SJ. Cervical osteophyte causing perforation of the nasopharynx. 5th European Congress of Oto-Rhino-Laryngology Head and Neck Surgery, Rodos-Hellas, Greece, September 2004.

MEMBERSHIP OF PROFESSIONAL ASSOCIATIONS (Twelve)

- British Orthopaedic Association,UK
- British Medical Association,UK
- General Medical Council,UK
- Royal College of Surgeons of Edinburgh, UK
- Royal College of Surgeons of Glasgow, UK
- British International Doctors Association,UK
- AO Foundation,Switzerland
- Indian Medical Association,India
- Indian Orthopaedic Association,India
- The Orthopaedic Surgeons Society of Andhra Pradesh,India
- Indian Foot & Ankle Society, India
- North Andhra Orthopaedic Association,India

REVIEWER FOR THE PEER REVIEW JOURNALS (Four)

- Indian Journal of Orthopaedics (IJO) – Official publication of the Indian Orthopaedic Association
- Journal of Arthroscopic Surgery & Sports Medicine (JASSM) – Official publication of the Indian Arthroscopy Society
- Journal of Clinical Orthopaedics & Trauma (JCOT) – Official publication of the Delhi Orthopaedic Association
- Apollo Medicine Journal – Official publication of the Apollo Hospitals Group

COMPLETED AUDIT PROJECTS (Eighteen)

- Khan AD, Mohammad A. Functional results after Revision ACL Reconstruction, May 2011.
- Khan AD, Mohammad A. Functional results after PCL Reconstruction, May 2011.
- Khan AD, Ebreo D, Peter V. Early results of Proximal femoral replacements, July 2010.
- Khan AD, Clark V, Pradhan N. Is patellar resurfacing justified in patients with preop patellofemoral pain needing total knee replacement, September 2009.
- Clark V, Khan AD, Pradhan N. Length of stay for TKR/ THR patients, September 2009.
- Shariff R, Khan AD, Sampath J, Bass A. Early results with the 8 Plate for fixed flexion deformity of the knee in patients with Cerebral Palsy, December 2008.
- Khan AD, Cadman S, O'Malley M, Shackleford I. Results with the Wallis Interspinous implants, September 2008
- Khan AD, Hyder N. Preoperative Hospital stay with Joint Replacements, April 2008.
- Khan AD, Hyder N. Complications/ Return to work after Open carpal tunnel decompression, November 2007.
- Khan AD, Casserly HB. Early results with the PERI-LOC plate, July 2007.
- Khan AD, Davenport J, Wood E, Platt SR. Incidence of wound problems after calcaneal fracture fixation, November 2006.
- Khan AD, Wood E, Rajan SK, Platt SR. Tip Apex Distance after DHS Fixation, September 2006. Khan AD, Arango FC, Worthington O, Mobbs PJ.
- Incidence of DVT after Total hip/ knee replacements, June 2006.
- Orthopaedic Medical/ Nursing staff, Khan AD, Thompson S. Orthopaedic case note documentation Audit, March 2006.
- Khan AD, Barton-Hanson NG. Outcome of Meniscal repair using Bionx arrows, December 2004.
- Khan AD, Buxton N. Clinical case note documentation, July 2003.
- Khan AD, Awa A, Singh KP. Outcomes and complications of Septoplasty, January 2003.
- Khan AD, Karadaglis D, Kitson J. Interhospital transfer of paediatric orthopaedic emergencies, July 2002.

NATIONAL/ INTERNATIONAL COURSES/ CONFERENCES (Fifty Five)

- Efort Congress Lisbon, Portugal , June 2022
- OSSAPCON 2022 Ongole.March 2022
- IOACON 2021 Goa, December 2021
- MINI-IOACON 2021 Jaipur, March 2021
- OSSAPCON 2021 Anantpur, February 2021
- ITSCON 2020 Visakhapatnam, February2020
- Head & Neck Cancer Update Visakhapatnam, February2020
- Scientific Paper Workshop New Delhi, November 2019
- OSSAPCON 2019 Visakhapatnam, February 2019
- Intermediate Shoulder Arthroscopy Cadaveric Course Bengaluru, January 2019
- Leadership Development Course Visakhapatnam, December, 2018
- Cadaveric Shoulder Arthroscopy and Arthroplasty Course Durban, October 2107
- Post operative Analgesia Advances Symposium Dubai, April 2016
- Cadaveric Shoulder Arthroscopy Course Istanbul, February 2016
- Smith & Nephew Cadaveric Shoulder Arthroscopy and Arthroplasty Course York, November 2013
- Zimmer Revision Knee Replacement Course Glasgow, November 2013
- Reading Shoulder arthroscopy and ArthroplastyCourse Reading, October 2013
- Zimmer Revision Hip ReplacementCourse Nottingham, June2013
- Primary & Revision Knee ReplacementCourse London, May2013
- Primary & Revision Hip ReplacementCourse London, May2013
- Cadaveric Hip Arthroscopy – Wet lab training London, March2011
- Cadaveric Arthroscopic Wet lab ACL Kneetraining York, February2011
- Advanced Trauma and Life Support (ATLS)Course Leeds, January2011
- Professional Development Course for Senior SpRs Mersey Deanery, October 2010
- Oxford Uni compartmental Knee Replacement Course Oxford, July 2010
- Birmingham Hip Resurfacing Cadaveric Course New Castle, June 2010
- FRCS (Orth) Orthoteers Clinical Examination Course Wythenshawe Hospital, January 2010
- FRCS (Orth) Viva and Clinicals Course RJAH, Oswestry, January 2010
- FRCS (Orth) Hand Course Wrightington Hospital, Wigan, April 2009
- FRCS (Orth) Viva and important papers in OrthopaedicsCourse Glasgow, April 2009
- FRCS (Orth) Paeds and HandsCourse Glasgow, April 2009
- The London Orthopaedic Basic science Course
- The Furlong Research Foundation, London, October 2008
- EFORT Congress (Includes Instructional courses) Nice, France, May 2008

