



Dr Ramya Varada

MD, DM (Endocrinology, Metabolism & Diabetes) 10+ Years Experience

Dr Ramya Varada is a top Endocrinologist in Visakhapatnam at Apollo Hospitals Health City Arilova Vizag . Book appointment online with Dr Ramya Varada at Ask Apollo.

Hospitals

Apollo Hospitals Health City, Arilova, Vizag ,

Doctor's Working
Weekdays
Mon-Sat

Doctor's Working
Hours
10:30 -14:00

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Overview

Dr. Ramya Varada is a distinguished Endocrinologist based in Visakhapatnam, Andhra Pradesh, with six years of extensive experience in the field. Holding an MD and DM, she has honed her expertise in diagnosing and treating hormonal disorders, metabolic issues, and diseases of the endocrine system. Dr. Varada takes a comprehensive approach to patient care, emphasizing both medical treatment and lifestyle modifications to enhance overall health and well-being.

Fluent in English, Hindi, and Telugu, Dr. Varada caters to a diverse patient population, ensuring clear communication and understanding. Her commitment to patient education is evident in her practice, where she strives to empower individuals with the knowledge and resources they need to manage their conditions effectively.

She is currently affiliated with Apollo Hospitals, a leading healthcare institution known for its high standards and quality of care. Dr. Varada remains updated with the latest advancements in endocrinology, participating in continuous education and professional development opportunities to provide her patients with the best possible care.

Dr. Ramya Varada is dedicated to improving the lives of her patients and holds a reputable position in the medical community. Her compassionate nature and professional integrity make her a trusted choice for

patients seeking specialized care in endocrinology.

Membership

EFFECT OF THYROID AUTOIMMUNITY ON PREGNANCY OUTCOMES IN WOMEN WITH
DIABETES THYROID RESEARCH AND PRACTICE JOURNAL JULY 2018

Frequently Asked Questions

1. Where does Dr. Ramya Varada practice?

Dr. Ramya Varada is a practicing physician at Apollo Hospitals Health City, Arilova Vizag. This hospital offers comprehensive healthcare services and advanced medical facilities.

2. Who is Dr. Ramya Varada?

Dr Ramya Varada is a renowned Endocrinologist with over 6 years of experience. She practices in Visakhapatnam at Apollo Hospitals Health City Arilova Vizag. Dr Ramya Varada holds a degree in MD (GENERAL MEDICINE) DM (ENDOCRINOLOGY). She provides treatments including Type 1 Diabetes Treatment. She specializes in treating conditions like Gaucher Disease, Parathyroid Diseases, pituitary-diseases.

3. What is Dr. Ramya Varada's specialization?

Dr Ramya Varada specializes in Endocrinology. She has expertise in treating conditions such as Gaucher Disease, Parathyroid Diseases, pituitary-diseases. Her key treatments include Type 1 Diabetes Treatment.

4. What are Dr. Ramya Varada's medical qualifications?

Dr Ramya Varada holds MD (GENERAL MEDICINE) DM (ENDOCRINOLOGY), reflecting her comprehensive education in the field of Endocrinology.

5. How many years of experience does Dr. Ramya Varada have?

Dr. Ramya Varada possesses 16 years of experience in the medical field. Her extensive experience encompasses various medical settings.

6. Who is an endocrinologist?

An endocrinologist is a medical doctor specializing in diagnosing and treating hormonal imbalances. These imbalances can involve either overproduction (hypersecretion) or underproduction (hyposecretion) of hormones by endocrine glands.

7. What symptoms warrant a consultation with an endocrinologist?

Endocrinologist consultation is recommended for symptoms such as amenorrhea, sudden weight changes (gain or loss), polyuria, neck swelling, dizziness, insomnia, infertility, menstrual irregularities, alopecia, hirsutism, and melasma.

8. What diseases does an endocrinologist treat?

Endocrinologists specialize in diagnosing and treating hormonal disorders. These include diabetes mellitus, hyperthyroidism, hypothyroidism, polycystic ovarian disease (PCOD), infertility, growth hormone disorders (dwarfism, gigantism), hyperparathyroidism, hypoparathyroidism, metabolic disorders, pituitary disorders (hypopituitarism, hyperpituitarism), and certain hormone-related cancers. They manage conditions stemming from imbalances in the body's endocrine system.

9. What training is required to become an endocrinologist?

Endocrinologists require a three-year DM Endocrinology degree following postgraduate training in general or internal medicine and successful completion of a super-specialty entrance exam. Only MBBS graduates are eligible for endocrinology specialization.

10. Can an endocrinologist treat PCOD?

Yes, an endocrinologist treats Polycystic Ovary Disease (PCOD) using hormonal therapy. Diagnosis involves testing follicle-stimulating hormone (FSH), luteinizing hormone (LH) levels, and abdominal ultrasonography.