



## Dr Sheethal Brahmesh

MBBS- Rajiv Gandhi University of Health Sciences India 2004 MRCP- London , June 2013 PG Diploma in Endocrinology & Diabetes – Queen Marry University of London January 2016 21+ Years Experience

Dr Sheethal Brahmesh is a top Internal Medicine Physician in Bangalore at Apollo Hospitals Sheshadripuram . Book appointment online with Dr Sheethal Brahmesh at Ask Apollo.

### Hospitals

[Apollo Hospitals, Seshadripuram ,](#)

Doctor's Working  
Weekdays  
Mon - Sun

Doctor's Working  
Hours  
13:00 -16:00

Phone Icon  
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## Overview

Dr. Sheethal Brahmesh is a highly skilled and dedicated General Physician and Internal Medicine Specialist based in Bangalore, Karnataka. With 21 years of extensive experience in the field, she is committed to providing high-quality medical care to her patients. Dr. Brahmesh holds an MBBS degree as well as MRCP and a Postgraduate Diploma in Endocrinology and Diabetes, showcasing her expertise and commitment to continual learning. Her proficiency spans across various areas of internal medicine, ensuring comprehensive and effective treatment plans tailored to individual patient needs. Fluent in English, Hindi, and Kannada, she is well-equipped to communicate with a diverse patient base, ensuring that all concerns are understood and addressed. Dr. Brahmesh's approach is rooted in empathy and patient engagement, making her a trusted partner in health for her patients. She is currently associated with the prestigious Apollo group, known for its commitment to excellence in healthcare. Whether dealing with routine check-ups, chronic disease management, or preventive care strategies, Dr. Sheethal Brahmesh is dedicated to promoting overall wellness and health in the community she serves.

## Experience

Specialty Doctor In Acute Ambulatory Care Medicine at Great Western Hospital Swindon -2012-2016  
Core Medical Training Year 2 In Intensive Care unit , Geriatric Medicine & Acute Medical Unit at great Western Hospital Swindon

Core Medical training - Year 1 in Diabetics & Endocrinology, Cardiology & Gastroenterology at Great Western Hospital Swindon

Core Medical Training in Respiratory Medicine at great Western Hospital Swindon  
Senior House Officer in Infectious Disease , Acute Medical Unit & Radiology at Leicester Royal Infirmary Leicester

Junior House Officer In Acute Stroke Medicine, Gastroenterology Upper GI Surgery & Urology at Nottingham City Hospital Nottingham

House Officer in Medicine City Medical Centre India

Internship at Bapuji Hospital & C G Hospital & C G hospital Davanagere

## Membership

NA

## Research and Publication

Contributing in collecting Data and preparing Proforma for the Following Research projects  
The Relative Risk of Ischaemic heart disease amongst smokers & Non Smokers in the urban Community of south India.

A Hospital based study on “Low birth weight in Relation to sex of baby , Maternal age & Parity

## Frequently Asked Questions

### 1. Where does Dr. Sheetal Brahmesh practice?

Dr. Sheetal Brahmesh currently practices at Apollo Hospitals Sheshadripuram, located in Bangalore.

### 2. Who is Dr. Sheetal Brahmesh?

Dr. Sheetal Brahmesh is a highly experienced Internal Medicine Specialist with 13 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. She

areas of expertise include Abdominal Pain Treatment, Acute Diarrhea Treatment. She also treats conditions such as Urinary Tract Infections, Wilson Disease.

### **3. Why do patients choose Dr. Sheetal Brahmesh?**

Patients trust Dr. Sheetal Brahmesh for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **4. What is Dr. Sheetal Brahmesh's specialization?**

Dr. Sheetal Brahmesh specializes in Internal Medicine, with expertise in treatments for Abdominal Pain Treatment, Acute Diarrhea Treatment.

### **5. What are Dr. Sheetal Brahmesh's medical qualifications?**

Dr. Sheetal Brahmesh holds prestigious qualifications, including MBBS- Rajiv Gandhi University of Health Sciences India 2004 MRCP- London , June 2013 PG Diploma in Endocrinology & Diabetes – Queen Mary University of London January 2016.

### **6. How many years of experience does Dr. Sheetal Brahmesh have?**

Dr. Sheetal Brahmesh has 13 years of experience in the medical field, treating various conditions related to Internal Medicine.

### **7. How can I book an appointment with Dr. Sheetal Brahmesh?**

You can book an appointment with Dr. Sheetal Brahmesh through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.