



## Dr Dharmaraj Yadav

MBBS, MS (orth) 27+ Years Experience

Dr Dharmaraj Yadav is a top Orthopedician in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Dharmaraj Yadav at Ask Apollo.

### Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working  
Weekdays  
Wed

Doctor's Working  
Hours  
16:00 -17:00

Phone Icon  
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## Overview

Dr. Dharmaraj Yadav is a highly skilled Orthopaedician based in Mumbai, Maharashtra, with an impressive 27 years of clinical experience. He holds an MBBS and an MS in Orthopaedics, equipping him with the advanced knowledge and skills necessary to address a wide range of musculoskeletal issues. As a dedicated professional, Dr. Yadav is proficient in both English and Hindi, which allows him to communicate effectively with a diverse patient population.

Dr. Yadav is a proud member of the Bombay Orthopaedic Society (BOS), reflecting his commitment to staying updated with the latest advancements in orthopaedic medicine and continuing education within his field. His clinical practice at Apollo Hospitals, renowned for its quality healthcare services, showcases his focus on providing personalized care tailored to each patient's unique needs.

In his esteemed career, Dr. Dharmaraj Yadav has garnered a reputation for his meticulous approach to diagnosis and treatment, earning the trust of numerous patients seeking relief from chronic pain, injuries, and other orthopaedic conditions. Whether dealing with sports-related injuries or complex reconstructive surgeries, he employs a patient-centered philosophy that prioritizes long-term health outcomes.

Patients can expect a thorough evaluation and a comprehensive treatment plan when they consult with Dr. Yadav. His dedication to excellence in orthopaedics positions him as a leading figure in the field, making

him a reliable choice for anyone seeking orthopaedic care in Mumbai.

## Experience

- Passed out from BYL nair hospital in 1993, worked at hinduja hospital, then 2 years in various hospitals in UK, now in navi mumbai visiting consultant at MGM hospital vashi and apollo hospital belapur, during these years worked on all aspects of orthopaedics, trauma, arthroplasty arthroscopy, spine surgery.

## Membership

- Member of bombay orthopaedic society( BOS)
- Member of Maharashtra orthopaedic association
- Member of trauma society of india

## Awards

- Best Paper Award-Assoc. of Surgeons of India(U.P.Chapter) Allahabad Conference, -- Nov 1985
- A.P.S.I. Best Paper Award: Assoc. of Plastic Surgeons of India, Winter Conf. New Delhi– Dec.1988.
- A.P.S.I. Best Paper Award:: Assoc. of Plastic Surgeons of India, Baroda Conf. – Sept. 1989.

### **Fellowships awarded**

- A.P.S.I. National Training Fellowship for 1994-1995 utilised for training in Microsurgery at C.M.C. Ludhiana.

### **Additional professional activities**

- Former Treasurer - Indian Association of Aesthetic Plastic Surgeons.
- Former Executive member – Delhi Chapter – Association of Plastic Surgeons of India
- Secretary General – 7th Asia Pacific Burns Congress
- rganizing Secretary – IPRAS 2009 (World Congress of Plastic Surgery)

### **Scientific activities 2009 - 2015**

#### **1. Invited lectures :**

- Management of Pigmented & Vascular lesions using YAG Lasers . At AESURG 2010( Annual meeting of the Indian Association of Aesthetic Plastic Surgeons) – April 2010.Port Blair, India

