



## Dr Adosh Lall

BDS, MDS, MIAP (USA), FPFA (USA), MAOI, FICOI (USA), DIPLOMATE WCOI, MISP, MIDA | Distinguished Clinical Tutor – AHERF 2019 29+ Years Experience

### Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 - 16:00

Phone Icon  
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## Overview

Professor Dr Adosh Lall is a reputed dental surgeon and a health care leader in oral care with over 29 years of experience in restorative dentistry, implants, and specialized gum-related dental ailments. He currently serves as a *Senior Consultant* at Apollo Hospitals, Indraprastha, New Delhi. Besides, he is also a *Distinguished Clinical Tutor* with the Apollo Hospitals Educational & Research Foundation, since 2019.

The Professor has an extensive background in Dental Education, having been involved in graduate and postgraduate dental teaching for over 17 years. He has also served as an examiner for postgraduate dental students, helping shape the next generation of dental professionals. Before this current role with the Apollo Hospitals, he was a Consultant Periodontist at *Sir Ganga Ram Hospital*, New Delhi.

Known for his compassionate and patient-centred approach as a trusted doctor, Dr Lall not only provides dental care but also emphasizes the vital connection between whole-body health and dental health. His wide-ranging practice is guided by the motto "*Excellence without Pretension*." He is dedicated to empowering his patients with the knowledge they need to make informed decisions about their oral health. The Professor's primary specialization is Periodontics and Implantology with subspecialties in restorative dentistry.

His clinical interests lie in periodontal reconstruction in diabetics, restorative & adhesive dentistry, reconstructive periodontal surgery with alloplastic bone grafts & guided tissue membranes, implantology, guided bone regeneration on peri-implant sites, periodontal plastic surgeries for smile enhancement, adult endodontics (comprehensive root canal therapy), resorbed / flat alveolar ridge augmentation as well as smile design & enhancement.

Dr Lall being a family dentist is *multilingual*, conducting patient consultations in English, Hindi, Punjabi, Kannada, and Nepalese. His *diverse cultural experiences*, combined with his strong track record of competence, have led to his involvement in various capacities with various professional, social, and philanthropic organizations.

## Experience

### Professional Appointments:

- Professor, Indraprastha Apollo Hospitals (2023 till date)
- Senior Consultant, Apollo Hospitals Indraprastha, New Delhi, (2010- till date)
- Distinguished Clinical Tutor, AHERF (2019- till date)
- Consultant, Apollo Hospitals Indraprastha, New Delhi (2009-2010)
- C/Consultant Periodontist, Sir Ganga Ram Hospital, New Delhi (2000-2008)
- Co-Lead Practitioner, Dr Lall's Dental Specialities (1998- till date)
- Consultant Dental Surgeon, MGS Hospital, New Delhi (1997-2000)

### Academic Appointments:

- **Professor & Post Graduate Guide**, Department of Periodontics,(2012-2014), Sri Govind Tercentenary Dental College Hospital and Research Institute, SGT University Gurugram, Haryana
- **Professor & Head of Department (HOD)**, Department of Periodontics (2009-2012), Kalka Dental College, Meerut, Uttar Pradesh
- **Professor, Head of Department (HOD) & Post Graduate Guide**, (2005-2009), Department of Periodontics, Institute of Dental Sciences and Technology, Modi Nagar, Uttar Pradesh
- **A/Professor**, Department of Periodontics, (2004-2005), Institute of Dental Sciences and Technology, Modi Nagar, Uttar Pradesh
- **Reader**, Department of Periodontics,( 2001-2004), D J College of Dental Sciences and Research, Modi Nagar, Uttar Pradesh
- **Senior Lecturer**, Department of Periodontics, (1997-2001), Dashmesh Institute of Research & Dental Sciences, Faridkot, Punjab

