



## Dr. Vikram Paode

MBBS, MS (Ortho), BSc, MRCS (Edinburgh) International  
appointment 28+ years experience from England and Scotland 34+  
Years Experience

Dr Vikram Paode is a top Orthopedician in Mumbai at Apollo  
Hospitals Navi Mumbai . Book appointment online with Dr Vikram  
Paode at Ask Apollo.

### Hospitals

[Apollo Hospitals, Mumbai](#) ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
9:00 - 21:00

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## Overview

Dr. Vikram Paode is a distinguished Orthopaedician with an impressive 29 years of experience dedicated to Orthopedic Revision Joint Replacement and Sports Medicine at Apollo Hospitals, Navi Mumbai. His journey in medicine began with his basic training in India, after which he honed his expertise in Europe. Dr. Paode served at the Queen Elizabeth Hospitals in Glasgow, one of the most prominent tertiary care hospitals. There, he gained recognition for his specialization in complex revision surgeries of Hip and Knee Arthroplasties, particularly handling cases referred due to repeated surgeries. His extensive experience includes significant roles in Level 1 Trauma Care centers, where he developed crucial skills in managing complex polytrauma cases, particularly those involving patients airlifted in emergency situations. As the former Trauma Coordinator at At-Sultan Qaboos Hospital, Dr. Paode's expertise culminated in the innovation of knee clinics that address multi-ligament injuries stemming from trauma and sports. His specific areas of interest encompass ACL and PCL ligament reconstruction, soft tissue procedures, and complex trauma surgery. He has become adept at performing Hip and Knee Arthroscopic surgeries, along with pelvic osteotomies for hip dysplasia.

Dr. Paode's commitment to academic excellence is reflected in his numerous research papers and publications in prestigious British and American journals. He has had the honor of presenting his research

in several esteemed institutions, including Oxford University, showcasing his contributions to the field, particularly in Oncology. In return to his homeland, Dr. Vikram Paode aims to establish a state-of-the-art Orthopedic Revision Arthroplasty and Sports Injury center at Apollo Hospitals, Navi Mumbai, embodying his vision of advanced orthopedic care. Fluent in English, Arabic, Hindi, and Marathi, Dr. Paode is dedicated to providing comprehensive care tailored to the diverse needs of his patients.

## Experience

- Currently Lead Consultant Orthopaedics Surgery Department - Apollo Hospitals, Navi Mumbai
- Senior Clinical Orthopaedics Surgeon Queen Elizabeth University Hospital, Glasgow 01.12.2011 to 30.04.2016
- Consultant Orthopaedics Surgeon at Monklans Hospitals Glasgow, Scotland May 03 to Nov 11
- Orthopaedic Specialist Surgeon -Bristol Royal Infirmary - Apr 03 to 05.05.03
- Specialist in Trauma & Orthopaedics Al Sultan Qaboos Hospital, Oman 11.07.98 to 31.03.0
- Registrar in Trauma & Orthopaedics R S Trust Hospital 157 Jawahar Margh, Indore 01.05.1997 to 10.07.1998
- Registrar in Trauma & Orthopaedics University Hospital, Indore 01.11.1995 to 30.04.1997
- Registrar in Trauma & Orthopaedics ACPM Medical College Dhule, India 15.04.1995 to 31.10.1995
- Resident (Post Graduate Student) Department of Orthopaedics, University Medical College, Indore 26.12.1992 to 31.03.1995
- Senior House Officer University Medical College Indore 26.12.1991 to 25.12.1992
- Rotating Internship (JRHO) University Medical College, Indore 26.12.1990 to 25.12.1991

## Membership

- General Medical Council
- Indian Orthopaedic Association life membership

## Research and Publication

- Popliteal cyst: A technique of methylene blue dye assisted arthroscopic decompression S Sinha V Paode A C Campbell. Euro J Orthop Surg Traumatol 2009, 19, :373-375

- Biceps bridgeplasty in massive rotator cuff tears, S Shewale V Paode A C Campbell Journal of Orthopaedics 2007;4(4)e16
- An Audit on factors influencing infection in operated Ankle Fracture ,H Sharma , V Paode Euro J Orthop Surg Traumatol Vol 16 No 4 Dec 2006 376- 339
- Pathological avulsion of fracture of os calcis in pagets sarcoma V Paode ,H Sharma M J Jane Proceedings JBJS Br Orthopaedic proceedings 88B 2006,302
- Chondromyxoid fibroma of foot HSharma V Paode M J Jane JBJS British Orthopaedic proceedings 88B 2006,201
- Sarcomatous Degeneration in Paget's disease of bone : Sixty years' experience from Scottish Bone Tumour Registry, H Sharma, VPaode, M J Jane, J BJS Br Orthopaedic Proceedings, 2006 88-B: 295
- Is cross matching for primary joint autoplasic necessary A Bryon S Sinhala ,V Paoda 2008
- Presented at Royal College of Surgeons Edinburgh Audit Symposium March 2009
- Outcome :Group and save policy is safe and practical option which improves efficacy of blood ordering, and with considerable financial savings, resulting in CT ratio of 1.3/1,compared to 4.6/1 in first phase of audit loop.
- Retrospective study of comparing Modified Buell's procedure for the correction of the intrinsic minus deformity in the hand with Lasso procedure. V Pagoda S Gupta, Indore India 1997
- Outcome Intrinsic plus hand is less common complication with lasso procedure, as compared to Modified Buell's(4%), and is operator dependent.
- Audit for comparing the correction of the club foot by differential distraction by the application of JESS Fixator in neglected club foot.1995
- Outcome: Recurrence of deformities of forefoot adduction in neglected club foot managed by external fixators.

## Frequently Asked Questions

### 1. Where does Dr. Vikram Paode practice?

Dr. Vikram Paode currently practices at Apollo Hospitals Navi Mumbai, located in Mumbai.

### 2. Who is Dr. Vikram Paode?

Dr. Vikram Paode is a highly experienced Orthopaedician with 29 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Joint Replacement Surgery, Arthroscopy. He also treats conditions such as Osteoarthritis, Fractures.

### **3. Why do patients choose Dr. Vikram Paode?**

Patients trust Dr. Vikram Paode for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **4. What is Dr. Vikram Paode's specialization?**

Dr. Vikram Paode specializes in Orthopaedics, with expertise in treatments for Joint Replacement Surgery, Arthroscopy.

### **5. What are Dr. Vikram Paode's medical qualifications?**

Dr. Vikram Paode holds prestigious qualifications, including MBBS, MS (Ortho), BSc, MRCS (Edinburgh) International appointment 28+ years experience from England and Scotland.

### **6. How many years of experience does Dr. Vikram Paode have?**

Dr. Vikram Paode has 29 years of experience in the medical field, treating various conditions related to Orthopaedics.

### **7. How can I book an appointment with Dr. Vikram Paode?**

You can book an appointment with Dr. Vikram Paode through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.