

# Dr Sandeep Gurram

MBBS, MD (INTERNAL MEDICINE), DM(NEUROLOGY), PDF (MOVEMENT DISORDERS)-NIMHANS 7+ Years Experience

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## Overview

Dr. Sandeep Gurram is an accomplished **Neurologist** with over **7 years of experience** specializing in **Parkinson's disease, movement disorders, Botox therapy, and Deep Brain Stimulation (DBS)**. He holds an **MBBS, MD (Internal Medicine), DM (Neurology)**, and a **Post-Doctoral Fellowship (Movement Disorders)** from the prestigious **NIMHANS**, Bengaluru. Dr. Gurram has a strong academic and clinical background with numerous **national and international research publications** in leading neurology journals, focusing on rare movement disorder syndromes, dystonia, and Parkinsonism. A recipient of the **Gold Medal at the International MDS Video Challenge 2025 (Hawaii, USA)** and **Runner-up at MDSICON Quiz 2022 (Mumbai)**, he is recognized for his clinical excellence and innovative approach in managing complex neurological conditions. He is an active member of the **Indian Academy of Neurology (IAN)**, **International Parkinson and Movement Disorders Society (MDS)**, and **Movement Disorders Society of India (MDSI)**. Fluent in **English, Hindi, Telugu, and Kannada**, Dr. Sandeep Gurram provides compassionate, evidence-based neurological care using advanced techniques such as **DBS and Botox therapy** for movement disorders.

## Membership

- IAN – Associate member of Indian academy of Neurology.
- MDS – Member of international Parkinson and movement disorders society
- MDSI – Member Movement Disorders Society of India

## Awards

- Gold Medal in International MDS Video Challenge 2025, Hawaii, USA.
- Runner Up in MDSICON Quiz 2022, Mumbai.

## Research and Publication

- Sharma P, Holla VV, Gurram S, Kamble N, Yadav R, Pal PK. Myoclonus-Dystonic Presentation of Childhood Onset DYT-GCH1: A Report From India. *J Mov Disord.* 2023 Jan;16(1):101-103.
- Gurram S, Holla VV, Sriram N, Phulpagar P, Jha S, Sharma P, Mallithavana S, Kamble N, Netravathi M, Yadav R, Muthusamy B, Pal PK. A Rare Case of Ophthalmoplegia with Ataxia in Genetically Proven Abetalipoproteinemia. *Mov Disord Clin Pract.* 2022 Dec 1;10(3):514-517.
- Gurram S, Holla VV, Kumari R, Dhar D, Kamble N, Yadav R, Muthusamy B, Pal PK. Dystonic Opisthotonus in Kufor-Rakeb Syndrome: Expanding the Phenotypic and Genotypic Spectrum. *J Mov Disord.* 2023 Jul 25.
- Gurram S, Holla VV, Sharma P, Kamble N, Saini J, Netravathi M, Yadav R, Pal PK. Spectrum and Pattern of Movement Disorders in Patients with Sporadic Creutzfeldt-Jakob Disease. *Tremor Other Hyperkinet Mov (N Y).* 2023 May 3;13:14.
- Sharma, Praveen P & Holla, Vikram & Gurram Sandeep & Kamble, Nitish & Yadav, Ravi & Dwarakanath, Srinivas & Pal, Pramod. (2023). A Study of Battery Replacement Characteristics of Patients With Parkinson's Disease and Factors Influencing Battery Drain. *Annals of Indian Academy of Neurology.* 26. 580-583.
- Gurram Sandeep & Holla, Vikram & Kamath, Sneha & Prakash, Shunmugakani & Dubbal, Rohin & Kamble, Nitish & Yadav, Ravi & Pal, Pramod. (2023). Facio?Lingual?Palatal Myorhythmic Presentation of Anti?IgLON5 Disease. *Movement Disorders Clinical Practice.* 10.1002/mdc3.13851.
- Gurram S, Thambi M, Naik A, Gorthi SP. Critical Prognostic Factors in Cerebral Venous Sinus Thrombosis: An Observational Study. *Ann Indian Acad Neurol.* 2024 Jan-Feb;27(1):67-71.
- Holla VV, Gurram S, Kamath SD, Kamble N, Yadav R, Pal PK. Levodopa-Responsive Isolated Generalized Dystonia in a Patient with Alpha-Mannosidosis Due to a Novel Homozygous MAN2B1 Missense Variant-A Novel Association. *Mov Disord Clin Pract.* 2024 Jan 20.
- Holla VV, Gurram S, Kamath SD, Arunachal G, Kamble N, Yadav R, Pal PK. Genetically proven Ataxia with Vitamin-E deficiency with predominant cervico-brachial dystonic presentation: A case report from India. *J Mov Disord.* 2023 Dec 18.

- Netha, Narsimha Rao, Sandeep Gurram, Ramchander Merugu and Kalyani Sambaru. "A clinical study on association of alopecia areata with atopy in Telangana state of India." (2017).
- Infantile-onset choreo-dystonia due to a novel homozygous truncating HPCA variant: A first report from India; Vikram V Holla, MD, DM; Sandeep Gurram, MD, DM; Sneha D Kamath, MD, DM; Nitish Kamble, MD, DM; Ravi Yadav, MD, DM, Dr. Pramod Kumar Pal; Parkinsonism and Related Disorders, May 2025.
- Dutta, Debayan; Yadav, Ravi; Gurram, Sandeep. Spinocerebellar ataxia type 2 presenting as complex hyperkinetic movement disorder with a dramatic response to anticholinergic therapy. Annals of Movement Disorders ():10.4103/aomd.aomd\_31\_25, August 08, 2025.

## Frequently Asked Questions