- What facial fillers can do. At AESURG 2010( Annual meeting of the Indian Association of Aesthetic Plastic Surgeons) – April, 2010 .Port Blair, India
- Use of VAC on sternal wounds . WOUNDCARECON . September, 2009
- Safety & Consistency in Primary Excision. Panel discussion on “ Primary Excision in Burns”. NABICON 2010 ( 18th Annual Conference of National Academy of Burns) Jan 2010. Pondicherry
- VAC therapy. INDO-US Emergency Medical Summit. Baroda Oct. 2010
- Lecture on Lasers. LASERCON 2010 . Oct 2010, Lucknow, India
- “Fillers in Facial Rejuvenation” Symposium in Aesthetic Surgery. APSICON2010. Goa.
- Midface Volumisation. Lecture & Demo. AESURG 2011. April 2011 . Poovar, Kerala
- Lecture on volumizing the Midface. INDOMEDICON . May 2011. New Delhi
- Non surgical Rhinoplasty- A convenient option. IMCAS India, Gurgaon. Nov.2011
- Composite approach to scar & keloid prophylaxis. IMCAS India.2011 Nov. Gurgaon
- Collagen remodeling of skin using the Fractional Nonablative Multiplex Laser. IMCAS India . Nov 2011
- Optimizing mid face volumization. IMCAS Shanghai. July 2012
- Multimodality approach to scar management in dark skin. IMCAS Shanghai July 2012
- Nonsurgical Rhinoplasty. AESURG 2012. Kodaikanal, Tamil Nadu
- Pitfalls in Laser Hair removal. IMCAS India. Gurgaon. November, 2011
- Particularly difficult areas to treat- Difficult areas to inject . Toxins. IMCAS Singapore 2013.
- Midface volumetric injection difficulties. IMCAS Singapore 2013
- Correction of facial asymmetry with Botulinum toxin. IMCAS Singapore 2013
- Whats new in Nasolabial fold injection. IMCAS Singapore 2013
- Fillers for acne scarring. IMCAS Singapore 2013
- Midface volumisation: which is better- needle or cannula. IMCAS Goa , 2013
- Nonsurgical Rhinoplasty 2013 updates. IMCAS Goa, 2013
- Naslabial folds- then & now . IMCAS Goa 2013
- Sellulite and Body Shaping treatments in India. IMCAS Goa 2013
- Atypical aesthetic indications of botulinum toxin. IMCAS GOA 2013
- Live demo on fillers. Focus on : nose & midface. IMCAS Goa, 2013
- Tweaking the Smile. Botulinum toxin alone or with HA. Teaching course1. IMCAS Hong Kong 2014
- Selecting the right patient for body contouring & consequences of wrong selection. IMCAS Hongkong.2014
- Difficulties in correction of facial asymmetry. IMCAS Hong Kong 2014.
- Midface Anatomy. Preconference workshop. IMCAS Goa 2014

- Complications of toxin in lower face & neck. IMCAS Goa 2014
- Role of Lasers in Acne scars. IMCAS Goa 2014
- Updates in anatomy on upper face. IMCAS Goa 2014
- Deconstruction of the Midface. IMCAS Congress Paris, 2015
- Master Class “ Difficult cases of Botox in upper, mid & lower Face. IMCAS Congress. Paris 2015
- Expert opinion on UpperFace Anatomy- Session on Live Cadaver Anatomy. IMCAS Bali, July 2015
- Indications for Collagen Remodelling. IMCAS Bali, July 2015
- Lasers for Acne Scarring. IMCAS Bali, July 2015
- Lasers for Acne Scars. What’s the danger? IMCAS Bali, July 2015
- Tweaking the Smile with Toxin alone or in Combination with HA. IMCAS Bali, July 2015
- Master Class on Fillers- 3D Volumization of Face. ISAPS Course Agra India. February, 2016
- Master Class on Botox- Advanced Indications. ISAPS Course Agra India. February, 2016
- Non Surgical Rhinoplasty- Indications & Advantages. AESURG 2016, Kolkata, 30th April- 1st May 2016
- Balancing with Botox- AESURG 2016, Kolkata, 30th April- 1st May 2016
- Changing concepts of Nasolabial folds- AESURG 2016, Kolkata, 30th April- 1st May 2016

**Chaired/ Moderated/ Panelist:**

- Moderator of Panel Discussion on “ Primary Excision in Burns “ NABICON 2010 ( 18th Annual Conference of National Academy of Burns) Jan 2010. Pondicherry .
- Chaird session” Reconstruction in Burns” June 2010. ISBI . World Congress on Burns. Istanbul, Turkey
- Chaird session 8. NABICON 2010 ( 18th Annual Conference of National Academy of Burns) Jan 2010.
- Pondicherry .
- Chaird session at WOUNDCARECON 2009. Sept 2009. New Delhi
- Chaird Session on fat transfer at AESURG2011 at Poovar.
- Chaird Session 26 .Abdominoplasty at IMCAS Shanghai, July 2012
- Chaird session on Face lift in AESURG 2012, Kodaikanal
- Chaird Session on ‘New trends in cellulite& body shaping’ IMCAS 2011 Nov.
- Panelist. Panel on Antiageing. COSDERMINDIA 2013 ( Annual Conf of the Cosmetic Dermatology Society of India)
- Panelist. Panel on Body Contouring . COSDERMINDIA 2013 July,
- Chaird .Difficult areas to inject. Fillers. IMCAS Asia Singapore July 2013
- Chaird Session on Free Papers NABICON Feb, 2014

