



## Dr Sai Vishnupriya Vittal

MBBS, DNB, MRCS(Ed), FRCS(Glasg), MCh (Endo Surg), FICS, FAIS, FAES 17+ Years Experience

Dr Sai Vishnupriya Vittal is a top Endocrine Surgeon in Chennai at Apollo Hospitals Greams Road Chennai . Book appointment online with Dr Sai Vishnupriya Vittal at Ask Apollo.

### Hospitals

Apollo Hospitals, Greams Road, Chennai ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
16:00 -17:00

Phone Icon  
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## Overview

Dr. Sai Vishnupriya Vittal is a highly skilled Endocrine Surgeon based in Chennai, Tamil Nadu, with 17 years of extensive experience in her field. As a dedicated medical professional, she has undergone rigorous training and holds multiple esteemed qualifications, including MBBS, DNB in General Surgery, MRCS (Ed), FRCS (Glasgow), MCh in Endocrine Surgery, FICS, FAIS, and FAES. Dr. Vittal's commitment to excellence in patient care is evident through her comprehensive expertise in managing complex endocrine disorders, ensuring that her patients receive the highest standard of treatment. Fluent in English, Hindi, and Tamil, she effectively communicates with a diverse range of patients, making her a relatable and approachable healthcare provider.

Dr. Vittal is a proud member of the Exclusive Partner program, demonstrating her commitment to advanced medical practices. Whether it's performing intricate surgical procedures or providing thorough pre-operative and post-operative care, Dr. Vittal is dedicated to improving the health and well-being of her patients. She continues to stay updated with the latest advancements in endocrine surgery, ensuring her patients benefit from contemporary techniques and technologies. With a reputation for attentiveness and compassion, Dr. Sai Vishnupriya Vittal is a prominent choice for anyone seeking specialized endocrine surgical care in the region.

# Experience

## PRESENT POSITION & RESPONSIBILITIES:

- Assistant Professor Department of Endocrine Surgery, Madras Medical College, November 2015 till date.
- Consultant General and Endocrine Surgeon, Vittal's Institute of Endocrine & Laparoscopic Surgery, Chennai, June 2005 till date.
- Consultant Endocrine Surgeon Apollo Hospitals April 2019 till date

# Membership

- Life member of Association of Surgeons of India.
- Life member of Indian Association of Endocrine Surgeons.
- Founder member of Association of Breast Surgeons of India
- Member of the Asian Association of Endocrine Surgeons.
- Life member of Indian Society of Thyroid Surgeons

# Awards

- The Tamilnadu Dr MGR Medical University Gold Medal in MCh Endocrine Surgery.
- G. G Chatterjee Travelling Fellowship by Association of Surgeons of India.
- Travelling Fellowship for Junior Surgeons by Tamilnadu & Pondicherry Chapter of Association of Surgeons of India.
- The TamilNadu Dr MGR Medical University Gold Medal.

# Research and Publication

## RESEARCH

### Clinical And Surgical Evaluation of Goitres

- The objective of this study was to evaluate prospectively, patients with goiters with regard to clinical examination, ultrasound neck, thyroid hormone profile, thyroid antibodies, FNAC and histopathological report following surgery

- FNAC of thyroid is a safe, inexpensive minimally invasive and highly accurate test especially useful in the nodular disease of thyroid. The success of FNAC is related to the skill of the aspirator and the expertise of cytopathologist.
- Measurement of Thyroid Antibodies are useful in the diagnosis of Autoimmune thyroid disorders especially Hashimoto thyroiditis.
- Solitary nodule of thyroid was found to be more prone for malignancy when compared to multinodular goiter.
- Papillary carcinoma is more common in iodine sufficient areas and the incidence of follicular carcinoma occurs more frequently in areas of iodine deficiency iodine. The Papillary / Follicular ratio correlates well with iodine status in the particular area
- The occurrence of thyroid malignancy in toxic goiters especially Graves disease must be noted
- Hashimoto thyroiditis is much more common in iodine sufficient areas than in iodine deficient areas and is much more common in South India.

## Frequently Asked Questions

### 1. Where does Dr. Sai Vishnupriya Vittal practice?

Dr. Sai Vishnupriya Vittal currently practices at Apollo Hospitals, Greams Road, located in Chennai.

### 2. Who is Dr. Sai Vishnupriya Vittal?

Dr. Sai Vishnupriya Vittal is a highly experienced Endocrine Surgeon with 17 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. Her areas of expertise include Thyroidectomy, Parathyroidectomy. She also treats conditions such as Cushing's Syndrome, Primary Hyperparathyroidism.

### 3. Why do patients choose Dr. Sai Vishnupriya Vittal?

Patients trust Dr. Sai Vishnupriya Vittal for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Sai Vishnupriya Vittal's specialization?

Dr. Sai Vishnupriya Vittal specializes in Endocrine Surgery, with expertise in treatments for Thyroidectomy, Parathyroidectomy.

## **5. What are Dr. Sai Vishnupriya Vittal's medical qualifications?**

Dr. Sai Vishnupriya Vittal holds prestigious qualifications, including MBBS, DNB, MRCS(Ed), FRCS(Glasg), MCh (Endo Surg), FICS, FAIS, FAES.

## **6. How many years of experience does Dr. Sai Vishnupriya Vittal have?**

Dr. Sai Vishnupriya Vittal has 17 years of experience in the medical field, treating various conditions related to Endocrine Surgery.

## **7. How can I book an appointment with Dr. Sai Vishnupriya Vittal?**

You can book an appointment with Dr. Sai Vishnupriya Vittal through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.