



Dr Narayanan N K

MRCP (Internal Medicine, UK), SCE (Diabetology & Endocrinology, UK), MRCP (Diabetology & Endocrinology, UK), CCT(UK). 16+ Years Experience

Dr Narayanan N K is a top Endocrinologist in Chennai at Apollo Hospitals Greams Road Chennai, Apollo Firstmed Hospital . Book appointment online with Dr Narayanan N K at Ask Apollo.

Hospitals

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Overview

Dr. Narayanan N K is a distinguished endocrinologist based in Chennai, Tamil Nadu, with an extensive experience of 16 years in the field. As an expert in endocrinology, Dr. Narayanan specializes in diagnosing and treating hormonal disorders, including diabetes, thyroid issues, and metabolic conditions. His qualifications are impressive; he holds multiple esteemed certifications, including MRCP in Internal Medicine and Diabetology & Endocrinology, as well as a CCT. Furthermore, Dr. Narayanan has served as a Former Research Associate at the prestigious Cambridge University and currently holds the position of Adjunct Professor at MGR Medical University in Tamil Nadu, contributing to the education of future medical professionals.

Dr. Narayanan is fluent in several languages, including English, Hindi, and Tamil, allowing him to communicate effectively with a diverse range of patients. His commitment to patient care and continuous learning in the rapidly evolving field of endocrinology has earned him a respected reputation among his peers and patients alike. As part of Apollo Hospitals, he brings not only expertise but also a comprehensive approach to endocrine health, providing personalized treatment plans that cater to the unique needs of each individual.

When you visit Dr. Narayanan N K, you can expect compassionate care, thorough evaluations, and a partnership in your health journey. His dedication to his patients' well-being and his vast knowledge make him a trusted choice for anyone seeking endocrinological care in Chennai.

Experience

- Working in Apollo Hospitals since last Assignment

Membership

Memberships:

- Member, Indian Medical Council
- Member, Royal College of Physicians, UK
- Member, Endocrine Society USA
- Indian Society for Pediatric & Adolescent Endocrinology (ISPAE)

Awards

- Non-invasive lateralization technique in primary hyperaldosteronism – 1st February 2012 – Best abstract award, East Anglian Society for Endocrinology, UK
- Familial adrenocortical carcinoma in association with HNPCC – Best poster prize in clinical posters category, British Endocrine Society (BES) conference 2011 (an international conference attended by thousands of delegates from all over the world)
- Life threatening metabolic alkalosis in Pendred syndrome – 7th October 2009, Best abstract award, East Anglian Society for Endocrinology, UK
- Familial adrenocortical carcinoma associated with HNPCC – 2nd February 2011, Best abstract award, East Anglian Society for Endocrinology, UK

Research and Publication

- Books : Wrote the Diabetes & Metabolism chapter in the book titled "Lecture notes for Cambridge medical students"
- Guidelines : Formulated the East Anglia Regional guidelines for the management of pituitary tumours

Journal articles:

- Challis B, Narayanan Kandasamy, Powlson AS, et al (june 2016) – Familial adrenocortical carcinoma in association with Lynch syndrome, *J Clin Endocrinol Metab.* 2016 Jun;101(6):2269-72.
- Narayanan Kandasamy, B Hardy, L Page, et al (March 2014) – Cortisol shifts financial risk preferences – *Proceedings of the National Academy of Sciences*, March 4, 2014, vol. 111 no. 9
- AK Annamalai, Narayanan Kandasamy, A Webb, et al (Jan 2013) - A comprehensive study of clinical, biochemical, radiological, vascular, cardiac and sleep parameters in an unselected cohort of patients with acromegaly undergoing pre-surgical somatostatin receptor ligand therapy – *J Clin Endocrinol Metab*
- R Kay, Halsall DJ, AK Annamalai, Narayanan Kandasamy, et al (March 2013) - A novel mass spectrometry based method for determining insulin-like growth factor-1: Assessment in a cohort of subjects with newly diagnosed acromegaly – *Clinical Endocrinology*
- AK Annamalai AK, AS Powlson, Narayanan Kandasamy, K Lodge, J Graggaber, DJ Halsall NM Antoun, HK Cheow, PC Buttery, E George, M Griffiths, SJ Price, JD Pickard, P Sivasothy, M Gurnell - Hypopituitarism, pulmonary infiltration and a spontaneously resolving occipital mass (Aug 2012) – *QJM*, 2012, Aug (E-pub ahead of print)
- Narayanan Kandasamy, G Lennox, AK Annamalai, G Maguire, AI Alder (Jan 2012) Sitagliptin in GAD antibody positive diabetes mellitus – *Endocrine Practice*, 2012 Jan 31:1-9.
- AK Annamalai AK, AF Dean, Narayanan Kandasamy, et al (Nov 2011) - Temozolomide responsiveness in aggressive corticotroph tumours: a case report and review of the literature – *Pituitary*, Nov 2011 [Epub ahead of print]
- Narayanan Kandasamy, M Evans, VK Chatterjee, FE Karet (July 2011) Life-threatening metabolic alkalosis in Pendred syndrome – *Eur J Endo*, 165: 167-170, doi:10.1530/EJE-11-0101
- Narayanan Kandasamy, AK Annamalai, N Antoun, M Gurnell (July 2010) Hypotension, polyuria and a cardiac arrest (Case report) – *The QJM*, July 2010, doi:10.1093/qjmed/hcq106
- A. K. Annamalai, S. Mankia, Narayanan Kandasamy, S. Donald and A. I. Adler (March 2010) Continuous subcutaneous insulin usage in a patient with no gut – *Diabetic medicine*, March 2010, doi: 10.1111/j.1464-5491.2010.02927.x
- S K Mankia, R A Weerakkody, T S Wijesuriya, Narayanan Kandasamy, F Finucane, M Guilfoyle, N Antoun, J D Pickard, M Gurnell (May 2009) Spontaneous cerebrospinal fluid rhinorrhoea as the presenting feature of an invasive macroadenoma – *British Medical Journal Case Reports*, May 2009, doi:10.1136/bcr.12.2008.1383
- Narayanan Kandasamy, F Joseph, N Goenka (May 2008) The role of Omega 3 Fatty acids in Cardiovascular disease, hypertriglyceridaemia and diabetes Mellitus – *The British Journal of Diabetes and Vascular Disease*, 8(3): 121- 126

Frequently Asked Questions

1. Where does Dr. Narayanan N K practice?

Dr. Narayanan N K currently practices at Apollo Hospitals Greams Road, located in Chennai.

2. Who is Dr. Narayanan N K?

Dr. Narayanan N K is a highly experienced Endocrinologist with 16 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments.

3. Why do patients choose Dr. Narayanan N K?

Patients trust Dr. Narayanan N K for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Narayanan N K's specialization?

Dr. Narayanan N K specializes in Endocrinology, with expertise in Acute Diarrhea Treatment, Type 1 Diabetes Treatment.

5. What are Dr. Narayanan N K's medical qualifications?

Dr. Narayanan N K holds prestigious qualifications, including MRCP (Internal Medicine, UK), SCE (Diabetology & Endocrinology, UK), MRCP (Diabetology & Endocrinology, UK), CCT(UK)..

6. How many years of experience does Dr. Narayanan N K have?

Dr. Narayanan N K has 16 years of experience in the medical field, treating various conditions related to Endocrinology.

7. How can I book an appointment with Dr. Narayanan N K?

You can book an appointment with Dr. Narayanan N K through: Online: Visit [\[https://www.apollohospitals.com/book-doctor-appointment/\]\(https://www.apollohospitals.com/book-doctor-appointment/\)](https://www.apollohospitals.com/book-doctor-appointment/) to schedule an appointment.