- Alder Hey Paediatric Instructional Course Alder Hey Hospital, Liverpool, April 2008
- BOA Annual Conference (Includes Instructional Courses) Manchester Central, Manchester, September 2007
- Total Knee Replacement Course The Royal College of Surgeons of Edinburgh, Edinburgh, September 2007
- Basic Adult Resuscitation Course Leighton Hospital, Crewe, August 2007
- Locked Plating/ Taylor Spatial Frame Course Menzies Hotel, Glasgow, April 2007
- BOA Instructional Course Burlington Hotel, Birmingham, January 2007
- BGS Fragility Fracture Management Course Burlington Hotel, Birmingham, January 2007
- Foot & Ankle Course Institute of Orthopaedics, Oswestry, December 2006
- Liverpool Advanced Shoulder Arthroscopy Course The Royal Liverpool Hospital, November 2006
- Leicester Hand Fracture Management Course Institute of Orthopaedics, Leicester, November 2006
- Anatomy& Surgical Approaches Course Institute of Orthopaedics, Oswestry, April 2006
- Primary Hip Replacement Course The Royal College of Surgeons of England, London, March, 2006
- EFORT Congress (Includes Instructional Courses) Lisbon, Portugal, June 2005
- The AO Basic Principles of Fracture Management Course The Royal College of Surgeons of Ireland, Dublin, March 2005
- The Leeds Upper Limb/ Lower Limb Arthroscopy Course Nuffield Hospital, Leeds, March 2005
- Basic Life Support Course The Royal Liverpool Hospital, February 2005
- Core Skills in Operative Orthopaedic Surgery The Royal College of Surgeons of England, London, September 2004
- MRCS Whipps Cross Course Whipps Cross Hospital, London, October, 2003
- MRCS Viva/ Clinicals Course The Royal College of Surgeons of Edinburgh, September, 2003
- Care of the Critically Ill Surgical Patient Course Queens Medical Centre, Nottingham, June 2003
- Advanced Trauma and Life Support (ATLS) Course Lister Hospital, Stevenage, October, 2002
- Basic Surgical Skills Course Derriford Hospital, Plymouth, June 2002

ONGOING AUDIT PROJECTS (Five)

- Raj, Khan AD. Tip apex distance in PFN
- Ajay, Khan AD. Tip apex distance in DHS
- Widnall J, Khan AD. Comparison of post op wound wound problems after total knee / hip replacements using Rivaroxaban and Fragmin.
- Widnall J, Khan AD. Comparison of post op DVT / PE after total knee / hip replacements using Rivaroxaban and Fragmin.
- Khan AD, Peter V. Functional results after Revision total hip replacements.

Frequently Asked Questions

1. Where does Dr. Abdul D Khan practice?

Dr. Abdul D Khan is a practicing physician at Apollo Hospitals Health City, Arilova Vizag. This hospital offers comprehensive healthcare services.

2. Who is Dr. Abdul D Khan?

Dr Abdul D Khan is a renowned Orthopaedic Surgeon with over 24 years of experience. He practices in Visakhapatnam at Apollo Hospitals Health City Arilova Vizag. Dr Abdul D Khan holds a degree in MBBS(AMC, Vizag), MRCS(Edin UK), MRCS (Glasg, UK), FRCS(Tr & Orth)UK, CCT(Tr & Orth)UK. He provides treatments including Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints. He specializes in treating conditions like Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation.

3. Why do patients visit Dr. Abdul D Khan?

Patients seek Dr. Abdul D Khan's expertise for conditions including skin tag treatment, viral fever treatment, and irritable bowel syndrome (IBS) treatment. For a comprehensive view of his medical specialties, please refer to his professional profile.

4. What is Dr. Abdul D Khan's specialization?

Dr Abdul D Khan specializes in Orthopaedics. He has expertise in treating conditions such as Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation. His key treatments include Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints.

5. What are Dr. Abdul D Khan's medical qualifications?

Dr Abdul D Khan holds MBBS(AMC, Vizag), MRCS(Edin UK), MRCS (Glasg, UK), FRCS(Tr & Orth)UK, CCT(Tr & Orth)UK, reflecting his comprehensive education in the field of Orthopaedics.

6. How many years of experience does Dr. Abdul D Khan have?

Dr. Abdul D Khan possesses 24 years of experience in the medical field. His extensive career showcases a commitment to patient care and orthopedic expertise.

7. What is patient feedback for Dr. Abdul D Khan?

Dr. Abdul D Khan has received positive feedback from 3 patients, with 2 additional patient stories available. Further details regarding patient experiences can be found via independent review platforms.