



Dr Shwet Vinayak Sabnis

MBBS, MD Geriatrics, FGIE, Echocardiologist 10+ Years Experience

Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
17:00 - 19:00

Phone Icon
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Calendar Icon
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Overview

Dr. Shwet Vinayak Sabnis is a highly skilled Geriatric Medicine Specialist at Apollo Hospitals Navi Mumbai, bringing over 10 years of clinical experience in the specialized care of elderly patients. He holds an MBBS and an MD in Geriatrics, along with advanced training as an FGIE and Echocardiologist, enabling a comprehensive approach to managing complex age-related health conditions.

Dr. Sabnis is adept at diagnosing and treating chronic illnesses, cognitive decline, cardiovascular concerns, and multi-morbidity issues commonly seen in geriatric patients. His integrated care approach combines medical expertise with empathy, focusing on improving quality of life, functional independence, and preventive health in senior citizens.

He communicates effectively in English, Hindi, and Marathi, fostering a comfortable and trustworthy relationship with patients and their caregivers. Dr. Sabnis emphasizes holistic, patient-centric treatment plans and works collaboratively with multidisciplinary teams to address the medical, emotional, and social needs of elderly patients.

Beyond his clinical practice, Dr. Sabnis is involved in continued medical learning and contributes to advancing geriatric care through academic initiatives and professional engagements. His dedication, combined with his dual expertise in geriatrics and echocardiology, makes him a trusted name in elderly care in Mumbai.

Experience

- **March 2025 – Present**
Associate Professor – Department of Geriatric Medicine
Dr. D.Y. Patil Medical College & Hospital, Navi Mumbai
- **September 2023 – February 2025**
Assistant Professor – Department of Geriatric Medicine
Dr. D.Y. Patil Medical College & Hospital, Navi Mumbai
- **November 2022 – July 2023**
Assistant Professor – Department of Geriatric Medicine
GMC & Sir JJ Group of Hospitals, Mumbai
- **May 2021 – November 2022**
Assistant Professor – Department of Geriatric Medicine
Dr. D.Y. Patil Medical College & Hospital, Navi Mumbai
- **June 2020 – April 2021**
Assistant Professor – Department of Geriatric Medicine
MGM Medical College & Hospital, Navi Mumbai
- **May 2019 – May 2020**
Senior Resident – Department of Geriatric Medicine
MGM Medical College & Hospital, Navi Mumbai
- **May 2016 – April 2019**
Junior Resident – Department of Geriatric Medicine
MGM Medical College & Hospital, Navi Mumbai
- **February 2015 – August 2015**
Houseman – Department of Nephrology
Lilavati Hospital and Research Centre, Mumbai
- **September 2013 – August 2014**
Internship
GMC & Sir JJ Group of Hospitals, Mumbai

Research and Publication

1. **Impact of Polypharmacy on Cognitive Decline in Elderly Patients: A Cross-Sectional Study**
International Journal of Current Pharmaceutical Review and Research, Vol. 16, Issue 8, Article 16, July

2024 (International)

2. A Comparative Analysis of the Morbidity Profile Among the Elderly Population Residing in Urban and Rural Area

Journal of Cardiovascular Disease Research, Vol. 15, Issue 8, August 2024 (National)

3. A Case of Subclinical Hypothyroidism with Cerebellar Ataxia

MGM Journal of Medical Sciences, June 17, 2022 (National)

4. A Study of Community Acquired Pneumonia in the Elderly

International Archives of Integrated Medicine, Vol. 6, Issue 12, December 2019 (International)

5. Multiple Primary Malignant Neoplasms in a Nonagenarian: Case Report and Review of Literature

IOSR Journal of Dental and Medical Sciences, Vol. 17, Issue 11, Ver. 6, November 2018 (International)

6. A Clinical Study of Leptospirosis and Its Complications

IOSR Journal of Dental and Medical Sciences, Vol. 17, Issue 12, Ver. 7, December 2018 (International)

7. Study of Clinical Symptoms and Etiology of Hyponatremia in Elderly in Intensive Care Unit

Journal of Medical Science and Clinical Research, Vol. 4, Issue 11, November 2016 (International)

On-Going Research Project

- **Prevalence & Etiology of Frailty in Elderly Patients Attending Geriatric Out-patient Department**

Frequently Asked Questions