



Dr Sugami Ramesh

MA (Clinical Psy), B Ed, MHRM, MSCP 35+ Years Experience

Dr Sugami Ramesh is a top Clinical Psychologist in Bangalore at Apollo Hospitals Bannerghatta Road . Book appointment online with Dr Sugami Ramesh at Ask Apollo.

Hospitals

Apollo Hospitals, Bannerghatta Road ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
14:00 -16:00

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Overview

Dr. Sugami Ramesh is a highly experienced psychologist based in Bangalore, Karnataka, with a commendable 35 years in the field of clinical psychology. She holds an impressive academic background with qualifications that include a Master's in Clinical Psychology (MA), a Bachelor's in Education (BEd), a Master's in Human Resource Management (MHRM), and a Master's in Supervision and Coaching in Psychology (MSCP). This diverse educational foundation enables her to address a wide range of psychological issues with expertise and compassion. Fluent in English, Hindi, and Kannada, Dr. Ramesh is well-equipped to cater to a diverse patient demographic, ensuring effective communication and understanding.

As a specialist in psychology, she is adept at employing evidence-based treatments to help individuals navigate their mental health challenges, be it anxiety, depression, stress management, or relationship issues. Her compassionate approach fosters a safe space for patients to explore their thoughts and feelings, promoting healing and personal growth.

In recognition of her significant contributions to the field, Dr. Ramesh is associated with APOLLO, a renowned health institution known for its commitment to quality care. Her dedication to patient wellbeing and her extensive experience position her as a trusted advocate for mental health in the community.

Whether you're seeking guidance for a specific issue or looking to improve your overall mental health, Dr. Sugami Ramesh is committed to supporting you on your journey toward wellness.

Experience

- Child psychology, including developmental and educational psychology in children,
- Has Worked for about two decades as a teacher & counseled children in several schools around India.
- Working in Apollo Hospitals since last Assignment
- Child psychology, including developmental and educational psychology in children, Has Worked for about two decades as a teacher & counseled children in several schools around India.
- Women's and child counseling, Has regularly interacted with families of the Defence person's families, during her husband's career in army.
- Software employees counseling on personal and job issues.
- Counseling for the mentally challenged. Currently working as volunteer counselor at 'Vishwas' an organization that offers free counseling to mentally challenged individuals for the past 6 years.
- trained to do psychological assessments.under experience.

Research and Publication

Authored several articles in leading newspapers and magazines. Article from ET Anti-burnout measures: Companies provide staff counselling, sabbaticals & no fancy targets. Written an article to parent circle magazine. Trained in holistic approach in stress management. Presented several talks on different psychological aspects.

Frequently Asked Questions

1. Where does Dr. Sugami Ramesh practice?

Dr. Sugami Ramesh currently practices at Apollo Hospitals Bannerghatta Road, located in Bangalore.

2. Who is Dr. Sugami Ramesh?

Dr. Sugami Ramesh is a highly experienced Clinical Psychologist with 35 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

3. Why do patients choose Dr. Sugami Ramesh?

Patients trust Dr. Sugami Ramesh for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Sugami Ramesh's specialization?

Dr. Sugami Ramesh specializes in Clinical Psychology, with expertise in Past Life Regression Therapy, Pranic Psychotherapy, Psychotherapy For Couples, Psychotherapy Adult, Sensory Integration Therapy, Sex Therapy, Sexual Therapy, Stress Treatment.

5. What are Dr. Sugami Ramesh's medical qualifications?

Dr. Sugami Ramesh holds prestigious qualifications, including MA (Clinical Psy), B Ed, MHRM, MSCP.

6. How many years of experience does Dr. Sugami Ramesh have?

Dr. Sugami Ramesh has 35 years of experience in the medical field, treating various conditions related to Clinical Psychology.

7. How can I book an appointment with Dr. Sugami Ramesh?

You can book an appointment with Dr. Sugami Ramesh through: Online: Visit

<https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.