



## Dr Kuldeep Singh

MBBS, MS (surgery), MCh (plastic surgery) 31+ Years Experience

Dr Kuldeep Singh is a top Plastic Surgeon in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Kuldeep Singh at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi ,

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## Overview

Dr. Kuldeep Singh is a highly esteemed Plastic Surgeon based in South Delhi, with over 31 years of extensive experience in the field of plastic and reconstructive surgery. He holds a robust academic background, having earned his MBBS, followed by an MS in Surgery, and a prestigious MCh in Plastic Surgery. Dr. Singh has dedicated his career to transforming the lives of his patients through both aesthetic and reconstructive surgical procedures. His commitment to excellence and patient care is evident in the numerous successful surgeries he has performed, enhancing not just appearances but also confidence and quality of life for many individuals. Proficient in English and Hindi, he is well-equipped to communicate effectively with a diverse patient base, ensuring that their needs and concerns are thoroughly addressed. Dr. Singh practices at Apollo Hospitals, a name synonymous with quality healthcare, where he utilizes cutting-edge techniques and state-of-the-art facilities. His dedication to his craft has not gone unnoticed in the medical community, allowing him to build a reputation as a trusted and skilled plastic surgeon. Patients seeking expert advice, innovative solutions, or aesthetically pleasing results often seek his expertise. Dr. Kuldeep Singh is not just a surgeon but a compassionate practitioner who understands the emotional and physical journeys his patients undertake, making him a sought-after figure in the realm of plastic surgery.

# Experience

- Senior Consultant Department of Plastic, Reconstructive & Aesthetic Surgery INDRAPRASTHA APOLLO HOSPITALS, NEW DELHI, INDIA
- Associate Professor (Officiating)-Jan1995 to Nov 1995
- Assistant Professor- Jan1990 to Dec1994
- Jan 1990- Nov 1995 Kasturba Medical College, Manipal , Karnataka

# Membership

## Professional memberships

- Member of Association of Plastic Surgeons of India
- Member of Indian Association of Aesthetic Plastic Surgeons
- Member of International Society of Aesthetic Plastic Surgery
- Member of International Society of Burn Injuries
- Member of National Academy of Burns – India
- Member Cosmetic Dermatology Society of India

# Awards

- National Scholarship, National Science Talent Scholarship, National Science Extempore talk award(3rs, W.B)

# Research and Publication

## Publications in Scientific Journals

- Govila, A. and Singh, K.: Microsurgery- A Mess. Plast. Reconstr. Surg. 86(2): 381-382,1991.
- Prasanna, M., Prasanna, A. and Singh, K.: Background infusion with Patient Controlled Analgesia (PAA) in Acute Burns-A Preliminary Report. IND PAIN 5(2): 62-66,1991.
- Prasanna, M. and Singh, K.: Early burn wound excision and skin cover. Ind.J of Burns.2 (1): 1-5,1994.
- Prasanna, M., Singh, K. and Kumar, P.: Early tangential excision and skin grafting as a routine method of burn wound management- an experience from a developing country. BURNS. 20(5):446-450.
- Kumar, P., Kumar, B. and Singh, K.: A constriction ring of the thigh secondary to a rubber band. Plast. Reconstr. Surg.95 (1): 209,1995.

- Prasanna, M., Singh, K. and Nagesh, S.A.: Role of immunological monitoring in burns patients. Ind. J. Plast. Surg. 27(2): 82-85, 1994.
- Abstract of "Early tangential excision and skin grafting ---- from a developing country from BURNS. In Ind. J. Plast. Surg. 27(2): 114, 1994.
- Singh, K. and Prasanna, M.: Tangential excision and skin grafting for Ash burns of the foot in children – A preliminary report. J. Trauma. 39(3), 560-562, 1995.
- Prasanna, M. and Singh, K.: Early burn wound excision and skin grafting in major burns with pregnancy – A preliminary report. BURNS. 22(3): 234-237, 1996.
- Laser depilation in Indian patients with endocrine problems . Australia & New Zealand Journal of Plastic Surgery. 2003
- Article 9. Cited in –
- a) Article: Der diabetische Fuß — plastisch-chirurgische Aspekte S. Spendel, M. V. Schintler, B. Hellbom, S. Siegl, K. Thiesenhausen, E. Scharnagl Acta Chirurgica Austriaca. 33(3).
- b) Article: Full-thickness foot burn of a pilgrim to Mecca.M Fried, S Kahanovitz, R Dagan Burns 01/1997; 22(8):644-5. •
- c) Article: Deep sole burns in several participants in a traditional festival of the firewalking ceremony in Kee-lung, Taiwan-Clinical experiences and prevention strategies.
- Shun-Cheng Chang, Chih-Kang Hsu, Yuan-Sheng Tzeng, Shou-Cheng Teng, Ju-Peng Fu, Niann-Tzyy Dai, Shyi-Gen Chen, Tim-Mo Chen, Chun-Che Feng Burns: journal of the International Society for Burn Injuries 11/2011; 38(7):1079-83. •
- Recent Advances in Hyperbaric Oxygen Therapy. Tarun Sahni, S. Hukku, Madhur Jain, Arun Prasad, Rajendra Prasad, Kuldeep Singh . MEDICINE UPDATE, Volume 14, 2004 , The Association of Physicians of India
- Hyperbaric Oxygen Therapy: Evidence based role in diabetic foot . Madhur Jain, Dhiraj Saxena, Kuldeep Singh, Arun Prasad, et. al. Apollo Medicine 06/2006;3(2):235-243
- Infection control in Burns, Plastic & Cosmetic Surgery Clinics. Kuldeep Singh. Journal of Patient Safety & Infection Control. 01/2013, 1(1):6-10.
- Cosmetic Surgery in teenagers- to do or not to do. Kuldeep Singh. J Cutan Aesthet Surg 2015;8:57-9.
- Suturing for Dermatologists. Chapter in book . Complications in Cosmetic Dermatology. Crafting Cures. Ed. Dr Ganesh S.Pai. Jaypee Publishers 2016.
- Two Cases of NK/T Cell Lymphoma Presenting as Chronic Rhinosinusitis .Rajat Thawani, Shishir Seth, Kuldeep Singh, Jayanta Patowary, Mano Bhadauria, Pratap Kishore Das. Indian J Hematol Blood Transfusion. DOI 10.1007/s12288-016-0709-4. Published online 15th July, 2016.
- Nonsurgical facial rejuvenation. Kuldeep Singh. JIMSA. 2006. 19(3), 158-164.

