



## Dr Ram Kumar S

MBBS, MD, DNB (Diabetes & Endocrinology), DM (Diabetes & Endocrinology), AIIMS Fellow (Diabetes/Insulin Pumps, Sexual Medicine) 13+ Years Experience

Dr Ram Kumar S is a top Endocrinologist in Chennai at Apollo Hospitals Greams Road Chennai, Apollo Children Hospital Chennai, Apollo Womens Hospital. Book appointment online with Dr Ram Kumar S at Ask Apollo.

### Hospitals

[Apollo Womens Hospital, Chennai](#),

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
14:00 -16:00

Phone Icon  
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## Overview

Dr. Ramkumar S is a highly skilled Endocrinologist with over 13 years of extensive experience in the field of Diabetes and Endocrinology. Based in Chennai, Tamil Nadu, he specializes in the diagnosis and management of endocrine disorders, focusing on metabolic control related to diabetes and obesity. Dr. Ramkumar is fluent in English, Hindi, and Tamil, which allows him to connect with a diverse range of patients. He has earned numerous accolades throughout his career, including the First Prize in Endocrine Quiz at the Amrita Institute of Medical Sciences in 2013 and the prestigious AV Gandhi award for excellence in Endocrinology in 2014. Dr. Ramkumar was also awarded the ISPAD award for Clinical Fellowship in 2014 for his dedicated research during his DM in Endocrinology.

As a testament to his academic prowess, Dr. Ramkumar secured the First Rank in the All India DM Endocrinology Examination in 2010. He has contributed significantly to clinical research, including projects such as the effect of a probiotic preparation on metabolic control in individuals with Type 1 diabetes and a multi-centre study on childhood obesity in India. Dr. Ramkumar holds several qualifications, including MBBS, MD, DNB in Diabetes & Endocrinology, and DM in Diabetes & Endocrinology, alongside being an AIIMS Fellow specializing in Diabetes/Insulin Pumps and Sexual Medicine.

He currently practices at Apollo Hospitals, where he is committed to providing comprehensive care tailored to each patient's unique needs. His expertise in the field, combined with his dedication to patient education and management, makes Dr. Ramkumar a trusted physician in endocrinology. Whether addressing complex hormonal imbalances or guiding patients through diabetes management, Dr. Ramkumar S is dedicated to improving the health and well-being of his patients.

## Experience

- Worked in Department of Diabetes, Endocrinology & Metabolism, All India Institute of Medical Sciences, New Delhi and in Auckland City Hospital, New Zealand.
- Worked in Department of Endocrinology, Madras Medical College, Chennai

## Membership

- The Endocrine Society
- Endocrine Society of India (ESI)
- Endocrine Society of TamilNadu (ESTN)
- American Association of Clinical Endocrinology(AACE)
- Life member – Indian Society of Paediatric and Adolescent Endocrinology (ISPAE),
- Member – International Society of Pediatric and Adolescent Diabetes(ISPAD)
- European Association for Study of Diabetes (EASD)

## Research and Publication

- Ramkumar S. Bilateral thecoma presenting as premenopausal hirsutism: Laproscopic removal.
  - Indian J Endocrinol Metab. 2013 Dec;17(Suppl 3):S662-4. Read in Pubmed at <http://www.ncbi.nlm.nih.gov/pubmed/24910832>
- Ramkumar S. Type 2 diabetes mellitus in children and youth.
  - Indian J Pediatr. 2013 Mar;80 Suppl 1:S87-94.Read in Pubmed at <http://www.ncbi.nlm.nih.gov/pubmed/23430571>
- Shabir I, Marumudi E, Ramkumar. 5  $\alpha$ -Reductase Type 2 Deficiency - Response to Dihydrotestosterone Gel: Correspondence.

- Indian J Pediatr. 2014 Sep;81(9):984. Read in Pubmed at <http://www.ncbi.nlm.nih.gov/pubmed/24052182>
- Read online at <http://www.ijcasereportsandimages.com/archive/2014/006-2014-ijcri/CS-10041-06-2014-ramkumar/index.php>
- Read online at <http://www.ncbi.nlm.nih.gov/pubmed/25620404>

**Published abstracts (Conference proceedings):**

Growth hormone therapy in a child with germinoma: a fatal case report accepted as poster aace meeting 2014 9. Teriparatide treatment (pre-surgical versus post-surgical) in

