



Dr Nirmala A Papalkar

MBBS, MD, DNB (Obstetrics and gynaecology), Post doctoral fellowship Uro Gynaecology 20+ Years Experience

Hospitals

[Apollo Health City, Jubilee Hills ,](#)

Doctor's Working
Weekdays
MON - SAT

Doctor's Working
Hours
09:00 -15:00

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Overview

Dr. Nirmala A. Papalkar is a senior Obstetrician and Gynecologist at Apollo Health City, Jubilee Hills, with over 20 years of experience in women's healthcare. She holds an MBBS, MD, DNB in Obstetrics and Gynecology, along with a Post-Doctoral Fellowship in Urogynecology, reflecting her advanced expertise in managing complex gynecological and urogynecological conditions. Her clinical practice spans high-risk pregnancies, minimally invasive gynecological surgeries, urogynecological disorders, and comprehensive women's health management.

Fluent in patient-centered care, Dr. Papalkar focuses on building trust and ensuring open communication with women and their families. She is known for her empathetic approach, tailoring treatment plans to suit the unique medical and personal needs of each individual. By combining clinical expertise with compassion, she guides patients through preventive care, treatment, and recovery with confidence and reassurance.

At Apollo, Dr. Papalkar integrates her specialized knowledge in urogynecology with advanced diagnostic and surgical techniques to provide holistic care. She works closely with multidisciplinary teams to ensure optimal outcomes, whether in obstetrics, gynecology, or urogynecology. Dr. Nirmala A. Papalkar is widely regarded as a trusted name in women's healthcare, dedicated to enhancing the quality of life and well-

being of her patients.

Experience

- Working in Apollo Hospitals since last Assignment
- Consultant Uro-Gynaecologist - KIMS, Secunderabad, 2015 to 2025
- Motherhood - 2014
- The Birth place - 2013

Membership

- IUGA – International Urogynecological Association
- ICS – International Continence Society
- UPIA – Urogynaecology, Pelvic Floor Disorders and Incontinence Association
- FOGSI – Federation of Obstetric and Gynaecological Societies of India

Awards

- Best teacher award year 2023 dept of obgyn KIMS hospitals
- First prize paper at first meet of AGRS 2022 on robor in sacrocolpopexy a boon
- First prize for paper presentation at Urogynaecology 2016

Research and Publication

- 2019 – Presented paper at AUGS-IUGA: Review of available national guidelines for Obstetric Anal Sphincter Injury
- 2020 – Published: Review of available national guidelines for Obstetric Anal Sphincter Injury in International Urogynecology Journal (Ms. No. IUJO-D 20-00434R1)
- 2022 – Accepted at AUGS-IUGA: Intravesical cocktail regime for Bladder pain syndrome: A viable, efficient treatment option
- 2024 – Presented oral paper on Bladder Pain Syndrome at IUGA, Singapore

Frequently Asked Questions