

# Dr Atul Bhaskar

FRCS (Tr. & Orth), FRCS (Glas), M.Ch (Orth)UK M.S. (Orth), D.N.B.(Orth), MBBS 25+ Years Experience

Dr Atul Bhaskar is a top Pediatric Orthopaedician in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Atul Bhaskar at Ask Apollo.

### Hospitals

Apollo Hospitals, Mumbai,

Doctor's Working Weekdays Tue Doctor's Working
Hours
11:00 -13:00

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## **Overview**

Dr. Atul Bhaskar is a highly esteemed Paediatric Orthopaedician based in Mumbai, Maharashtra, with an impressive 25 years of experience in the field. He holds a wealth of qualifications, including MBBS, FRCS (Tr. & Ortho), FRCS, M.Ch (Ortho), MS (Ortho), and DNB (Ortho). Dr. Bhaskar has dedicated his career to specializing in the orthopaedic needs of children, ensuring they receive the highest quality care tailored to their unique developmental challenges.

His expertise encompasses a range of paediatric orthopaedic conditions, with notable qualifications such as the POSNA Fellowship, and certificates in Osteogenesis Imperfecta, Clubfoot, and Developmental Dysplasia of the Hip (DDH). These credentials highlight his commitment to ongoing education and proficiency in managing complex paediatric cases.

Dr. Bhaskar is known not only for his technical skills but also for his compassionate approach to patient care. He strives to create a positive environment where both children and their families feel heard, supported, and informed throughout the treatment process. Fluent in English, he effectively communicates with diverse patient groups, ensuring that every child receives care tailored to their specific needs. As an exclusive partner in his practice, Dr. Bhaskar maintains a focus on providing personalized and dedicated treatment, aiming for optimal outcomes in every case he handles. His passion for paediatric

orthopaedics and commitment to advancing the field make him a respected and sought-after specialist for families seeking expert care for their children's orthopaedic needs.

# **Experience**

### **Current Appointments**

- Hon Orthopaedic Surgeon Dr R N Cooper Municipal Hospital 2010 till date
- Paediatric Orthopaedic Surgeon BSES Hospital, Mumbai 1/3/03 till date
- Paediatric Orthopaedic Surgeon Bombay Hospital Institute of Medical Sciences 1/5/07 till date and Dr L
   H Hiranandani Hospital and Hinduja Healthcare Hospital 2005 till date

#### **Teaching Experience**

- Seth GS Medical College 4th Year Resident Feb 93 Aug 94 1 ½ yrs KEM Hospital
- KJ Somaiya Medical College Research Center Lecturer / Asst Prof.Sep 01 Sep 10 8 yrs
- The above-mentioned Registrar posts are recognized as Teaching posts by the University of Bombay.
   They involved teaching orthopaedics to undergraduate medical students through organized lectures and clinics.
- At K J Somaiya Medical College, I was involved in teaching Orthopaedic Residents, medical students,
   Physiotherapy students.

Examiner: MUHS Examiner for under-graduate (MBBS) orthopaedic exams

- Feb 2009: Examiner at K J Somiaya Hospital
- June 2009: Examiner at KEM Hospital, Mumbai.

# Membership

- Bombay Orthopaedic Society
- Indian Orthopaedic Association
- Paediatric Orthopaedic Society of India (POSI)
- Royal College of Surgeons (Glasgow)
- Indian Medical Association

- Mumbai Branch of the Indian Academy of Paediatrics
- American Academy of Cerebral Palsy

## **Research and Publication**

#### **Research Experience**

 A brief stint at Tata Institute of Fundamental Research, Bombay, India, studying genetics and development of the fruit -fly. The project involved looking at the olfactory response of the fruit-fly to various chemical solutions. This research activity gave me an insight into the fundamentals of molecular and developmental biology and also experience in laboratory work with DNA staining and immumohistochemistry.

#### **Publications**

- Ewings Sarcoma: a case report (Radiodiagnosis) Bhaskar AR. Journal of Applied Medicine. Vol. 18, No
   8, Aug 92
- Perthes Disease: a case report (Radiodiagnosis) Bhaskar AR. Journal of Applied Medicine. Vol. 19, No
   12, Dec 93
- Dissertation for M.S (Orth) exams: Treatment of Compound Tibial fractures by External Fixator: an analysis of 34 cases
- Plastic deformation of forearm: a case report Bhaskar AR. Bombay Hospital Journal. Vol 36, No 3, July
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- Dorsal dislocation of first Metatarsophalangeal joint :a case report Bhaskar AR. Bombay Hospital Journal. Vol 37, No 4, Oct 94
- Large myofascial fibromatosis involving the Shoulder girdle: a case report Bhaskar AR, Dhir RS, Desai
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- Bone Morphogenic Protein a novel protein (Review article) Bhaskar AR. Medical Pulse Vol 1, No
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- Total Joint Replacement: an overview Bhaskar AR. Medical pulse Vol 2. NO 2. 1995
- Post traumatic lumbar hernia. Sarela AI, Mavanur AA, Bhaskar AR et al. Jour. of Postgraduate Medicine,
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- Neurothekeoma of the hand a case report Bhaskar AR, Kanvinde RK. Jour.of Hand Surgery, Vol 24(Br), Oct 99, 631-33.

