



## Dr Umar Mushir

M.D PSYCHIATRY M.B.B.S 15+ Years Experience

Dr Umar Mushir is a top Psychiatrist in Lucknow at Apolomedics Super Specialty Hospitals . Book appointment online with Dr Umar Mushir at Ask Apollo.

### Hospitals

[Apollo Hospitals Lucknow](#) ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 -17:00

Phone Icon  
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Calendar Icon  
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## Overview

Dr. Umar Mushir is a highly experienced Neuro Psychiatrist based in Lucknow, Uttar Pradesh. With a commendable 15 years of experience in the field, Dr. Mushir has dedicated his career to understanding and treating complex neurological and psychiatric conditions. He holds an MBBS degree followed by an MD in Psychiatry, which equips him with a robust foundation to address various mental health issues, particularly those where neurological factors intertwine. Dr. Mushir is proficient in English, Hindi, and Urdu, allowing him to effectively communicate with a diverse range of patients and their families. His practice, under the prestigious Apollo group, reflects his commitment to delivering quality healthcare. Patients appreciate his compassionate approach and thoroughness in diagnosis and treatment, making him a trusted choice for individuals seeking help with mental health concerns. As a Neuro Psychiatrist, he specializes in conditions that affect both the brain and behavior, ensuring that his patients receive comprehensive care that addresses both physical and psychological well-being. Dr. Umar Mushir is not just a medical professional; he is a dedicated advocate for mental health awareness and strives to create a supportive environment for recovery.

## Membership

- Member, Indian Psychiatric Society
- Associate member, International Headache Society (London)
- Member, American Psychiatric Association
- Member, European Society for Sexual Medicine
- Member, Indian Academy of Neurosciences
- Member, Indian Medical Association

## Awards

- Awarded Vishisht Seva Medal (VSM) by the President of India in 1980.
- Blessed by His Holiness The Dalai Lama for good work in the field of Kidney transplantation. - Awarded Star Performer Consultant at Indraprastha Apollo Hospital in January,2014.
- Visited and performed parikrama of Kailash Mansarovar via Uttrakand in a 28 days trek, under Ministry of External Affairs, New Delhi in 2011 at the age of 69 years.
- Performed parikrama of the holy Narmada River in parts.
- The subject of thesis for M.D. Medicine was 'Critical Evaluation of Peritoneal Dialysis' which was adjudged the best thesis of November,1972 batch.
- Research experience of 3 years in malaria – Worked on the guidance of W.H.O.
- Organized Nephrology update, Command Hospital, Calcutta, 1984.
- Elected Secretary Nephrology Society of India, Northern Chapter–1991-92.
- Organized Nephrology update Delhi Chapter, 1992.

## Frequently Asked Questions

### 1. Where does Dr. Umar Mushir practice?

Dr. Umar Mushir's practice is located at Apollomedics Super Specialty Hospitals. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Umar Mushir?

Dr Umar Mushir is a renowned Psychiatrist with over 10 years of experience. He practices in Lucknow at Apollomedics Super Specialty Hospitals. Dr Umar Mushir holds a degree in M.D PSYCHIATRY

M.B.B.S. He provides treatments including Schizophrenia Treatment, Anxiety Disorders Treatment, Bipolar Disorder Treatment. He specializes in treating conditions like Adjustment Disorder, Mental Disorder, Anxiety Disorder Counselling.

### **3. Why do patients choose Dr. Umar Mushir?**

Dr. Umar Mushir is frequently consulted for Family Counseling, Couples Psychotherapy, and Migraine Treatment. For a comprehensive overview of his expertise, please refer to his professional profile.

### **4. What is Dr. Umar Mushir's specialization?**

Dr Umar Mushir specializes in Psychiatry. He has expertise in treating conditions such as Adjustment Disorder, Mental Disorder, Anxiety Disorder Counselling. His key treatments include Schizophrenia Treatment, Anxiety Disorders Treatment, Bipolar Disorder Treatment.

### **5. What are Dr. Umar Mushir's medical qualifications?**

Dr Umar Mushir holds M.D PSYCHIATRY M.B.B.S, reflecting his comprehensive education in the field of Psychiatry.

### **6. How many years of experience does Dr. Umar Mushir have?**

Dr. Umar Mushir has 17 years of experience in the medical field.