



## Dr Karthik Subramaniam

D.M. ENDOCRINOLOGY, M.D MEDICINE, M.B.B.S 40+ Years  
Experience

Dr Karthik Subramaniam is a top Endocrinologist in Cochin at Apollo Adlux Hospital . Book appointment online with Dr Karthik Subramaniam at Ask Apollo.

### Hospitals

Apollo Adlux Hospital ,

Doctor's Working  
Weekdays  
Wed - Fri

Doctor's Working  
Hours  
14:00 - 17:00

Phone Icon  
Call Now

Calendar Icon  
Book Appointment

## Overview

Dr. Subramaniam J R is a highly experienced Diabetologist based in Chennai, Tamil Nadu, with an impressive 40 years of dedicated service in the field of diabetes management. He holds an MD qualification and is affiliated with Apollo Hospitals, a premier healthcare institution. Dr. Subramaniam's extensive knowledge and expertise make him a trusted professional for patients seeking comprehensive care for diabetes-related issues.

Fluent in English, Hindi, and Tamil, he effectively communicates with a diverse patient population, ensuring that each individual receives personalized attention and treatment tailored to their unique needs. His commitment to patient care is reflected in his holistic approach to managing diabetes, which encompasses lifestyle modifications, dietary advice, and medication management.

In recognition of his contributions to the field, Dr. Subramaniam was awarded Observer Status in New Castle upon Tyne, UK, in 1993, showcasing his dedication to staying updated with international standards and practices in diabetes care.

Whether you are newly diagnosed or seeking to manage existing conditions, Dr. Subramaniam J R is dedicated to empowering his patients through education and support, enabling them to lead healthier, more fulfilling lives. His extensive experience and caring approach make him an invaluable resource for

anyone navigating the complexities of diabetes.

## Experience

- 2 YRS AS CONSULTANT PHYSICIAN
- 2 YRS AS CONSULTANT ENDOCRINOLOGY

## Membership

- Endocrine Society
- Endocrine Society of India
- ISPAE
- PACE
- ISBMR

## Research and Publication

- Won the poster presentation during ESICON 2017
- Posters presented in ISPAD (International Society for Pediatric and Adolescent Diabetes) 2018 conference
- 2 research articles (in Gynecological Endocrinology & Fertility and Sterility) and 2 case reports (Journal of Post Graduate Medicine) as first author – published
- Reviewer in few journals (Endocrine connections, JPGM)

## Frequently Asked Questions

### 1. Where does Dr. Karthik Subramaniam practice?

Dr. Karthik Subramaniam currently practices at Apollo Adlux Hospital, located in Cochin.

### 2. Who is Dr. Karthik Subramaniam?

Dr. Karthik Subramaniam is a highly experienced Endocrinologist with 40 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. He areas

of expertise include Complete Heart And Diabetes Treatment. He also treats conditions such as Diabetes Renal Failure, Sugar Level.

### **3. Why do patients choose Dr. Karthik Subramaniam?**

Patients trust Dr. Karthik Subramaniam for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **4. What is Dr. Karthik Subramaniam's specialization?**

Dr. Karthik Subramaniam specializes in Endocrinology, with expertise in treatments for Complete Heart And Diabetes Treatment.

### **5. What are Dr. Karthik Subramaniam's medical qualifications?**

Dr. Karthik Subramaniam holds prestigious qualifications, including D.M. ENDOCRINOLOGY, M.D MEDICINE, M.B.B.S.

### **6. How many years of experience does Dr. Karthik Subramaniam have?**

Dr. Karthik Subramaniam has 40 years of experience in the medical field, treating various conditions related to Endocrinology.

### **7. How can I book an appointment with Dr. Karthik Subramaniam?**

You can book an appointment with Dr. Karthik Subramaniam through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.