



## Dr Monica Chib

MBBS, MD (Psychiatry) 42+ Years Experience

Dr Monica Chib is a top Psychiatrist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Monica Chib at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
09:00-17:00

Phone Icon  
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Calendar Icon  
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## Overview

Dr. Monica Chib is a highly experienced psychiatrist based in South Delhi, with an impressive 42 years of dedicated practice in the field of mental health. Holding an MBBS and an MD in Psychiatry, she is well-equipped with the knowledge and skills necessary to address a wide range of psychological concerns. Dr. Chib is committed to providing compassionate and comprehensive care to her patients, helping them navigate the complexities of mental health issues with empathy and understanding. Fluent in multiple languages including English, Hindi, Urdu, and Punjabi, she ensures effective communication with a diverse patient base, making her services accessible to many. As a female psychiatrist, Dr. Chib also brings a unique perspective and sensitivity to her practice, fostering a safe and supportive environment for her patients. Her affiliation with Apollo Hospitals, a renowned healthcare institution, further underscores her commitment to delivering high-quality medical care. Dr. Chib's extensive experience, compassionate approach, and multilingual capabilities make her a sought-after psychiatrist in the region, dedicated to improving mental wellness and enhancing the quality of life for her patients.

## Membership

- Indian Psychiatry Society
- Indian Association of Private Psychiatrists
- Indian Menopause Society

## Awards

- 1) State Treasurer, Tamil Nadu orthopedic Association
- 2) Joint secretary, Madras Orthopedic Society
- 3) Associate Editor, Tamil Nadu Orthopedic Association

## Frequently Asked Questions

### 1. Where does Dr. Monica Chib practice?

Dr. Monica Chib is affiliated Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Monica Chib?

Dr Monica Chib is a renowned Psychiatrist with over 42 years of experience. She practices in Delhi at Apollo Hospitals Delhi. Dr Monica Chib holds a degree in MBBS, MD (Psychiatry). She provides treatments including Psychotherapy, Medication Management, Electroconvulsive Therapy (ECT). She specializes in treating conditions like Schizophrenia, Bipolar Disorder, Anxiety Disorders.

### 3. Why do patients visit Dr. Monica Chib?

Dr. Monica Chib is frequently consulted for expertise in Psicopediatria, Alzheimer's Disease, Psychoanalysis, and Suicide. For a comprehensive overview of her areas of specialization, please refer to her professional profile.

### 4. What is Dr. Monica Chib's specialization?

Dr Monica Chib specializes in Psychiatry. She has expertise in treating conditions such as Schizophrenia, Bipolar Disorder, Anxiety Disorders. Her key treatments include Psychotherapy, Medication Management, Electroconvulsive Therapy (ECT).

### 5. What are Dr. Monica Chib's medical qualifications?

Dr Monica Chib holds MBBS, MD (Psychiatry), reflecting her comprehensive education in the field of Psychiatry.

## **6. How many years of experience does Dr. Monica Chib have?**

Dr. Monica Chib possesses 42 years of experience in the medical field.

## **7. Who is a Psychiatrist?**

A psychiatrist is a medical doctor specializing in mental health. They diagnose and treat a wide range of mental illnesses, including anxiety, depression, psychosis, substance abuse disorders, and developmental disorders. Psychiatrists provide care for emotional and addictive disorders, focusing on prevention and treatment.

## **8. What is the difference between a Psychiatrist and a Psychologist?**

Psychiatrists and psychologists are healthcare professionals providing distinct mental health services. Psychologists hold doctoral degrees (Ph.D. or PsyD) in clinical psychology, focusing on therapy and counseling. Psychiatrists are medical doctors (MDs) specializing in diagnosing, treating, and preventing mental illnesses, and can prescribe medication.

## **9. When should I consult a psychiatrist?**

Psychiatrists treat mental, emotional, and behavioral health issues. Consult a psychiatrist for mental disorders such as anxiety, depression, schizophrenia, bipolar disorder, or significant unexplained behavioral changes. Psychiatric care is also necessary for mental or emotional problems stemming from substance abuse.