



## Dr Anupam Wakhlu

MD (Medicine) DM (Clinical Immunology & Rheumatology) Fellow  
Rheumatology, South Australia Fellow SLE & Psoriatic Arthritis  
Toronto Canada 29+ Years Experience

Dr Anupam Wakhlu is a top Rheumatologist in Lucknow at Apollomedics Super Specialty Hospitals . Book appointment online with Dr Anupam Wakhlu at Ask Apollo.

### Hospitals

[Apollo Hospitals Lucknow](#) ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 -12:00

Phone Icon  
Call Now

Calendar Icon  
Book Appointment

## Overview

Dr. Anupam Wakhlu is a highly experienced Rheumatologist based in Lucknow, Uttar Pradesh. With over 29 years of extensive practice in Clinical Immunology, he specializes in diagnosing and treating a wide range of autoimmune diseases and musculoskeletal disorders. Dr. Wakhlu is committed to providing comprehensive care for patients suffering from conditions such as rheumatoid arthritis, lupus, spondyloarthritis, and gout, ensuring each patient receives personalized treatment plans tailored to their specific needs.

Fluent in both English and Hindi, Dr. Wakhlu is known for his excellent communication skills, making complex medical information accessible to all his patients. His compassion and attentiveness help foster a trusting environment, allowing patients to feel comfortable discussing their health concerns. As a part of Apollo, one of the leading healthcare providers in India, Dr. Wakhlu collaborates with a team of specialists to ensure comprehensive diagnostics and treatment strategies.

Dr. Wakhlu's dedication to advancing his field is evident through his continuous pursuit of knowledge and training in the latest rheumatological treatments and technologies. This commitment not only enhances his clinical skills but also benefits his patients through the application of cutting-edge methodologies in their treatment. Whether you are facing chronic pain or uncertain symptoms, Dr. Anupam Wakhlu is here to

guide you towards effective management and improve your quality of life.

## Experience

Over 29 Years of Clinical Experience & Counting

Former Professor & HOD Rheumatology, KGMU Lucknow

Fellowship In Rheumatology, Adelaide South Australia

Fellowship In SLE & Psoriatic Arthritis Toronto Canada

Significant Academic Contribution : Rheumatology & Immunology

Author of more than 6 books

More than 100 Papers Published in Various Reputed National & International Journals

## Membership

Member Indian Rheumatology Association

Member Association of Physicians Of India (API)

Member UP Chapter of API

Member Group For Research & Assessment Of Psoriasis & Psoriatic Arthritis (GRAPPA)

Fellowship In Rheumatology South Australia Fellowship In SLE & Psoriatic Arthritis Toronto Canada

## Awards

- Conducted a Tobacco Cessation Webinar organized by Tanzania Global Learning Agency at Tanzania in June, 2019
- Invited by Ministry of AYUSH on International Yoga Day, 2019 to talk on Tobacco and Mudra for people to fight craving while they are quitting
- Invited by IGMH (Indira Gandhi Memorial Hospital), Male', Maldives to train their para-medical staff to initiate behaviour change counselling and establish a Tobacco Cessation Unit at the premises in March, 2018
- Invited for a Panel Discussion by 'Indian Medical Association' on "Tobacco and Health"
- Presented with the "Young Achievers Award-2017" by Quality of Council of India for the work in tobacco control
- Awarded the 'Tharuni Mitra Award' on 'International Women's Day, 2017'. Presented the award by the famous Telugu Director 'Sri Radha Krishna Jagarlamudi' aka – 'Krish' for pioneering work in Tobacco

Cessation through Awareness Talks and Counselling in Hyderabad

- Featured by National Media, including All India Radio (AIR), Doordarshan, Bharat Today' on 'World No Tobacco Day, 2017'.
- Conducted CME in 2017 at Maldives, organized by Cancer Society of Maldives.
- Felicitated on 'World No Tobacco Day, 2016' by Shri. Bonthu Ram Mohan, Mayor of Hyderabad as 'Tobacco Cessation Counsellor' for Hyderabad
- Recognized by the Lions Club on 'Doctors Day 2016' for contribution in the field of tobacco cessation

## Research and Publication

More than 55 national & international publications in indexed journals

6 book chapters & dissertations

More than 35 abstracts in national and International Conferences

Chief and co-guide to more than 15 MD & DM candidates

## Frequently Asked Questions

### 1. Where does Dr. Anupam Wakhlu practice?

Dr. Anupam Wakhlu currently practices at Apollomedics Super Specialty Hospitals, located in Lucknow.

### 2. Who is Dr. Anupam Wakhlu?

Dr. Anupam Wakhlu is a highly experienced Rheumatologist with 24 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments.

### 3. Why do patients choose Dr. Anupam Wakhlu?

Patients trust Dr. Anupam Wakhlu for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Anupam Wakhlu's specialization?

Dr. Anupam Wakhlu specializes in Rheumatology, with expertise in Disease-Modifying Antirheumatic Drugs (DMARDs), Biologic Therapy, Joint Injections, Physical Therapy, Pain Management.

### 5. What are Dr. Anupam Wakhlu's medical qualifications?

Dr. Anupam Wakhlu holds prestigious qualifications, including MD (Medicine) DM (Clinical Immunology & Rheumatology) Fellow Rheumatology, South Australia Fellow SLE & Psoriatic Arthritis Toronto Canada.

## **6. How many years of experience does Dr. Anupam Wakhlu have?**

Dr. Anupam Wakhlu has 24 years of experience in the medical field, treating various conditions related to Rheumatology.

## **7. How can I book an appointment with Dr. Anupam Wakhlu?**

You can book an appointment with Dr. Anupam Wakhlu through: Online: Visit

[<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.