



# Dr Arun Narayana Pradeep

MBBS, MD 8+ Years Experience

## Hospitals

[Apollo Hospitals ,Tondiarpet, Chennai ,](#)

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 - 14:00

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## Overview

Dr. Arun Narayana Pradeep is a highly skilled psychiatrist with over eight years of dedicated experience in the field of mental health. Based at Apollo Hospitals Tondiarpet in Chennai, he has established himself as a compassionate and knowledgeable practitioner, committed to providing comprehensive care to his patients. Dr. Pradeep holds an MBBS and an MD, equipping him with a solid foundation in medicine and specialized training in psychiatry. His educational background, combined with his extensive clinical experience, allows him to address a wide range of mental health issues effectively. Dr. Pradeep's clinical focus encompasses various aspects of psychiatry, including anxiety disorders, depression, mood disorders, and stress-related conditions. He employs a holistic approach to patient care, recognizing that mental health is intricately linked to overall well-being. By fostering a supportive and empathetic environment, he encourages open communication, ensuring that his patients feel heard and understood. Dr. Pradeep believes in tailoring treatment plans to meet the unique needs of each individual, utilizing evidence-based practices and the latest advancements in psychiatric care. His commitment to ongoing education and professional development ensures that he remains at the forefront of the evolving field of mental health. As a valued member of the Apollo Hospitals Tondiarpet team, Dr. Arun Narayana Pradeep is dedicated to enhancing the quality of life for his patients through effective treatment and support. His

association with one of Chennai's leading healthcare institutions allows him to collaborate with a multidisciplinary team, ensuring comprehensive care that addresses both physical and mental health needs. Dr. Pradeep's warm demeanor and professional expertise make him a trusted partner in the journey toward mental wellness, and he is passionate about empowering his patients to achieve their best selves.

## **Frequently Asked Questions**