



## Dr Subir Ray

- MBBS, MD (Gen Med). MRCP (UK). FRCP (Edin), Specialist Certificate in Diabetes & Endocrinology (Royal Colleges of Physicians, UK).MACE (USA). 20+ Years Experience

Dr Subir Ray is a top Endocrinologist in Kolkata at Apollo Multispecialty Hospitals . Book appointment online with Dr Subir Ray at Ask Apollo.

### Hospitals

[Apollo Hospitals, Kolkata](#) ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
12:00-14:00

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## Overview

Dr. Subir Ray is a highly qualified and experienced endocrinologist based in Kolkata, West Bengal. With over 20 years of dedicated service in the field of endocrinology, he has established himself as a leading expert in managing hormonal disorders and metabolic diseases. Dr. Ray holds multiple prestigious qualifications, including an MBBS, MD in General Medicine, MRCP, FRCP, and MACE, showcasing his vast knowledge and expertise in the medical field.

Fluent in English, Bengali, and Hindi, Dr. Ray is able to communicate effectively with a diverse patient population, ensuring that every patient feels understood and cared for. His proficiency in multiple languages makes him accessible to a wide range of individuals seeking specialized care.

As a part of the Apollo healthcare network, Dr. Ray is committed to providing comprehensive and compassionate care to his patients. He focuses on a holistic approach to treatment, emphasizing not just the management of symptoms but also the overall well-being of his patients. His practice includes the diagnosis and treatment of conditions such as diabetes, thyroid disorders, and other hormonal imbalances. Dr. Ray's dedication to staying updated with the latest advancements in endocrinology allows him to offer the most effective and evidence-based treatments. His commitment to excellence in patient care has earned him a reputation for being a trusted and reliable physician in the Kolkata community. Whether

you're dealing with a chronic condition or seeking preventive care, you can count on Dr. Subir Ray to provide you with the highest standard of medical attention.

## Experience

He has almost 20 years' experience after obtaining his post-graduation. He has 10 years' experience as a consultant in the department of diabetes and endocrinology.

- Dr Subir Ray graduated from R G Kar Medical College, Kolkata, India and did post graduation (MD in Gen. Medicine) from University College of Medicine, Kolkata.
- After passing MRCP(UK) exam he received sub-speciality training as a specialist registrar in Northern Deanery, Newcastle-upon-Tyne, UK and obtained specialist certificate in Diabetes & Endocrinology.
- In 2012 he was conferred fellowship of the Royal College of physicians (Edinburgh).
- He joined the department of Diabetes and Endocrinology of Apollo Gleneagles Hospitals, Kolkata, India in 2007. He has working experience of 10 years as a consultant and currently he is working there as a senior consultant.
- Apart from diabetes his main area of interests are thyroid, pituitary, adrenal disorders, vitamin D deficiency, bone health and obesity.

## Membership

He is currently the honorary joint secretary of executive council member of Integrated Diabetes & Endocrine Academy, Kolkata

He is a member of the association of clinical endocrinologist(USA)

He is a life member of Endocrine Society of India.

## Awards

- First place in MBBS.SRS Gold Medal.
- Best Scientific Paper Award – Indian Society of Nephrology - 1994
- Commendation by Chief of Air Staff - 1998
- Vishisht Seva Medal – President of India - 2000
- Elected Fellow-Indian Society of Nephrology - 2011

- Best researcher at International Society of Blood Purification Annual Meeting - 2011

## Research and Publication

- He is a keen academician and researcher. He has been involved as a principle investigator in multiple clinical trials. He has delivered more than 100 lectures in as many CMEs both in India and abroad .He has chaired many academic sessions in CMEs held in India and abroad. He has multiple national and international publications. He has written more than 50 articles in leading newspapers and journals. He has written multiple book chapters and he is an active contributing author of Diapedia, the online textbook of diabetes.
  - Some of his important publications are-
  - Observational Study of Effects of Saroglitazar on Glycaemic and Lipid Parameters on Indian Patients with Type 2 Diabetes.(Sanjay Chatterjee<sup>1</sup>, Anirban Majumder<sup>2</sup>, Subir Ray<sup>3</sup> –**Nature Scientific Reports**.January 2015)
  - Effect of Saroglitazar on Metabolic Parameters in Indian Patients with Diabetic Dyslipidemia - A 40 week, Retrospective Analysis -Author Block: SANJAY CHATTERJEE, ANIRBAN MAJUMDER, SUBIR RAY, Kolkata, India (Abstract ADA 2016-accepted)
  - Observational study of Saroglitazar on Metabolic Parameters in Indian patients with Diabetic Dyslipidemia – A 43 weeks' of Clinical Experience. Anirban Majumder, Subir Ray & Sanjay Chatterjee. (Abstract EASD 2016-submitted)
  - Assessment of Glycemic control in patients of Diabetes Mellitus on insulin therapy- JJ Mukherjee, Sujoy Majumdar & Subir Ray –Journal of Indian Medical Association (JIMA) November, 2013 pp761-765
  - Diabetes and Pheochromocytoma (Diapidia, the online journal of diabetes.)
  - Diabetes in primary aldosteronism-( Diapidia, the online journal of diabetes)
  - An audit of adrenal incidentaloma-(Abstract British Endocrine Society Annual Spring Conference 2006) John Chapman, Subir Ray & Isha Malik . Sunderland Royal Hospital, Sunderland, United Kingdom
  - Pre-operation imaging of parathyroid gland in primary hyperparathyroidism (Abstract BES 2008)- Isha Malik, John Chapman & Subir Ray .City Hospitals of Sunderland NHS Trust, Sunderland, UK.
  - Unhappy doctors-Are we overreacting? (e-BMJ ,June 2002)

## Frequently Asked Questions

## **1. Where does Dr. Subir Ray practice?**

Dr. Subir Ray currently practices at Apollo Multispecialty Hospitals, located in Kolkata.

## **2. Who is Dr. Subir Ray?**

Dr. Subir Ray is a highly experienced Endocrinologist with 20 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Type 1 Diabetes Treatment. He also treats conditions such as Parathyroid Diseases, pituitary-diseases.

## **3. Why do patients choose Dr. Subir Ray?**

Patients trust Dr. Subir Ray for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

## **4. What is Dr. Subir Ray's specialization?**

Dr. Subir Ray specializes in Endocrinology, with expertise in treatments for Type 1 Diabetes Treatment.

## **5. What are Dr. Subir Ray's medical qualifications?**

Dr. Subir Ray holds prestigious qualifications, including • MBBS, MD (Gen Med). MRCP (UK). FRCP (Edin), Specialist Certificate in Diabetes & Endocrinology (Royal Colleges of Physicians, UK).MACE (USA)..

## **6. How many years of experience does Dr. Subir Ray have?**

Dr. Subir Ray has 20 years of experience in the medical field, treating various conditions related to Endocrinology.

## **7. How can I book an appointment with Dr. Subir Ray?**

You can book an appointment with Dr. Subir Ray through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.