



## Dr M N Sehar

MBBS, MS, Dip.Orth, FRCS, FRCS Orth (UK) 28+ Years Experience

Dr M N Sehar is a top Orthopedician in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr M N Sehar at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
10:00-17:00

Phone Icon  
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Calendar Icon  
Book Appointment

## Overview

Dr. M N Sehar is an esteemed Orthopaedician based in Delhi, with an impressive experience of 28 years in the field of orthopaedics. He is revered for his dedication to improving patient outcomes through surgical and non-surgical treatment options for musculoskeletal conditions. Dr. Sehar holds multiple qualifications, including MBBS, MS, Dip.Orth, FRCS, and FRCS Orth, showcasing his extensive training and expertise. As a male practitioner, he is known to have a compassionate approach towards patient care, ensuring that every individual receives personalized treatment plans tailored to their unique needs.

Operating primarily within the Apollo healthcare system, Dr. Sehar brings a wealth of knowledge to his practice, utilizing the latest techniques and advancements in orthopaedic medicine. Patients commend him for his ability to clearly communicate complex medical information in English, making him accessible to a broad demographic. He specializes in various facets of orthopaedics, with keen interests in joint replacements, sports injuries, and trauma care.

Dr. Sehar remains committed to continuous learning and professional development, keeping abreast of evolving technologies in orthopaedics to provide his patients with the best possible care. With a strong focus on patient safety and recovery, he aims to return his patients to their desired activity levels swiftly and effectively. Choosing Dr. M N Sehar means opting for an experienced and caring orthopaedic

specialist who prioritizes your health and well-being.

## Experience

- A Specialist Trainee in Wales training programme for 6 years approved by Royal College of Surgeons.
- Working in Apollo Hospitals since last Assignment

## Membership

- Member of British Orthopaedic Association.
- Member of Delhi Medical Council and Indian Medical Council

## Awards

- Passed examinations of Royal College of Surgeons of Edinburgh, Intercollegiate Specialty Board, and Cardiff University UK in first attempts.

## Research and Publication

- Three publications on arthroscopic reconstruction of Anterior cruciate ligament using patellar tendon grafts.
- Other two publications in general orthopaedics in leading journals. All these works done in UK.

## Frequently Asked Questions

### 1. Where does Dr. M N Sehar practice?

Dr. M N Sehar's medical practice is located at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. M N Sehar?

Dr M N Sehar is a renowned Orthopaedic Surgeon with over 28 years of experience. He practices in Delhi at Apollo Hospitals Delhi. Dr M N Sehar holds a degree in MBBS, MS, Dip.Orth, FRCS, FRCS Orth (UK). He provides treatments including Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints. He specializes in treating conditions like Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation.

### **3. Why do patients choose Dr. M N Sehar?**

Patients seek Dr. M N Sehar's expertise for diabetic foot check-ups, foot assessments, and orthopedic physical therapy. For a comprehensive overview of Dr. Sehar's services, please refer to relevant hospital resources.

### **4. What is Dr. M N Sehar's specialization?**

Dr M N Sehar specializes in Orthopaedics. He has expertise in treating conditions such as Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation. His key treatments include Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints.

### **5. What are Dr. M N Sehar's medical qualifications?**

Dr M N Sehar holds MBBS, MS, Dip.Orth, FRCS, FRCS Orth (UK), reflecting his comprehensive education in the field of Orthopaedics.

### **6. How many years of experience does Dr. M N Sehar have?**

Dr. M N Sehar has 43 years of experience in orthopedics.

### **7. Who is an Orthopaedist?**

An orthopedist is a physician specializing in the diagnosis and treatment of musculoskeletal disorders. This includes conditions affecting bones, muscles, joints, and ligaments. They treat a wide range of issues such as arthritis, back pain, sports injuries, and leg and foot problems.

### **8. What is the difference between an Orthopaedist and an Orthopaedic Surgeon?**

While often used interchangeably, orthopaedists and orthopaedic surgeons have distinct roles. Orthopaedists manage musculoskeletal system conditions, offering pre- and post-surgical care. Orthopaedic surgeons provide the same care but additionally perform surgeries for conditions such as back pain, disc ruptures, bone tumors, carpal tunnel syndrome, and arthritis.

### **9. Does an Orthopedist treat foot and ankle problems?**

Yes, orthopedists specialize in musculoskeletal health, including foot and ankle conditions. They treat various foot and ankle issues such as bunions, sprains, arthritis, and sports injuries. Diagnosis often involves imaging, and treatment plans vary based on the condition's severity. Foot and ankle surgery is also performed by orthopedists.

## 10. Do I need a doctor referral to see an Orthopedic Specialist?

Appointments with orthopedic specialists can be booked directly. Consultations typically occur at the specialist's clinic or a healthcare facility. While a referral from a general physician following a preliminary musculoskeletal system evaluation might be common, it's not always required for an orthopedic consultation.