



## Dr Preema Sinha

MBBS, MD (Dermatology, Venereology & Leprosy) 20+ Years Experience

### Hospitals

[Apollo Hospitals, Delhi](#),

Doctor's Working  
Weekdays  
Tue - Fri

Doctor's Working  
Hours  
10:00 - 14:00

Phone Icon  
Call Now

Calendar Icon  
Book Appointment

## Overview

**Dr. Preema Sinha** is a highly experienced Dermatology Specialist at **Apollo Hospitals, Delhi**, with over 20 years of dedicated expertise in the field of Dermatology, Venereology, and Leprosy. She holds an **MBBS** and **MD in Dermatology, Venereology & Leprosy**, showcasing her advanced training and deep understanding of skin, hair, and nail disorders.

Dr. Sinha is proficient in diagnosing and treating a wide range of dermatological conditions, including chronic skin diseases, autoimmune skin disorders, pigmentation issues, and cosmetic dermatology procedures. She is also skilled in advanced techniques such as chemical peels, acne scar management, laser treatments, and dermatosurgery. Her approach emphasizes evidence-based care and the use of modern treatment modalities to deliver optimal outcomes.

Fluent in **English** and **Hindi**, Dr. Sinha is known for her patient-friendly consultations, where she prioritizes clear communication and personalized treatment plans. She believes in educating patients about their conditions, ensuring they feel empowered and confident in their treatment journey.

In addition to her clinical practice, **Dr. Preema Sinha** is actively engaged in academic discussions and professional forums, contributing to the ongoing advancements in dermatology. With her vast experience, compassionate care, and commitment to medical excellence, she stands out as a trusted name for

comprehensive dermatological care in Delhi.

## Experience

- **20+ years of experience** in the field of Dermatology.
- Extensive experience in running large **tertiary care dermatology centres** of the Indian Army at Lucknow & Pune as **Professor of Dermatology**.
- **16 years of teaching experience**, currently serving as **Professor in Dermatology**.
- Expertise in managing **difficult and challenging dermatological cases**.
- **Clinical Dermatology**: Dermatopathology, Dermatosurgery, Chemical Peels, Acne Scar Management, Trichology, and Leprosy Treatment.
- **Advanced Therapies**: Skilled in the administration of **biologic therapies** for complex skin conditions.

## Membership

- **IADVL** – Indian Association of Dermatologists, Venereologists & Leprologists
- **ACSI** – Association of Cutaneous Surgeons of India

## Awards

- **Lt Gen K S Masters Silver Medal (2009)** – 1st Rank in Dermatology at AFMC
- **University Rank**: 3rd Place (MD, 2009)
- **Dermacon 2018, 2019, 2022 & 2023** – Best E-Paper Awards
- **International Society of Dermatology Scholarship (2013)**

## Research and Publication

- **Book Chapters:**
  - *Discoid Eczema – Clinical Correlation with Diagnostic Implications in Dermatology*
  - *Cardiovascular Diseases – Atlas of Clinical Dermatology in Coloured Skin*
  - *Hypereosinophilic Syndromes – Dermatological Emergencies*
- **Research Projects:**
  - Completed **two ARMRC projects** and **four STS-ICMR projects** with undergraduate students during tenure as Faculty at AFMC.

- **Publications:**

- **110+ publications** in reputed national and international journals.

## Frequently Asked Questions