

Dr Deepthi Nandan Reddy

MBBS, MS (Orthopaedics), MSc Orthopaedic Engineering, FRCS (Trauma & Orthopaedics) 30+ Years Experience

Hospitals

Apollo Hospitals, Financial District ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
09:00 - 17:00

Phone Icon
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Calendar Icon
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Overview

Dr. Deepthi Nandan Reddy, MBBS, MS (Orthopaedics), MSc Orthopaedic Engineering, FRCS (Trauma & Orthopaedics), with 30+ yrs experience, specializes in Orthopedic Surgery and speaks English, Hindi, Telugu, Kannada. His expertise includes Upper Limb Surgery (Shoulder, Elbow, Wrist & Hand), Sports Injuries, Arthroscopy, Shoulder Reconstruction & Shoulder Replacement, Elbow Arthroscopy, Ligament Reconstruction & Stiffness Management, Wrist Arthroscopy, Complex Wrist & Hand Fracture Management, and Hand & Wrist Deformity Corrections. His clinical focus includes Rotator cuff disorders and failed repairs, Shoulder instability (Bankart / Latarjet spectrum), Anatomic & Reverse Shoulder Arthroplasty, Elbow stiffness, HO management & arthrolysis, and Upper-limb sports trauma and return-to-sport protocols. He is Clinical Director – Upper Limb Injuries & Senior Consultant Orthopedic Surgeon at Yashoda Hospitals, HITEC City, Hyderabad (Present), with International & Continental Experience in the United Kingdom, United States, and India. Consultation hours are 9am to 5pm Monday to Saturday.

Experience

International & Continental Experience

United Kingdom

- Higher surgical orthopaedic training and Consultant – University Hospitals of Leicester
- Advanced Fellowship – Pulvertaft Hand Surgery Unit
- Advanced Shoulder & Elbow Fellowship – Northern General Hospital, Sheffield

- Advanced Upper-limb Surgery – University Hospitals Coventry

United States

- Mayo Clinic
- Florida Orthopaedic Institute
- (British Shoulder & Elbow Society Travelling Fellowship)

India

- Clinical leadership – Yashoda Hospitals, Hyderabad

Professional Experience

- Clinical Director – Upper Limb Injuries & Senior Consultant Orthopedic Surgeon
Yashoda Hospitals, HITEC City, Hyderabad (Present)
- Senior Consultant Orthopaedic Surgeon – Continental Hospital, Gachibowli, Hyderabad

Leadership & Administrative Roles

- Consultant Orthopaedic Surgeon – University Hospitals of Leicester, UK
 - Departmental strategy & service-line development
 - Clinical governance & quality assurance
 - Mentoring fellows, residents & junior consultants
 - Teaching medical students
 - Adoption of advanced surgical techniques & protocols
- Chair – OT Committee, Continental Hospital, Hyderabad
- Chair – Blood Transfusion Committee, Yashoda Hospital, HITEC City

Membership

- Shoulder & Elbow Society of India (Immediate Past President)
- Member:
 - Indian Arthroplasty Association
 - Indian Arthroscopic Society
 - Indian Orthopaedic Association
 - Indian Hand Society
- Firman Chair – Hand Surgery Division, Indian Orthopaedic Association
- Previous Member – British Elbow & Shoulder Society (BESS)
- Member – Indian Orthopaedic Society, UK

Awards

- President – Shoulder & Elbow Society of India
- Mayo Clinic Travelling Fellowship (BSES Award)
- Invited Speaker & Faculty – regional & national meetings in shoulder, elbow, wrist & hand surgery
- Organiser & Faculty – Leicester Shoulder Trauma Course (UK & India) for 14 years
- Invited International Faculty –
 - Dubai Shoulder Meeting
 - UK Elbow Surgery Meetings
 - Korean Shoulder Society
 - International Shoulder & Elbow Society

Certification

- Certificate of Completion of Training (Trauma & Orthopaedics) – UK
- FRCS (Trauma & Orthopaedics) – RCSEd, UK
- MSc Orthopaedic Engineering – Cardiff University, UK
- MS Orthopaedics – Osmania Medical College, Hyderabad
- MBBS – University of Mysore, India

Research and Publication

- Rotator cuff repair outcomes
- Shoulder instability surgery
- Upper-limb trauma & sports injuries
- Editor-in-Chief – MO Journal (Indian Division)
- Associate Editor – British Shoulder & Elbow Journal

Frequently Asked Questions