### Volunteer Assignments:

- Dental Adviser, The Sri Ram School, Vasant Vihar, New Delhi

- H/Consultant, Indian Cancer Society, New Delhi\_

## Membership

### Medical Associations:

- A - 1538 Delhi State Dental Council, 2015
- Member, Indian Dental Association

### Specialty Societies:

- Member, International Academy of Periodontology
- Fellow, Pierre Fauchard Academy
- Member, Academy of Oral Implantology
- Fellow, International Congress of Oral Implantology
- Member, Indian Society of Periodontology
- Diplomate, World Congress for Oral Implantology

## Awards

### Recognitions:

- Distinguished Clinical Tutor  
Apollo Hospitals Educational & Research Foundation 2019

### Fellowships:

- Fellow  
International Congress of Oral Implantology
- Diplomate  
World Congress for Oral Implantology

## Research and Publication

### Articles:

- Grover, Harpreet & Lall, Adosh & Luthra, Shailly & Maroo, Shruti. (2019). Button assisted coronally advanced flap: Reclaiming the ground lost to gingival recession. 15.  
<https://search.app/7Mgn5oi3BZMWva8T6>
- Grover, Harpreet & Lall, Adosh & Lall, Sanju & Luthra, Shailly. (2019). Obliteration of Black triangle using a subepithelial connective tissue graft and frenectomy: Case report. 61. 15.  
<https://search.app/kJ1pdUMXkRkockR89>
- J Indian Soc Periodontol. 2019 Nov-Dec;23(6):525-533. doi: 10.4103/jisp.jisp\_639\_18. Comparative evaluation of C-reactive protein and complete blood count in chronic periodontitis patients following

Phase I therapy: A serological and hematological study [Shailly Luthra](#) , [Harpreet Singh Grover](#) , [Alka Singh](#) , [Adosh Lall](#) , [Sujata Surendra Masamatti](#) <https://pubmed.ncbi.nlm.nih.gov/31849397/>

## Media

- English | Dental Problems Causes & Preventions A dialogue | Prof Dr Adosh Lall <https://www.youtube.com/live/DOaliMsZHUc>
- English | Troubleshooting Dental Problems at Home! | Prof Dr Adosh Lall <https://www.youtube.com/live/Vif1jXFVApA>
- English | Best Brushing Technique for Bleeding Gums | Prof Dr Adosh Lall [https://youtu.be/kVkihOh8\\_SA](https://youtu.be/kVkihOh8_SA)
- Hindi | ????? (Teeth) ?? ??? ????? ????? | Prof Dr Adosh Lall <https://www.youtube.com/watch?v=BbHS0RwGPik>

## Frequently Asked Questions

### 1. Where does Dr Adosh Lall practice?

Professor Dr Adosh Lall practices at Apollo Hospitals, Indraprastha, New Delhi. He may be reached at the Dental OPD, at the First Floor, at either Room Nos. 1118 or 1120 in B Wing via gate no 2.

### 2. Who is Dr Adosh Lall?

Professor Dr Adosh Lall is a reputed dental surgeon and a health care leader in oral care & dental treatment with over 29 years of experience in restorative dentistry, implants, and specialized gum-related dental ailments. He currently serves as a Senior Consultant at Apollo Hospitals Indraprastha, New Delhi. Besides, he is also a Distinguished Clinical Tutor with the Apollo Hospitals Educational & Research Foundation, India.

### 3. What is Dr Adosh Lall's specialisation ?

Professor Dr Adosh Lall is a Dental Surgeon, Periodontist and Implantologist. He specialises in gum-related dental ailments, implants, smile design, and restorative dentistry.

### 4. What are Dr Adosh Lall's medical qualifications ?

Professor Dr Adosh Lall's medical qualifications are a Bachelors of Dental Surgery and Masters of Dental Surgery besides various fellowships and memberships of Indian and International Oral Healthcare organisations.

### 5. How many years of experience does Dr Adosh Lall have?

Professor Dr Adosh Lall currently has twenty-nine years of experience.

### 6. How can I book an appointment with Dr Adosh Lall?

You can book an appointment with Professor Dr Adosh Lall online, through phone or by visiting the Dental OPD reception, at the First Floor, for the Room Nos. 1118 or 1120 in B Wing via gate no 2 at Apollo Hospitals, Indraprastha, New Delhi.