- Ramkumar S. Ectopic insulin secreting neuroendocrine tumor of kidney with recurrent hypoglycemia: a diagnostic dilemma. BMC Endocr Disord. 2014 Apr 17;14:36. Read in Pubmed at <http://www.ncbi.nlm.nih.gov/pubmed/24741994>
- Ramkumar S. Stromal Leydig Cell Hyperplasia Presenting As Virilising Ovarian Mass in Post-Menopausal Woman. Endocrine Abstracts. Female Reproductive Endocrinology II. June 2014. Read online at <http://press.endocrine.org/doi/abs/10.1210/endo-meetings.2014.RE.8.SUN-...>
- Ramkumar S. Sexual precocity with pituitary macroadenoma and bilateral multicystic ovaries - a case report. International Journal of Pediatric Endocrinology 2013, 2013(Suppl 1):P200. Read online at <http://www.ijpeonline.com/content/2013/S1/P200>
- Ramkumar S. Early initiation of insulin in a child with T2DM and clinical course - a case report International Journal of Pediatric Endocrinology 2013, 2013(Suppl 1):P26. Read online at <http://www.ijpeonline.com/content/2013/S1/P26>
- Ramkumar S. Precocious puberty and ovarian tumors – 2 case report. International Journal of Pediatric Endocrinology 2013, 2013(Suppl 1):P80. Read online at <http://www.ijpeonline.com/content/2013/S1/P80>
- Ramkumar S. Genu valgum and primary hyperparathyroidism in children. Int J Case Rep Images 2014;5(6):401–407.
- Praveen PA, Kumar SR, Tandon N. Type 2 diabetes in youth in South Asia. Curr Diab Rep. 2015 Feb;15(2):571.
- Presentation in national Endocrine conference: (ESICON 2010) titled “profile of autoimmune hypothyroidism in T1DM in children <12yrs”
- Poster Presentation in national Paediatric Endocrine conference: (ISPAE 2011) titled “Juvenile granulosa cell tumor presenting as precocious puberty– a case report”
- Poster Presentation in APPES Conference 2012 titled “Early initiation of Insulin in a child with T2DM and clinical course”
- Poster Presentation in APPES Conference 2012 titled “Precocious Puberty and Ovarian Tumors – 2 Case Reports”

- Poster Presentation in APPEES Conference 2012 titled “Sexual Precocity with Pituitary Macroadenoma and Bilateral Multicystic Ovaries - A Case Report”
- How high is tsh in central hypothyroidism? Accepted as poster aace meeting 2014
- the outcome of atypical femur fracture. accepted as poster aace meeting 2014
- Stromal leydig cell hyperplasia presenting as virilising ovarian mass in post-menopausal woman- accepted as poster The Endocrine Society meeting
- Review article on “what’s new in Neonatal Resuscitation?” in Indian Journal of Practical Pediatrics 2009
- Review article on “Type 2 diabetes mellitus in children and youth.. Indian J Pediatr. 2013.
- Correspondence on “5 a-Reductase Type 2 Deficiency - Response to Dihydrotestosterone Gel:” Indian J Pediatr. 2013
- Brief Communication: Bilateral thecoma presenting as premenopausal hirsutism: Laparoscopic removal. Indian J Endocr Metab 2013
- Genu valgum and primary hyperparathyroidism in children –in International journal of case reports and images 2014 jan
- Ectopic insulin secreting neuroendocrine tumor of kidney –in BMC endocrine disorders 2014 Mar 2014, 14:36 doi:10.1186/1472-6823-14-36.

## Frequently Asked Questions

### 1. Where does Dr. Ram kumar S practice?

Dr. Ram kumar S currently practices at Apollo Womens Hospital, located in Chennai.

### 2. Who is Dr. Ram kumar S?

Dr. Ram kumar S is a highly experienced Endocrinologist with 13 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Type 1 Diabetes Treatment. He also treats conditions such as Parathyroid Diseases, pituitary-diseases.

### 3. Why do patients choose Dr. Ram kumar S?

Patients trust Dr. Ram kumar S for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

#### **4. What is Dr. Ram kumar S's specialization?**

Dr. Ram kumar S specializes in Endocrinology, with expertise in treatments for Type 1 Diabetes Treatment.

#### **5. What are Dr. Ram kumar S's medical qualifications?**

Dr. Ram kumar S holds prestigious qualifications, including MBBS, MD, DNB (Diabetes & Endocrinology), DM (Diabetes & Endocrinology), AIIMS Fellow (Diabetes/Insulin Pumps, Sexual Medicine)

#### **6. How many years of experience does Dr. Ram kumar S have?**

Dr. Ram kumar S has 19 years of experience in the medical field, treating various conditions related to Endocrinology.

#### **7. How can I book an appointment with Dr. Ram kumar S?**

You can book an appointment with Dr. Ram kumar S through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.