



## Dr I P S Kochar

MBBS, MD, MAMS, MRCPH 16+ Years Experience

Dr I P S Kochar is a top Paediatric Endocrinologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr I P S Kochar at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon - Fri

Doctor's Working  
Hours  
16:45 -17:15

Phone Icon  
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Calendar Icon  
Book Appointment

## Overview

Dr. I P S Kochar is a highly experienced Paediatric Endocrinologist based in South Delhi, with an impressive 16 years of experience in the field. He is dedicated to the health and well-being of children, particularly in diagnosing and treating disorders related to hormones and growth. Dr. Kochar holds multiple qualifications including MBBS, MD, MAMS, and MRCPH, showcasing his extensive medical expertise and commitment to his profession. He is well-regarded among his peers and patients alike for his approachable nature and in-depth knowledge of paediatric endocrinology.

Fluent in English, Hindi, and Punjabi, Dr. Kochar effectively communicates with a diverse patient population, ensuring that families feel comfortable and informed during consultations. As a member of the Apollo Hospitals network, he has access to state-of-the-art medical facilities and the latest advancements in paediatric care. This allows him to provide top-quality treatment tailored to the unique needs of each young patient.

Dr. Kochar is passionate about empowering families with education and resources, helping them navigate the complexities of hormonal disorders in children. His commitment to continuous learning and professional development makes him a trusted provider in the field of paediatric endocrinology. Whether it's managing conditions such as diabetes, growth delays, or thyroid disorders, patients can rely on Dr. I P

S Kochar for compassionate care and expert advice.

## Experience

- Present working as Senior Consultant Paediatric & Adolescent Endocrinologist (Growth disorders ,Diabetes,Thyroid,Obesity,General Endocrine problems) at Apollo Hospital Where he has set up Pediatric Endocrine Department and Programmed Investigation Unit.
- Has Got 16 year Experience in the field of Paediatric & Adolescent Endocrinology, Started Paediatric Endocrine Department in Various Hospital in UAE.
- Worked in institutions in UK.
- Worked in Great Ormond Street Hospital one of the best child centre in World.

## Membership

- Paediatric Endocrinology from great Ormond Street Hospital (Gosh) ((London)
- Member of the American Endocrine society
- Member of the European Endocrine Society
- Member of the Asian pacific endocrine society
- Member of the ISPAE
- Member of the General secretary of GHRS of India,Indian thyroid society
- Member of the Endocrine society of India
- Member of the Indian bone mineral and research society
- Member of the IAP central ,IAP Delhi
- President of IAP Noida

## Awards

- Got 6 Gold Medals in MBBS (Andhra Medical College, Vizag) 1994 to 1999.
- Jagannadham Medal in 3rd MBBS
- Hanumantha Rao Medal in 2nd MBBS
- CRRM Reddy Medal in 2nd MBBS
- Tatachari Medal in Pathology
- Madhava Rao Medal in Forensic Medicine

- Medal in Pharmacology
- 11 Full paper publications in International Peer review Journals
- 17 Abstract publications in International Peer review Journals
- 23 Oral presentations in National/ International Meetings
- 19 Poster presentations in National/International Meetings
- 18 Completed Audit projects
- Involved in 2 RCTs( Randomised Controlled Trials)
- 55 Completed National/ International Courses
- 5 ongoing Full papers to be sent for publication in the International Peer review Journals
- 4 ongoing Audit projects
- Reviewer of 4 Top Indian Peer Review Journal