- Lasers in Plastic Surgery.Kuldeep Singh,Sethi,S.S.: JIMSA.2006.19(3),178-186.
- Consensus Recommendations for Treatment Strategies in Indians using Botulinum Toxin and
- Hyaluronic Acid Fillers..Kapoo,KM,Chatrath,V,Anand,C, Shetty,R,Chhabra,C,Singh,K et al. Dec 2017.PRS Global Open2017,5:e1574.
- Commentary to “Could serum cytokines serve as predictors in outcome of thermal burn injuries. Kuldeep Singh. Ind.J.Burns,January 2017. DOI: 10.4103/ijb.ijb\_23\_17

## Frequently Asked Questions

### 1. Where does Dr. Kuldeep Singh practice?

Dr. Kuldeep Singh's practice is located at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services and a wide range of medical specialties.

### 2. Who is Dr. Kuldeep Singh?

Dr Kuldeep Singh is a renowned Plastic Surgeon with over 31 years of experience. He practices in Delhi at Apollo Hospitals Delhi. Dr Kuldeep Singh holds a degree in MBBS, MS (surgery), MCh (plastic surgery). He provides treatments including Rejuvenation Therapy. He specializes in treating conditions like Graft Versus Host Disease, Burns Injury Rehabilitation, Aaesthetics.

### 3. What is Dr. Kuldeep Singh's specialization?

Dr Kuldeep Singh specializes in Plastic Surgery. He has expertise in treating conditions such as Graft Versus Host Disease, Burns Injury Rehabilitation, Aaesthetics. His key treatments include Rejuvenation Therapy.

### 4. What are Dr. Kuldeep Singh's medical qualifications?

Dr Kuldeep Singh holds MBBS, MS (surgery), MCh (plastic surgery), reflecting his comprehensive education in the field of Plastic Surgery.

### 5. How many years of experience does Dr. Kuldeep Singh have?

Dr. Kuldeep Singh has 33 years of experience in the medical field. His extensive experience encompasses various medical practices.

### 6. Who is a plastic surgeon?

A plastic surgeon specializes in reconstructive and cosmetic surgery. They use surgical procedures to reshape, remodel, and reduce scarring and disfigurement resulting from birth defects, accidents, injuries, burns, or diseases. Their work aims to improve both appearance and function.

## **7. Can a general surgeon also be a plastic surgeon?**

Plastic surgery requires completion of a general surgical residency. Thus, a general surgeon, after additional specialized training, can practice plastic surgery.

## **8. Does a plastic surgeon only perform cosmetic surgery?**

Yes, a plastic surgeon's primary focus is cosmetic surgery, enhancing the aesthetic appeal of body features. They specialize in procedures to improve appearance.

## **9. Do plastic surgeons receive laser treatment training?**

Yes, plastic surgeons' training includes laser treatments alongside other surgical procedures. These lasers treat various conditions, such as facial and body hair reduction, scar revision, and wart/mole removal.

## **10. Is a dermatologist different from a plastic surgeon?**

Yes, while dermatologists and plastic surgeons share some overlapping procedures, their expertise differs significantly. Dermatologists specialize in medical and cosmetic skin treatments, managing skin conditions with medications. However, they do not typically perform surgeries such as skin grafts, hair transplants, or facial reconstructive procedures. Plastic surgeons, conversely, focus on surgical procedures to enhance or restore appearance. This includes complex surgeries like cleft lip repair and facial sculpting.