



## Dr Vanita Arora

M.D, D.N.B. (Cardiology) M.N.A.M.S, FRCP (Edinburgh), FESC, FHRS 25+ Years Experience

Dr Vanita Arora is a top Cardiologist in Delhi at Apollo Hospitals Delhi. Book appointment online with Dr Vanita Arora at Ask Apollo.

### Hospitals

[Apollo Hospitals, Delhi](#),

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
12:00-18:00

Phone Icon  
Call Now

Calendar Icon  
Book Appointment

## Overview

Dr. Vanita Arora is a highly qualified and experienced cardiologist based in South Delhi, with an impressive 25 years of practice in the field of cardiology. Her extensive education includes an MD and DNB in Cardiology, along with prestigious memberships such as MNAMS, FRCP (Edinburgh), FESC, and FHRS. These qualifications highlight her commitment to excellence and continuous growth in her medical expertise.

As a specialist in cardiology, Dr. Arora is dedicated to the diagnosis and treatment of heart-related conditions, ensuring that her patients receive comprehensive and personalized care. She is well-versed in various cardiac procedures and cutting-edge treatments, making her a trusted choice for patients seeking cardiac health solutions.

Fluent in English, Hindi, and Punjabi, Dr. Arora effectively communicates with a diverse patient population, helping ensure that every individual feels comfortable and understood during their consultations.

As part of Apollo Hospitals, she adheres to the highest standards of medical practice and patient care. Her approach combines compassion with clinical excellence, making her a respected figure among her peers and patients alike.

Whether treating complex cardiac issues or providing preventive care, Dr. Vanita Arora is committed to improving her patients' cardiovascular health and overall well-being.

## Experience

1. Director & Head,  
Cardiac Electrophysiology lab and Arrhythmia Services  
Max Healthcare Superspeciality Hospital, Saket,  
New Delhi, India      Sept 2009 to July 2021
2. Consultant Cardiologist in Department of Interventional Cardiology, Pacing & Electrophysiology,  
Apollo Hospital,  
New Delhi, India   Aug 2007 to Sept 2009
3. Consultant Cardiologist in Department of Interventional Cardiology, Pacing & Electrophysiology,  
Cardiac Arrhythmia Services, Escorts Heart Institute &      Research Centre, New Delhi, India   Mar  
1995 to Aug 2007

## Membership

- FCSI (Fellow Cardiology Society of India)
- FRCP(Edinburgh)- Fellow Royal College of Physicians
- FESC - Fellow European Society of Cardiology
- FHRS – Fellow Heart Rhythm Society
- FIMSA (Fellow International Medical Specialties Association)
- Indian Heart Rhythm Society
- Indian Society of Electrophysiology
- Cardiology Society of India

## Awards

- Rising Star - Cardiology" at the Times Healthcare Achievers Delhi NCR 2017
- Live Case of "Leadless Pacemaker" at the TCT India on 7th August, 2016
- Healthcare Personality of the Year 2016" at the BW Businessworld 3rd Healthcare Summit & Awards on June 5th, 2016
- Best Case Report Award in Cardiology" at the Annual Meeting of Cardiology Society of India- Delhi Branch on December 19th, 2010
- Distinguished Service Award" Bestowed upon by His Excellency, Bharat Ratna Dr.A.P.J.Abdul Kalam for outstanding contribution in the field of Clinical & Preventive Cardiology in the world on September 20th, 2008
- Magnanimous Award" for Excellence in Cardiology presented by IMA Academy of Medical Specialities, New Delhi Branch, celebrating World Heart Day on September 23rd, 2007
- Chikitsa Rattan Award" for Excellence in Medical Science, presented by Shri M.V. Rajashekharan (Hon'ble Minister of state in the Ministry of Planning) at New Delhi on July 25th, 2007

## Research and Publication

- **Right and Left Ventricular Activation Sequence in Patients with Heart Failure and Right Bundle Branch Block: A Detailed Analysis Using 3D Non-Fluoroscopic Electroanatomic Mapping System**  
Fantoni C, Kawabara M, Massaro R, Regoli F, Raffa S, Arora V, Salerno Uriarte JA, Klein HU, Auricchio A  
Journal of Cardiovascular Electrophysiology, Vol. 16, pp. 112–119, February 2005
- **Newer Mapping Technology – When Are They Really Needed?**  
Vanita Arora, Jasbir Sra  
Review Article, Focus Issue on Electrophysiology, Indian Heart Journal, Vol. 59:1, Supplement A, pp. A41–A50, January–February 2007
- **Evaluation of Diagnostic Workup in Patients of Syncope**  
Pratik Rawal, Pawan Suri, Vanita Arora  
Journal of MAR Cardiology, Vol. 1, Issue 1, September 2020  
International Open Access – Available Online
- **A Rare Case of Hypoplastic Coronary Sinus Partially Draining into Right Superior Vena Cava: A Case Report**  
Vivek Kumar, Viveka Kumar, Vanita Arora  
PACE (Pacing and Clinical Electrophysiology), 02 November 2020  
DOI: <https://doi.org/10.1111/pace.14116>

- **Physiological Pacing: A New Road to the Future (Review Article)**

Vanita Arora, Pawan Suri

Indian Journal of Clinical Cardiology, Published Online: 6 February 2021

DOI: <https://doi.org/10.1177/2632463620978045>

## **Frequently Asked Questions**

### **1. Where does Dr. Vanita Arora practice?**

Dr. Vanita Arora's medical practice is located at Apollo Hospitals, Delhi. This Apollo hospital offers comprehensive healthcare services.

### **2. Who is Dr. Vanita Arora?**

Dr Vanita Arora is a renowned Cardiologist with over 25 years of experience. She practices in Delhi at Apollo Hospitals Delhi. Dr Vanita Arora holds a degree in M.D, D.N.B. (Cardiology) M.N.A.M.S, FRCP (Edinburgh), FESC, FHR. She provides treatments including Pacemaker Implantation, AICD Implantation, Radiofrequency Ablation, Arrhythmias, Cardiac Resynchronization Therapy & Heart Failure, Leadless Pacemaker. She specializes in treating conditions like Barth Syndrome, Preventive Care Of Heart Lung Diseases, Andersen Tawil Syndrome.

### **3. Why do patients choose Dr. Vanita Arora?**

Patients select Dr. Vanita Arora for procedures such as device closure for congenital heart disease, dobutamine stress testing, and temporary pacemaker implantation. For a comprehensive list of her services, please refer to her professional profile.

### **4. What is Dr. Vanita Arora's specialization?**

Dr Vanita Arora specializes in Cardiology. She has expertise in treating conditions such as Barth Syndrome, Preventive Care Of Heart Lung Diseases, Andersen Tawil Syndrome. Her key treatments include Rheumatic Heart Disease Treatment, Preoperative Treatment.

### **5. What are Dr. Vanita Arora's medical qualifications?**

Dr Vanita Arora holds M.D, D.N.B. (Cardiology) M.N.A.M.S, FRCP (Edinburgh), FESC, FHR, reflecting her comprehensive education in the field of Cardiology.

### **6. What is Dr. Vanita Arora's experience?**

Dr. Vanita Arora possesses 25 years of experience in the medical field.

## **7. How can I schedule an appointment with Dr. Vanita Arora?**

You can schedule an appointment with Dr. Vanita Arora for an in-person consultation at our hospital.

Please contact our appointment scheduling department for assistance.