

## Dr Vivek Kumar

MBBS(GOLD MEDALIST), MD, DM PRECEPTORSHIP STRUCTURAL HEART INTERVENTION CLEVELAND CLINIC, USA 13+ Years Experience

Dr Vivek Kumar is a top Cardiologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Vivek Kumar at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi,

Doctor's Working Weekdays Mon-Sat Doctor's Working Hours 09:00-18:00

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## **Overview**

Dr. Vivek Kumar is a highly experienced Cardiologist based in South Delhi, with over 13 years of extensive practice in the field of cardiology. He has an impressive academic background, holding qualifications such as MBBS, MD in General Medicine, and DM in Cardiology. His commitment to advancing his expertise is evident from his participation in various esteemed training programs and observerships. Notably, he completed the International Preceptorship in Structural Heart Intervention focusing on TAVR and MITRA Clip in the USA, and has also engaged in specialized training through the Evolut R Certification Program and Heart Team Training with Medtronic. Additionally, Dr. Kumar has developed his skills through a Complex Coronary Observership in Japan and has participated in several workshops including the PCI Optimization Workshop in Kochi and the SCAI Adult Interventional Cardiology Fellows Course in New Delhi. Dr. Kumar is fluent in both English and Hindi, making him accessible to a diverse patient base. Patients appreciate his thorough approach and dedication to their cardiovascular health. As a member of the Apollo healthcare network, Dr. Kumar is committed to providing high-quality medical care, ensuring that each patient receives tailored treatment based on their individual needs. His expertise in cardiology combined with his continued pursuit of knowledge makes him a trusted choice for those seeking specialized cardiac care.

## **Experience**

- Consultant Cardiology, 2016-2021, Max Super Speciality Hospital, Saket, New Delhi.
- Associate Consultant, 2013-2016, Max Super speciality Hospital, Saket, New Delhi.
- Attending Consultant, 2012-2013, Delhi Heart Lung Institute, New Delhi.

# Membership

#### **Certifications:**

- International Preceptorship in Structural heart intervention TAVR & MITRA clip 2018, Cleveland Clinic
   Ohio , USA
- Evolut R Certification Program & Heart Team Training, Medtronics
- Worked as Fellow Cardiac Electrophysiology Max Super Speciality Hospital, Saket, New Delhi
- Complex Coronary Observership 2019, Sagamihara Kyodo Hospital, Kangawa & Fujisawa Tokusyukai Hospital, Kanagawa & Pranex, Japan.
- MedEvar : Medtronic Basic EVAR Training Program 2017 TPTC, Mumbai
- PCI Optimization Workshop 2018, Lisie Hospital, Kochi, India
- SCAI Adult Interventional Cardiology Fellows Course- Asia 2013, New Delhi
   Memberships:
- Life member CSI
- Life Member Indian Heart Rhythm Society
- Member European Association of Percutaneous Cardiovascular Interventions

## **Research and Publication**

- Kumar, V., Arora, V., Jain, D., Anwar, J., Prasad, D., & Kumar, V. (2020). Clinical Profile and Outcomes in Young Patients of St Elevation Myocardial Infarction. Frontiers Journal of Cardiology & Cardiovascular Medicine, 1(1), 1-10.
- 2. Ponnusamy SS, Arora V, Namboodiri N, Kumar V, Kapoor A, Vijayaraman P. Left bundle branch pacing: A comprehensive review. J Cardiovasc Electrophysiol. 2020; 31: 2462- 2473.
- 3. Viveka Kumar, Vivek Kumar, Kajal Kumari, K.K. Talwar, Divya Prasad, Sunil Agarwal, M.S. Yadav a, Hamed Bashir, Suman Jatain, S.K. Gupta. Clinical safety profile of ticagrelor compared to clopidogrel in 1206 patients: Real world evidence. <a href="https://doi.org/10.1016/j.ehj.2018.05.002">https://doi.org/10.1016/j.ehj.2018.05.002</a>

