



## Dr Girish Chandrasekharan Nair

MBBS, MD (Gen Med), DM (Neurology) 14+ Years Experience

Dr Girish Chandrasekharan Nair is a top Neurologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Girish Chandrasekharan Nair at Ask Apollo.

### Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
10:00-17:00

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## Overview

Dr. Girish Chandrasekharan Nair is a highly experienced Neurologist based in Mumbai, Maharashtra, with over 14 years of dedicated medical practice. He holds an impressive educational background, comprising an MBBS, an MD in General Medicine, and a DM specializing in Neurology. This advanced training equips him with a profound understanding of complex neurological conditions and their management. As a male practitioner in the field, Dr. Nair has earned recognition for his commitment to patient care and his ability to communicate effectively in multiple languages, including English, Gujarati, and Hindi. This linguistic versatility allows him to connect with and treat a diverse patient population.

Dr. Nair currently practices at Apollo Hospitals, where he utilizes cutting-edge medical technologies and treatment methodologies to provide optimal care for his patients. His expertise in Neurology encompasses a wide array of neurological disorders, including but not limited to epilepsy, migraines, and neurodegenerative diseases.

Throughout his career, Dr. Nair has been dedicated not only to treating patients but also to advancing the field of neurology through continuous learning and adaptation to the latest advancements in medical science. He remains at the forefront of neurology, ensuring that his patients receive the most current and effective treatment options available. Known for his compassionate approach, Dr. Nair is committed to

listening to his patientsâ€™ concerns and tailoring treatment plans to fit their individual needs, ultimately enhancing their quality of life.

## Experience

- Observer for a period of one month under Dr. K. Radhakrishnan, Head Dept Neurology, Sree Chitra Thirunal Institute, Trivandrum, India.
- Working as Assistant Professor in Neurology, D Y Patil Medical College, Nerul, Navi Mumbai.
- Working as Neurologist Research Officer with the Indo US cross cultural study on cognitive disorders among the elderly in the city of Mumbai since October 2007
- Assistant Professor in Medicine (Jan 2004-July 2004) Kasturba Medical College, Manipal, India
- Post graduate guide for DNB Neurology Fortis Hospital Mulund

### **Rural Work Experience:**

- Chief Medical Officer, Rural Hospital, Lanja, Ratnagiri, Maharashtra for 9 months
- Basic Medical Training, MBBS T.D. Medical College, Alleppey, Kerala, India Sept 1992 to Aug 1997
- Basic Medical Training, Internship (rural and urban services) T.D. Medical College, Alleppey, Kerala, India Sept 1997 to Sept 1998

## Membership

- American Board of Neurology

## Awards

### **Awards:**

- Gold Medal in Anatomy – First MBBS, University of Kerala
- First Rank in MD General Medicine – Shivaji University
- First Rank in DM Neurology – Mumbai University

### **Presentations / Academic Contributions:**

- Dissertation: Echocardiographic evaluation of left ventricular diastolic dysfunction in hypertension (MD General Medicine, 2004)
- Dissertation: Inpatient profile of CNS infections (DM Neurology, 2007)
- Review Article: Prognosis of Pediatric Epilepsy – Published in Journal of Pediatric Neurosciences, 2008

### **Conferences:**

- Participated in various national and international conferences.

## Research and Publication

- Co authored invited review article on ‘Prognosis of Pediatric Epilepsy’ for Journal of Pediatric Neurosciences June 2008

## Frequently Asked Questions

### 1. Where does Dr. Girish Chandrasekharan Nair practice?

Dr. Girish Chandrasekharan Nair currently practices at Apollo Hospitals Navi Mumbai, located in Mumbai.

### 2. Who is Dr. Girish Chandrasekharan Nair?

Dr. Girish Chandrasekharan Nair is a highly experienced Neurologist with 14 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Advance Parkinson S Disease Treatment, Advanced Epilepsy Treatment. He also treats conditions such as Alexander Disease, Brain Infection.

### 3. Why do patients choose Dr. Girish Chandrasekharan Nair?

Patients trust Dr. Girish Chandrasekharan Nair for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Girish Chandrasekharan Nair's specialization?

Dr. Girish Chandrasekharan Nair specializes in Neurology, with expertise in treatments for Advance Parkinson S Disease Treatment, Advanced Epilepsy Treatment.

### 5. What are Dr. Girish Chandrasekharan Nair's medical qualifications?

Dr. Girish Chandrasekharan Nair holds prestigious qualifications, including MBBS, MD (Gen Med), DM (Neurology).

### 6. How many years of experience does Dr. Girish Chandrasekharan Nair have?

Dr. Girish Chandrasekharan Nair has 14 years of experience in the medical field, treating various conditions related to Neurology.

## 7. How can I book an appointment with Dr. Girish Chandrasekharan Nair?

You can book an appointment with Dr. Girish Chandrasekharan Nair through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.