



# Dr Bhuvaneshwari Shankar

PHD (Nutrition & Dietetics) 40+ Years Experience

Dr Bhuvaneshwari Shankar is a top Dietitian Nutritionists in Chennai at Apollo Hospitals Greams Road Chennai. Book appointment online with Dr Bhuvaneshwari Shankar at Ask Apollo.

## Hospitals

Apollo Hospitals, Greams Road, Chennai ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
14:00 -16:00

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## Overview

Dr Bhuvaneshwari Shankar is a distinguished Nutrition & Dietetics based at Apollo Hospitals Greams Road Chennai. With an impressive 40 years of experience in the medical field, she has dedicated her career to providing exceptional healthcare services to patients. She holds PHD (Nutrition & Dietetics), showcasing her extensive training and commitment to medical excellence. She is proficient in multiple languages, ensuring effective communication with a diverse range of patients.

She is known for her patient-centric approach, emphasizing the importance of understanding each patient's unique needs and medical history. Her expertise encompasses a wide range of conditions related to Nutrition & Dietetics, enabling her to deliver precise diagnoses and treatments. She ensures that patients receive care tailored to their individual health requirements.

In her practice, Dr Bhuvaneshwari Shankar goes beyond treatments by educating patients about their health conditions. This empowers individuals to take active roles in managing their health and making informed decisions. By fostering a supportive and understanding environment, she builds trust and ensures long-term health management strategies for patients.

Dedicated to staying updated with advancements in her field, Dr Bhuvaneshwari Shankar actively collaborates with other healthcare professionals to provide comprehensive care. Her commitment to

improving health outcomes continues to leave a lasting impact on the lives of her patients, solidifying her reputation as a trusted name in Nutrition & Dietetics.

## Experience

- 33 years of experience
- Working in Apollo Hospitals since last Assignment

## Membership

- Indian Dietetic Association
- Nutrition Society of India
- American Society of Parenteral and Enteral Nutrition.
- European Society of Clinical Nutrition

## Awards

- Graduated from Stanley Medical College, residency training at Wayne State University, first place award winner for research project during residency training.

## Research and Publication

### **Authored Manuals and Books:**

- Adult Clinical Nutrition Manual
- Pediatric Clinical Nutrition Manual
- Pocket Book for Dietitians – Best of Basics in Clinical Nutrition
- Pocket Book for Dietitians – Best of Basics in Pediatric Clinical Nutrition
- Pocket Book for Dietitians – Beyond Basics: Transplant Nutrition

### **Publications in Peer-Reviewed Journals and Conference Presentations:**

- Muthusamy V. Ganesan, Rajeev A. Annigeri, Bhuvaneshwari Shankar, Budithi Subba Rao, Kowdle C. Prakash, Rajagopalan Seshadri, Muthukrishna Mani. "The protein equivalent of nitrogen appearance in critically ill acute renal failure patients undergoing renal replacement therapy." Journal of Renal Nutrition, Vol. 19, No. 2, 2009, pp. 161–166.
- Nagarajan Ramakrishnan, D.K. Daphnee, Lakshmi Ranganathan, Bhuvaneshwari S. "Critical Care 24x7: But why is critical care nutrition interrupted?" Indian Journal of Critical Care Medicine, 2014;