- Chaired session on Toxins: updates from Anatomy. IMCAS Goa 2013
- Chaired session on Masseter reshaping. IMCAS. Paris 2015
- Chaired Session on Live Demonstration of Fillers. IMCAS Bali, July 2015
- Chaired Session on: Perfect Lips- Asian vs Caucasian. IMCAS Bali, July 2015
- Chaired session on Research & New Technologies. IMCAS Bali, July 2015
- Chaired session on Aesthetic Surgery- Ifs & Buts – AESURG 2016, Kolkata, 30th April- 1st May 2016
- Chaired session on Rhinoplasty- AESURG 2016, Kolkata, 30th April- 1st May 2016

#### **Workshops conducted**

- Multiple workshops on Non Surgical Facial Rejuvenation(including Lasers) at IMCAS India, APSICON, IAAPS, CSI, Safdarjung Hospital, KEM Hospital Mumbai, PGIMER Chandigarh, King George Medical College Lucknow and Apollo Cosmetic Clinics New Delhi

## **Frequently Asked Questions**

### **1. Where does Dr. Dharmaraj Yadav practice?**

Dr. Dharmaraj Yadav's medical practice is located at Apollo Hospitals, Navi Mumbai. He provides healthcare services at this hospital location.

### **2. Who is Dr. Dharmaraj Yadav?**

Dr Dharmaraj Yadav is a renowned Orthopaedic Surgeon with over 27 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Dharmaraj Yadav holds a degree in MBBS, MS (orth). He provides treatments including Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints. He specializes in treating conditions like Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation.

### **3. What is Dr. Dharmaraj Yadav's specialization?**

Dr Dharmaraj Yadav specializes in Orthopaedics. He has expertise in treating conditions such as Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation. His key treatments include Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints.

### **4. What are Dr. Dharmaraj Yadav's medical qualifications?**

Dr Dharmaraj Yadav holds MBBS, MS (orth), reflecting his comprehensive education in the field of Orthopaedics.

## **5. How many years of experience does Dr. Dharmaraj Yadav have?**

Dr. Dharmaraj Yadav possesses 13 years of experience in orthopedics. His professional history details his extensive experience in the field.

## **6. How can I schedule an appointment with Dr. Dharmaraj Yadav?**

You can schedule an in-person appointment with Dr. Dharmaraj Yadav online. Please visit the hospital's website or contact the hospital directly to make your booking.

## **7. Who is an Orthopedist?**

An orthopedist is a medical doctor specializing in diagnosing and treating skeletal system disorders. They manage conditions affecting bones, muscles, joints, and ligaments, including arthritis, back pain, sports injuries, and leg/foot pain. Orthopedic care encompasses a wide range of musculoskeletal health issues.

## **8. What is the difference between an Orthopaedist and an Orthopaedic Surgeon?**

While often used interchangeably, there's a key distinction. Orthopaedists manage musculoskeletal system conditions, offering pre- and post-surgical care. Orthopaedic surgeons provide identical non-surgical care but also perform surgical procedures for conditions such as back pain, disc herniation, bone tumors, carpal tunnel syndrome, and arthritis.

## **9. Do Orthopaedists treat foot and ankle issues?**

Yes, orthopaedists specialize in musculoskeletal conditions, including foot and ankle problems. They treat various conditions such as bunions, ankle sprains, arthritis, and sports injuries. Diagnosis utilizes imaging techniques, and treatment plans vary based on the condition's severity. Orthopaedic care encompasses comprehensive foot and ankle treatment.

## **10. Do I need a doctor referral to see an Orthopedic specialist?**

Appointments with orthopedic specialists can be booked directly. Consultations typically occur at the specialist's clinic or a healthcare facility. While a referral from a general physician following preliminary musculoskeletal system investigations is sometimes provided, it's not always required for an orthopedic consultation.