### **EXCEPTIONAL ACHIEVEMENTS IN THE PRESENT CONSULTANT APPOINTMENT**

- First Orthopaedic Surgeon in Andhra Pradesh to do bilateral therapeutic hip arthroscopy for Hip osteoarthritis secondary juvenile onset SPA, February 2022
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic ankle arthroscopy for tuberculosis, November 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do arthroscopic reduction of locked posterior dislocation of shoulder and reverse remplissage with MGHL, September 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic talonavicular and calcaneocuboid arthroscopy for degenerative arthritis, July 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic wrist arthroscopic TFCC repair for chronic TFCC tear, June 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do ankle Internal brace Ligament augmentation for chronic ATFL tear, April 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic hip arthroscopic debridement, synovectomy& removal of loose articular fragment for femoral head fracture, March 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic ankle arthroscopic debridement, synovectomy and autologous stem cell implantation for symptomatic ankle arthritis, March 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic ankle arthroscopic ACIC Autologous collagen induced chondrogenesis for talar osteochondral lesion, February 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic subtalar arthroscopic arthrodesis with sinus tarsi ALAPSTA technique for severe symptomatic osteoarthritis, January 2021
- First Orthopaedic Surgeon in Andhra Pradesh to do elbow ulnar collateral ligament reconstruction with Internal brace Ligament augmentation for chronic UCL rupture, December 2020

- First Orthopaedic Surgeon in Visakhapatnam and second in the state to do Zimmer Biomet shoulder hemiarthroplasty for chronic fracture dislocation, June 2020
- First Orthopaedic Surgeon in Andhra Pradesh to do therapeutic bilateral hip arthroscopy for bilateral femoral head AVN, March 2020

## Research and Publication

- Has got many publications to his name in National and International journals.

## Frequently Asked Questions

### 1. Where does Dr. I P S Kochar practice?

Dr. I P S Kochar is a practicing physician at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. I P S Kochar?

Dr I P S Kochar is a renowned Paediatric Endocrinologist with over 16 years of experience. He practices in Delhi at Apollo Hospitals Delhi. Dr I P S Kochar holds a degree in MBBS, MD, MAMS, MRCPH. He provides treatments including Hormone Replacement Therapy, Insulin Therapy, Growth Hormone Therapy. He specializes in treating conditions like Growth Hormone Deficiency, Precocious Puberty, Congenital Hypothyroidism.

### 3. Why do patients choose Dr. I P S Kochar?

Patients seek Dr. I P S Kochar's expertise for treatments related to Insulin, PCOD/PCOS, and Type 1 Diabetes. For a comprehensive understanding of his services, please refer to his detailed profile.

### 4. What is Dr. I P S Kochar's specialization?

Dr I P S Kochar specializes in Paediatric Endocrinology. He has expertise in treating conditions such as Growth Hormone Deficiency, Precocious Puberty, Congenital Hypothyroidism. His key treatments include Hormone Replacement Therapy, Insulin Therapy, Growth Hormone Therapy.

### 5. What are Dr. I P S Kochar's medical qualifications?

Dr I P S Kochar holds MBBS, MD, MAMS, MRCPH, reflecting his comprehensive education in the field of Paediatric Endocrinology.

## **6. How many years of experience does Dr. I P S Kochar have?**

Dr. I P S Kochar possesses 39 years of experience in the medical field. His extensive career includes various medical practices.

## **7. Who is a Pediatrician?**

A pediatrician, also known as a child specialist, is a medical doctor specializing in children's healthcare. They are trained to address the physical, behavioral, and mental health needs of children, treating illnesses ranging from minor ailments to complex medical conditions. Pediatric care begins at birth.

## **8. What age range of children do Paediatricians treat?**

Apollo Hospitals' pediatricians provide care for children from birth through age 18. Infants (0-2 years) may require frequent checkups, while children aged 2-5 typically need annual wellness visits. Annual checkups continue until the age of 18.

## **9. Can a Pediatrician Perform Surgery?**

Pediatricians focus on children's physical and mental health. While some pediatricians, with specialized surgical training, may perform surgeries, pediatric surgeons are specialists in surgical procedures for children, ranging from minor (e.g., foreign body removal) to major (e.g., cardiac) operations. Pediatricians primarily provide non-surgical evaluation and treatment.

## **10. What does a pediatrician do?**

Pediatricians provide comprehensive healthcare for children, encompassing routine checkups and addressing various health issues. Their expertise includes administering vaccines, treating injuries (such as dislocations), removing foreign objects, managing newborn conditions, and performing procedures like circumcision and fracture reduction. They focus on the overall well-being and development of children.