- Yatin Mehta, J.D. Sunavala, Kapil Zirpe, Niraj Tyagi, Sunil Garg, Saswati Sinha, Bhuvaneshwari Shankar, Sanghamitra Chakravarti, M.N. Sivakumar, Sambit Sahu, Pradeep Rangappa. "Practice guidelines for nutrition in critically ill patients: A relook for the Indian scenario." *Indian Journal of Critical Care Medicine*, Vol. 22, No. 4, April 2018.
- "Parenteral Nutrition: Beyond gut feeling – Quality control study of parenteral nutrition practices in a tertiary hospital." *Indian Journal of Critical Care Medicine*, 2015.
- Raymond Dominic, Bhuvaneshwari Shankar, C.V. Savio, Rajalakshmi Parasuraman, Daphnee Lovesly, Lakshmi Ranganathan, Nagarajan Ramakrishnan, Ramesh Venkataraman. "Feasibility, tolerance and effectiveness of enteral feeding in critically ill patients in prone position." *Journal of the Intensive Care Society*, 2020. DOI:10.1177/1751143719900100.
- Ganesan Kannabiran, T.S. Muralidharan, Bhuvaneshwari Shankar. "Knowledge sharing in specialized fields: Study of innovative approaches among dietetics professionals in corporate healthcare system." *NHSM Journal of Management Research and Applications*, Vol. 1, No. 1, 2009, pp. 58–71.
- Bhuvaneshwari Shankar, Daphnee D.K., N. Ramakrishnan, Ramesh Venkatraman. "Feasibility, safety and outcome of very early enteral nutrition in critically ill patients – results of an observational study." *Journal of Critical Care*, Vol. 30, 2015, pp. 473–475.
- D.K. Daphnee, Sheila John, Anil Vaidya, Anand Khakhar, S. Bhuvaneshwari, Anand Ramamurthy. "Hand grip strength: A reliable, reproducible, cost-effective tool to assess nutritional status and outcome in cirrhotic patients awaiting liver transplant." *Clinical Nutrition ESPEN*, Vol. 19, 2017, pp. 49–53.
- Wright C., Shankar B., Marshall S., Pearcy J., Somani A., Agarwal E. "Prevalence of malnutrition risk and poor food intake in older adults in Indian hospitals: A prospective observational nutritionDay study." *Nutrition & Dietetics*, 2020.
- N. Ramakrishnan, S. Bhuvaneshwari, R. Venkataraman, B. Abraham. "Are we feeding our critically ill patients appropriately?" Presented at the 30th International Symposium in Critical Care Medicine, Brussels, March 2010.
- Bhuvaneshwari S., Daphnee D.K., Ranganathan L., Ramakrishnan N. "Value of nutritional assessment on admission to critical care unit." *Indian Journal of Critical Care Medicine*, Jan 2011; 15(Suppl 1): S21.
- Bhuvaneshwari S., Daphnee D., Dhanalakshmi P., Ramakrishnan N. "Early goal-directed nutrition support: Does it impact early outcome in critically ill patients?" Poster presentation at ESPEN 2013, Leipzig, Germany.
- Lekha Sreedharan, Dhanasekar Kesavalu, Bhuvaneshwari Shankar. "Use of exclusive enteral nutrition in pediatric Crohn's disease in the Indian subcontinent." *PIBD Abstracts*, Vol. 65, Supp. 1, Oct 2017. Paper presented at PIBD 2017, Barcelona.

- Lekha Sreedharan, Sneha Kandath, Bhuvaneshwari Shankar. "Target calorie achieved and their outcome in critically ill children receiving enteral nutrition in a tertiary care centre in India."
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## Frequently Asked Questions

### 1. Where does Dr. Bhuvaneshwari Shankar practice?

Dr. Bhuvaneshwari Shankar currently practices at Apollo Hospitals Greaves Road, located in Chennai.

### 2. Who is Dr. Bhuvaneshwari Shankar?

Dr. Bhuvaneshwari Shankar is a highly experienced Nutritionist / Dietitian with 40 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

### 3. Why do patients choose Dr. Bhuvaneshwari Shankar?

Patients trust Dr. Bhuvaneshwari Shankar for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Bhuvaneshwari Shankar's specialization?

Dr. Bhuvaneshwari Shankar specializes in Nutrition & Dietetics, with expertise in Personalized Diet Plans, Medical Nutrition Therapy, Weight Management Programs, Gut Health Optimization, Sports Nutrition.

### 5. What are Dr. Bhuvaneshwari Shankar's medical qualifications?

Dr. Bhuvaneshwari Shankar holds prestigious qualifications, including PHD (Nutrition & Dietetics)

### 6. How many years of experience does Dr. Bhuvaneshwari Shankar have?

Dr. Bhuvaneshwari Shankar has 40 years of experience in the medical field, treating various conditions related to Nutrition & Dietetics.

### 7. How can I book an appointment with Dr. Bhuvaneshwari Shankar?

You can book an appointment with Dr. Bhuvaneshwari Shankar through: Online: Visit [<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.