



Dr Sayali Damle

MBBS, MD Geriatric Medicine 11+ Years Experience

Hospitals

[Apollo Hospitals, Mumbai](#) ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
12:00 - 16:00

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Overview

Dr. Sayali Damle is a dedicated Geriatric Medicine Specialist at Apollo Hospitals Navi Mumbai, with over 11 years of experience in managing the unique healthcare needs of elderly patients. She holds an MBBS and an MD in Geriatric Medicine, equipping her with specialized knowledge in age-related conditions and comprehensive geriatric care.

Dr. Damle focuses on promoting healthy aging, preventing and managing chronic diseases, and improving the quality of life for senior citizens. She offers personalized care plans tailored to the complex medical and social needs of older adults, addressing issues such as memory disorders, mobility challenges, and multiple comorbidities with compassion and precision.

Fluent in English and Marathi, Dr. Damle ensures clear communication and empathetic support for patients and their families. She is committed to holistic, patient-centered care, working closely with multidisciplinary teams to enhance patient outcomes and independence.

Beyond her clinical practice, Dr. Damle stays actively engaged in ongoing medical education and participates in initiatives aimed at advancing geriatric healthcare. Her expertise and compassionate approach make her a trusted and respected name in geriatric medicine in Mumbai.

Experience

- Assistant Professor – Department of Geriatric Medicine
Dr. D.Y. Patil Medical College and Hospital, Navi Mumbai
March 2025 – Present
- Senior Resident – Department of Geriatric Medicine
Dr. D.Y. Patil Medical College and Hospital, Navi Mumbai
June 2024 – March 2025
- Senior Resident – Department of Geriatric Medicine
Dr. D.Y. Patil Medical College and Hospital, Navi Mumbai
February 2021 – November 2022
- Assistant Professor – Department of Geriatric Medicine
GMC & Sir JJ Group of Hospitals, Mumbai
July 2019 – August 2023
- Junior Resident – Department of Geriatric Medicine
MGM Medical College & Hospital, Navi Mumbai
May 2016 – April 2019
- Houseman – Department of Oncology and Clinical Hematology
Lilavati Hospital and Research Centre, Mumbai
June 2014 – February 2015
- Internship
MGM Medical College, Aurangabad
January 2013 – February 2014

Awards

- Poster Presentation:
“Unilateral cerebral atrophy: A rare finding in the geriatric age group”
Awarded at GSICON, Tirupati, Andhra Pradesh
- Oral Paper Presentation:
“Squamous cell ovarian carcinoma: An extremely rare finding”
Presented at MAHAMEDICON, Navi Mumbai, Maharashtra
- Oral Paper Presentation:
“A case of hemichorea-hemiballismus syndrome presented as stroke sequelae”

Research and Publication

- **Impact of Polypharmacy on Cognitive Decline in Elderly Patients: A Cross-Sectional Study**
International Journal of Current Pharmaceutical Review and Research, Vol. 16, Issue 8, Article 16, July 2024 (International)
- **A Comparative Analysis of the Morbidity Profile Among the Elderly Population Residing in Urban and Rural Areas**
Journal of Cardiovascular Disease Research, Vol. 15, Issue 8, August 2024 (National)
- **Study of Correlation Between Daily Calorie Intake (DCI) and Body Composition in Type 2 DM Patients Using Bio-impedance Analysis as a Screening Tool**
IP Journal of Nutrition, Metabolism and Health Sciences, September 9, 2022 (National)
- **Ambulatory Blood Pressure Monitoring: Our Experience in Routine Clinical Practice**
Cureus, August 23, 2021 (International)
- **A Clinical Study of Leptospirosis and Its Complications**
IOSR Journal of Dental and Medical Sciences, Vol. 17, Issue 12, Ver. 7, December 2018 (International)
- **Multiple Primary Malignant Neoplasms in a Nonagenarian: Case Report and Review of Literature**
IOSR Journal of Dental and Medical Sciences, Vol. 17, Issue 11, Ver. 6, November 2018 (International)

Frequently Asked Questions