



## Dr. Sindhu B

MS Orthopaedics Fellowship in Arthroscopy and Sports Medicine.  
Fellowship in Shoulder and Elbow Arthroscopy – South Korea. 4+ Years Experience

Dr. Sindhu B is a top Orthopaedics – Sports Medicine, Trauma, Arthroscopy in Mysore at Apollo Bgs Hospitals Mysore . Book appointment online with Dr. Sindhu B at Ask Apollo.

### Hospitals

[Apollo BGS Hospitals, Mysore ,](#)

Doctor's Working  
Weekdays  
Mon-Thu

Doctor's Working  
Hours  
11:00-18:00

Phone Icon  
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Calendar Icon  
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## Overview

Dr. Sindhu B is a dynamic and accomplished Orthopaedic Surgeon specializing in sports medicine, arthroscopy, and trauma care. With an MS in Orthopaedics and advanced fellowship training in shoulder and elbow arthroscopy from South Korea, she brings both academic depth and clinical precision to her practice. She has served as a senior resident and assistant professor and is recognized for her expertise in arthroscopic procedures and complex trauma management. With several research publications in reputed journals, Dr. Sindhu is passionate about evidence-based care and surgical excellence

## Experience

- Senior Residency, Mysore Medical College & Research Institute, Mysuru
- Assistant Professor, Sapthagiri Medical College, Bengaluru
- Fellowship Training, Shoulder and Elbow Arthroscopy, South Korea

## Membership

- Member – Karnataka Orthopaedic Association (KOA)?Member – Indian Arthroscopy Society (IAS)?Member – Mysore Orthopaedic Association (MOA)Member – Karnataka Orthopaedic Association (KOA)
- Member – Indian Arthroscopy Society (IAS)
- Member – Mysore Orthopaedic Association (MOA)

## Awards

- ?Completed fellowship in South Korea in shoulder and elbow arthroscopy?Performed numerous arthroscopic and trauma surgeries independently?Completed fellowship in South Korea in shoulder and elbow arthroscopy?Performed numerous arthroscopic and trauma surgeries independentlyCompleted fellowship in South Korea in shoulder and elbow arthroscopy
- Performed numerous arthroscopic and trauma surgeries independently

## Research and Publication

- Graft Maturity Assessment by MRI and its Relation with Functional Scores after ACL Reconstruction with Hamstring GraftJournal of Arthroscopy and Joint Surgery, 2024
- CT-Based Measurement of Coracoid Process Dimensions in Indian PopulationJournal of Arthroscopy and Joint Surgery, 2022
- A Prospective Study on Surgical Management of Type III Radial Head Fractures.
- Comparative Study: Short vs Long Proximal Femoral Nail in Intertrochanteric Fractures
- Functional Outcome after ORIF of Intra-articular Calcaneal Fractures
- Short vs Long Segment Fixation in Thoracolumbar Burst Fractures.
- Vascular Injury in Closed Femur Shaft Fractures – Case Series

## Frequently Asked Questions