- Viveka Kumar, Rajendra Agarwal, Mitendra Singh Yadav, Sangeeta Dhir, Vivek Kumar. Implantation
  of the Micra transcatheter pacing system: A single center North India experience. Indian Pacing
  Electrophysiol J. 2020 Nov 17;S0972-6292(20)30119-4. DOI: 10.1016/j.ipej.2020.10.005.
- 5. Kumar Vivek, et.al. A rare case of hypoplastic coronary sinus partially draining into right superior vena cava: A case report. Pacing Clin Electrophysiol. 2021;44:178-180
- Viveka Kumar, Vivek Kumar. Successful management of left main coronary artery obstruction following transcatheter aortic valve implantation. IHJ Cardiovascular Case Reports (CVCR). Volume 4, Issue 2,2020, Pages 58-60.

## **Frequently Asked Questions**

#### 1. Where does Dr. Vivek Kumar practice?

Dr. Vivek Kumar's practice is located at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Vivek Kumar?

Dr. Vivek Kumar is a distinguished Cardiologist with over 13 years of experience in the field of cardiology. He is currently associated with Apollo Hospitals, Delhi, where he provides expert care in managing complex heart conditions. A Gold Medalist in MBBS, Dr. Kumar has further completed his MD and DM, along with an advanced Preceptorship in Structural Heart Intervention at the renowned Cleveland Clinic, USA. His areas of expertise include procedures such as Coronary Angiography, Pacemaker Implantation, Angioplasty with Stent Placement, and Cardiac Catheterization. He is known for his specialized care in conditions like Irregular Heartbeat, Orthostatic Hypotension, Patent Foramen Ovale, Palpitations, Restrictive Cardiomyopathy, Primary Pulmonary Hypertension, Chest Pain During Exercise, and Cardiovascular Emergencies.

## 3. What is Dr. Vivek Kumar's specialization?

Dr. Vivek Kumar specializes in Cardiology. He has expertise in treating conditions such as Cardiac Tamponade, Cardiac Arrhythmias, Dilated Cardiomyopathy, Irregular Heartbeat, Orthostatic Hypotension, and Patent Foramen Ovale. His key treatments include Rheumatic Heart Disease Treatment, Preoperative Treatment, Cardiac Rehabilitation, Plication of the Inferior Vena Cava, Preventive Care of Heart Lung Diseases, Cardiovascular Disease Prevention, and Heart Transplantation.

## 4. What are Dr. Vivek Kumar's medical qualifications?

Dr Vivek Kumar holds MBBS(GOLD MEDALIST), MD, DM PRECEPTORSHIP STRUCTURAL HEART INTERVENTION CLEVELAND CLINIC, USA, reflecting his comprehensive education in the field of Cardiology.

#### 5. How many years of experience does Dr. Vivek Kumar have?

Dr. Vivek Kumar possesses 18 years of experience in cardiology.

### 6. What does a Heart Specialist do?

Cardiologists, or heart specialists, diagnose and treat cardiovascular diseases. Their expertise includes assessing heart health and interpreting tests such as electrocardiograms.

#### 7. When should I consult a cardiologist?

Consult a cardiologist if your primary care physician recommends it due to symptoms such as shortness of breath, dizziness, chest pain, irregular heartbeat, or hypertension. Cardiovascular health is crucial; timely consultation is important for effective heart disease management.

#### 8. What to expect during my first appointment with a cardiologist?

Your initial consultation with a cardiologist will involve a comprehensive review of your medical history and cardiovascular risk factors. A physical examination will be conducted, including assessment of your blood pressure, heart rate, and an electrocardiogram (ECG). This complete cardiovascular assessment helps determine your heart health.

## 9. How do cardiologists diagnose blocked arteries?

Cardiologists use various diagnostic tests to identify blocked arteries. These include cholesterol screening, electrocardiogram (ECG), chest X-ray, coronary CT angiography, ultrasound, echocardiogram, and cardiac angiography. These tests help assess heart health and identify arterial blockages.

## 10. Can I see a cardiologist directly?

Direct consultation with a cardiologist is recommended if you have a family history of early-onset heart disease (under 55 for men, under 65 for women). A cardiologist can evaluate your risk and provide appropriate treatment for genetically related heart conditions.