



Dr Nishit Shah

MBBS, MS, MCh (Trauma & Orthopedics- Hip & Knee), FRCS (Trauma & Orthopedics), PG Diploma (Robotic assisted Knee Surgery)
10+ Years Experience

Hospitals

Apollo Hospitals, Pune ,

Doctor's Working
Weekdays
MON - SAT

Doctor's Working
Hours
10:00 - 15:00

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Overview

Dr. Nishit Shah is a skilled Orthopedic Surgeon at Apollo Hospitals, Pune, with over 10 years of specialized experience in trauma and orthopedic surgery. He holds an MBBS, MS, MCh (Trauma & Orthopedics – Hip & Knee), FRCS (Trauma & Orthopedics), and a PG Diploma in Robotic-Assisted Knee Surgery, reflecting his advanced training and commitment to precision in orthopedic care. His expertise particularly focuses on hip, knee, and shoulder surgeries, trauma management, and minimally invasive robotic-assisted procedures.

Fluent in English, Hindi, and Marathi, Dr. Shah emphasizes clear communication with patients and their families, ensuring they understand surgical procedures, recovery plans, and long-term outcomes. His approach combines technical expertise with personalized care, allowing patients to make informed decisions about their treatment and rehabilitation.

At Apollo, Dr. Shah integrates modern surgical techniques with state-of-the-art technology to provide safe, effective, and patient-centered orthopedic care. Known for his dedication to improving mobility and quality of life, he collaborates closely with multidisciplinary teams to ensure comprehensive post-surgical recovery. With his advanced skills and compassionate approach, Dr. Nishit Shah is recognized as a promising orthopedic surgeon specializing in hip, knee, and shoulder care in Pune.

Experience

- Northern Care Alliance – UK
- Salford Royal NHS Foundation Trust – UK
- Bharati Hospital – Pune
- Ruby Hall Hospital – Pune
- PDVVPF's Medical College and Hospital – Ahmednagar

Membership

- MMC – Maharashtra Medical Council
- IMA – Indian Medical Association
- POS – Pune Orthopaedic Society
- MOA – Maharashtra Orthopaedic Association
- IOA – Indian Orthopaedic Association
- ISKSAA – International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty
- MEDIJAIN – Medical Jain Organization

Awards

- MBBS Silver Medal
- Academic Excellence Award – Presented by Dr. Prakash Baba Amte
- MS Ortho Silver Medal – BVDU, Pune
- Head of PG Training Programme
- Numerous International Fellowships in the UK, Europe, Australia

Research and Publication

- MRI Cartilage Mapping in Osteoarthritis (OA) Knee
- Treatment for Neglected Quadriceps Tendon Injury
- Broken Stem in Birmingham Hip Resurfacing
- Total Hip Replacement (THR) in Elderly Patients with Acetabular Fractures
- NJR Shoulder Compliance
- Effect of Weight Loss before Total Knee Replacement (TKR) Surgery
- Comparison of Fracture Fixation Techniques for Hip Fractures

Frequently Asked Questions