



## Dr P Sharat Kumar

MBBS MS [ortho] MCh[ortho] UK, Dip SEM GB&I, MFSEM[UK]  
FFSEM[I] 31+ Years Experience

Dr P Sharat Kumar is a top Orthopedician in Hyderabad at Apollo Health City Jubilee Hills . Book appointment online with Dr P Sharat Kumar at Ask Apollo.

### Hospitals

[Apollo Health City, Jubilee Hills ,](#)

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 -17:00

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## Overview

Dr. P Sharat Kumar is a distinguished Orthopaedician based in Hyderabad, Telangana, with an impressive 31 years of experience in the field. He is recognized as a pioneer in orthopedic surgery and has earned a reputation for his expertise and innovative techniques. Dr. Kumar was the first orthopedic surgeon from India to become a fellow of the Faculty of Sports & Exercise Medicine in Ireland (FFSEM) and has made significant contributions to Apollo Hospitals, being the first in the institution to perform various arthroscopic procedures on knee, shoulder, ankle, elbow, and hip joints. His groundbreaking work includes being the first from South India to conduct day care minimally invasive total hip replacements and the direct anterior approach to minimally invasive bilateral total hip replacements for completely fused hip joints.

In addition to his surgical expertise, Dr. Kumar has a strong background in sports medicine. He has served as a liaison doctor for the Mumbai Indians IPL team, overseeing the care of cricket legends Sachin Tendulkar and Andrew Symonds. His experience extends to being a consultant for the Rugby Football League in the UK, sports physician during the Manchester Commonwealth Games, and team physician for the British Judo Masters Championships.

Dr. Kumar's accolades include being featured in Forbes India as a leader in healthcare in 2021 and receiving multiple awards for his contributions to sports medicine, including the International Healthcare

Award in 2016. His published research addresses various orthopedic issues, and he holds memberships in several notable professional organizations, including the Telangana Orthopedic Surgeons Association and the Indian Federation of Sports Medicine.

Fluent in English, Hindi, and Telugu, Dr. Kumar combines his exceptional surgical skills with a commitment to advancing the field of orthopedics, making him a sought-after specialist in his domain.

## **Experience**

- Orthopedic and sports medicine consultant in Apollo Health City, is acclaimed for his expertise in sports surgery and joint replacement surgery
- He is first orthopedic surgeon from India to become a fellow of faculty of sports & exercise medicine, Ireland [FFSEM]
- First orthopedic surgeon in Apollo Hospitals across India to perform arthroscopy of knee, shoulder, ankle, elbow and hip joints.
- First orthopedic surgeon from South India to perform day care minimally invasive total hip replacement
- First orthopedic surgeon in India to perform direct anterior minimally invasive bilateral total hip replacement for completely fused hip joints.
- Served as liaison doctor for Mumbai Indians IPL team and took care of Sachin Tendulkar and Andrew Symonds in Apollo Hospital, Secunderabad.
- Served as consultant for Rugby Football League, UK, sports doctor during Manchester Commonwealth Games and as team physician for British Judo Masters Championships.

### **Procedures performed**

- Sports Surgery-Knee
- Combined arthroscopic ACL and PCL reconstruction.
- Arthroscopic Anterior Cruciate Ligament reconstruction
- [Hamstring Graft, Patellar tendon] All inside, Minimally Invasive ACL reconstruction and revision ACL reconstruction
- Arthroscopic PCL reconstruction
- Cartilage Surgery [BMAC and REGROW]
- Meniscal Repair[All inside, Inside-out outside-in]
- Fixation of avulsed posterior cruciate ligament
- Sports surgery - Shoulder
- Arthroscopic Bankart repair
- Arthroscopic rotator cuff repair

- Arthroscopic sub-acromial decompression
- Arthroscopy of ankle, hip and elbow
- Extra-articular arthroscopy [release of tensor fascia lata, Excision of Calcanial exostosis]
- Regenerative Medicine - Orthobiologics
- Platelet Rich Plasma [PRP] injections
- Bone marrow Aspirate Concentrate[BMAC] for Avascular Necrosis and Bone infarcts
- Regrow[ Cartilage and Bone culture tissue]
- Joint Replacement Surgery
- Total Knee Replacement [Primary and Revision]
- Total Hip Replacement[ Primary and Revision]

## Membership

- Telangana Orthopedic Surgeons Association
- International Cartilage Regenerative and Joint Preservation Society
- Hip and knee surgeons society of India
- Indian association of sports medicine
- Indian federation of sports medicine
- Asian federation of sports medicine

## Research and Publication

- Elbow pain - Badminton
- Medicine and science in sports and exercise vol 45 number 5 May 2013
- [Official Journal of the American College of Sports Medicine]
- Painful leg with swelling in a keen runner.
- Medicine and science in sports and exercise Vol 37, Number 5 May 2005
- [Official Journal of the American College of Sports Medicine]
- Tennis Elbow - in Sports Exercise and Injury[ The official journal of the European Federation of orthopedic sport traumatology. [1997]3 102-107
- Un-instrumental spinal fusion:
- Dissertation for MCh[Ortho] submitted to Aberdeen University, Aberdeen, Scotland. Conducted research work involving 110 patients who had undergone un-instrumental spinal fusion for low back pain. Conducted retrospective critical analysis of the solid fusion, pseudoarthrosis and clinical outcome

# Frequently Asked Questions

## 1. Where does Dr. P Sharat Kumar practice?

Dr. P Sharat Kumar currently practices at Apollo Health City Jubilee Hills, located in Hyderabad.

## 2. Who is Dr. P Sharat Kumar?

Dr. P Sharat Kumar is a highly experienced Orthopaedician with 31 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Pelvis Fracture Treatment Management, Sports Injury Treatment Management. He also treats conditions such as Brain Injury, Brain Infection.

## 3. Why do patients choose Dr. P Sharat Kumar?

Patients trust Dr. P Sharat Kumar for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

## 4. What is Dr. P Sharat Kumar's specialization?

Dr. P Sharat Kumar specializes in Orthopaedics, with expertise in treatments for Pelvis Fracture Treatment Management, Sports Injury Treatment Management.

## 5. What are Dr. P Sharat Kumar's medical qualifications?

Dr. P Sharat Kumar holds prestigious qualifications, including MBBS MS [ortho] MCh[ortho] UK, Dip SEM GB&I, MFSEM[UK] FFSEM[I].

## 6. How many years of experience does Dr. P Sharat Kumar have?

Dr. P Sharat Kumar has 31 years of experience in the medical field, treating various conditions related to Orthopaedics.

## 7. How can I book an appointment with Dr. P Sharat Kumar?

You can book an appointment with Dr. P Sharat Kumar through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.