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- Treatment of Unstable of Forearm Fractures in Children is single bone plating adequate? Bhaskar AR, Roberts JA. J Bone Joint Surg (Br), Vol 83-B, Mar 2001, 253-58.
- Developmental Dysplasia of the Hip an overview. Bhaskar AR. Quarterly review of MBIAP journal (Mumbai branch of Indian Academy of Paediatrics), Nov 2001.
- Lumbar Disc Disease. Bhaskar A R. Medicine Update, Vol 19, No 10, Feb 2002.
- Orthopaedic manifestations of Cornelia de Lange Syndrome: a review of 34 cases. Roposch A,
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- Backpain: Review article. Bhaskar AR, Physicians Digest, Feb –Mar 2004.
- Treatment of Paediatric Fractures with Flexible Titanium nails.Bhaskar AR. Indian Jour of Orthopaedics,
   July 2005
- Early Results of the Ponseti Techinique: Pitfalls and Problems in the Indian Scenario.Bhaskar AR, Rasal S. Indian Jour of Orthop, Vol 40,196-9, Oct 2006.
- Treatment of Open Femur Fractures in Children: comparison between External Fixator and Intramedullary Nailing. Ramsier LE, Bhaskar AR, Cole WC et al, J Pediatr Orthop, Vol 27(7), Oct/NOV 2007
- Congenital Vertical Talus: Treatment by Reverse Ponseti technique. Bhaskar AR. Indian Jour Orthop,
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- Missed Monteggia Fracture in Children: is annular ligament reconstruction required?Bhaskar AR, Indian Jour Orthop, 43(4), 385-95, Sep 2009.
- Outcome of Mears Procedure for Sprengels Deformity.Bhaskar AR, Khullar S, Habeeb M. Indian Jour
   Orthop 45(2), 132-35,Apr 2011
- Utility of "Combined Hip Abduction Angle" for hip surveillance in Cerebral PalsyDivechaa A, Bhaskar
   AR. Indian Jour Orthop, Vol 45(6), Dec,548-52, 2011
- Lisfranc's dislocation with bimalleloar fracture: a rare injury Ghate S, Bhaskar AR. Jour Ortho Res, Jan 2012
- Failure of treatment of Coxa Vara in Gaucher's disease: a case report Khullar S, Bhaskar AR, Habib M,
   Boragram R, Journal of Clinical and Diagnostic Research. Vol 5 (9), Feb 2012
- Role of Alendronate in Perthes Disease: is there a disease modifying role? Bhaskar AR. Jour of Maharashtra Ortho Asso, Year 7, Issue 2, Apr-Jun 2012.
- Classification of relapse pattern in clubfoot treated with Ponseti techniqueBhaskar AR, Patni P. Indian Jour of Orthop, July-Aug, Vol 47(4), 370-76, 2013

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a protective influence of the bony ossific nucleus. Indian Jour of Orthop, Sep – Oct, Vol 50(5); 479-85,
2016

# **Frequently Asked Questions**

### 1. Where does Dr. Atul Bhaskar practice?

Dr. Atul Bhaskar's medical practice located at Apollo Hospitals, Navi Mumbai. He is a renowned doctor in Mumbai's healthcare sector offering expertise in cardiology and more.

#### 2. Who is Dr. Atul Bhaskar?

Dr Atul Bhaskar is a renowned Pediatric Orthopaedic Surgeon with over 25 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Atul Bhaskar holds a degree in FRCS (Tr. & Orth), FRCS (Glas), M.Ch (Orth)UK M.S. (Orth), D.N.B.(Orth), MBBS. He provides treatments including Sports Injury Treatment Management, Regenerative Therapy For Joints, Rotator Cuff Injury Treatment. He specializes in treating conditions like Sports Injury, Sports Injury Evaluation And Rehabilitation, Sports Injury Prevention.

## 3. Why do patients visit Dr. Atul Bhaskar?

Patients choose Dr. Atul Bhaskar for expertise in Pediatric Orthopedic Surgery, Joint Mobilization, and ACL & PCL Reconstruction.

## 4. What is Dr. Atul Bhaskar's specialization?

Dr Atul Bhaskar specializes in Pediatric Orthopaedic Surgeon. He has expertise in treating conditions such as Sports Injury, Sports Injury Evaluation And Rehabilitation, Sports Injury Prevention. His key treatments include Sports Injury Treatment Management, Regenerative Therapy For Joints, Rotator Cuff Injury Treatment.

## 5. What are Dr. Atul Bhaskar's medical qualifications?

Dr Atul Bhaskar holds FRCS (Tr. & Orth), FRCS (Glas), M.Ch (Orth)UK M.S. (Orth), D.N.B.(Orth), MBBS, reflecting his comprehensive education in the field of Pediatric Orthopaedic Surgeon.

## 6. How many years of experience does Dr. Atul Bhaskar have?

Dr. Atul Bhaskar has 25 years of experience in orthopedics.

### 7. Who is an Orthopedist?

An orthopedist is a medical doctor specializing in diagnosing and treating skeletal system disorders. They manage conditions affecting bones, muscles, joints, and ligaments, including arthritis, back pain, sports injuries, and leg/foot pain. Orthopedic care encompasses the comprehensive treatment of musculoskeletal issues.

## 8. What is the difference between an Orthopaedist and an Orthopaedic Surgeon?

While often used interchangeably, there's a key distinction. An orthopaedist manages musculoskeletal system conditions, offering pre- and post-surgical care. An orthopaedic surgeon provides identical care but also performs surgical procedures for conditions such as back pain, disc herniation, bone tumors, carpal tunnel syndrome, and arthritis.

### 9. Does an Orthopedist treat foot and ankle problems?

Yes, orthopedists specialize in musculoskeletal health, encompassing foot and ankle conditions. They treat various issues such as bunions, ankle sprains, arthritis, and sports injuries. Diagnosis utilizes imaging techniques, and treatment plans are tailored to the severity of each case.