



Dr Vipul Vijay

MBBS, MS, DNB, Dip SICOT, MNAMS 14+ Years Experience

Dr Vipul Vijay is a top Orthopedician in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Vipul Vijay at Ask Apollo.

Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working
Weekdays
Mon - Fri

Doctor's Working
Hours
10:00 - 12:00

Phone Icon
Call Now

Calendar Icon
Book Appointment

Overview

Dr. Vipul Vijay is an esteemed orthopedic and sports medicine specialist based in South Delhi, Delhi. With an impressive 14 years of experience in the field, he has established himself as a trusted authority in the diagnosis and treatment of musculoskeletal injuries and conditions. Dr. Vijay holds multiple qualifications, including MBBS, MS, DNB, Dip SICOT, and MNAMS, demonstrating his commitment to excellence in orthopedic care. He is fluent in English, Hindi, and Assamese, ensuring effective communication with a diverse patient base. As an exclusive partner in his practice, Dr. Vijay dedicates his expertise to providing personalized treatment plans tailored to the unique needs of each patient. He is particularly adept at guiding athletes in their recovery processes and optimizing their performance through evidence-based approaches. Dr. Vijay's passion for sports medicine is complemented by his thorough understanding of the latest advancements in orthopedic practices, allowing him to offer cutting-edge treatment options. Whether it's a sports injury, joint pain, or a need for surgical intervention, Dr. Vipul Vijay is committed to helping his patients regain their strength and mobility, enabling them to return to their active lifestyles.

Experience

- Current Position: Full time Consultant, Orthopaedics, Joint Replacement & Arthroscopy.
- Previous Posts Held: Attending Consultant, Institute of Orthopaedics, Joint Replacement & Arthroscopy, Indraprastha Apollo Hospital, Sarita Vihar, New Delhi since October 2014.
- Clinical Associate, Indraprastha Apollo Hospital (October 2013-October 2014).
- Senior Resident (Department of Orthopaedics), Lady Hardinge Medical College and associated Dr. RML Hospital, Kalawati Saran Children's Hospital and SSK Hospital, New Delhi (2010-2013).

Membership

- World Society of Pediatric Infectious Diseases Fellowship, 2013
- Indian Orthopaedic Association Johnson & Johnson Travelling Fellowship, 2013.
- ESSKA Smith & Nephew International Arthroscopic Travelling Fellowship, ESSKA, 2015.
- Associate member of International Society of Orthopaedic surgery and Traumatology (SICOT)
- Member of Indian Orthopaedic Association
- Member of Delhi Orthopaedic Association
- Member of Delhi Medical Council.
- Member of ESSKA.

Research and Publication

- Kapoor SK, Chaudhry A, Vijay Vipul. Massive Osteochondroma of scapula requiring total scapulectomy- a case report and brief review of literature. KOA Journal January 2010; 40-43.
- Kapoor SK, Jangira V, Patra SR, Vijay Vipul, Kapoor S. Irreducible posterior fracture dislocation of hip (Pipkin's type II): a rare lesion preventing reduction. J of Orthopaedics, Traumatology and Rehabilitation 2009; 2(1):92-95.
- Vijay Vipul, Sud Alok, Mehtani Anil, Nangia Anita. Expansile lytic lesion in medial end clavicle in an adolescent girl: a case report. Journal of Musculoskeletal Research Vol. 15, No. 03 (2012).
- SK Kapoor, SR Patra, Vipul Vijay. Multi-organ hydatidosis with extensive involvement of hemi-pelvis and ipsilateral femur. Parasitology International 2013 Feb;62(1):82-5.
- R Vaishya, Vijay Vipul, Madhok M, Vaish A. Treatment for acute anterior cruciate ligament tear: five year outcome of randomised trial. BMJ. <http://www.bmj.com/content/346/bmj.f232/rr/679870>.

- aishya R, Vijay Vipul, KC Kapil M, Birla VP. Non Union neck of femur in a young patient. Apollo Medicine. doi:10.1016/j.apme.2014.01.005.
- Vaishya R, Vijay Vipul, Vaish A. Spontaneous osteonecrosis of the knee: an unusual cause of knee pain. BMJ Case Rep. 2014 Apr 30;2014. pii: bcr2014204570. doi: 10.1136/bcr-2014-204570.
- Prakash J, Vijay Vipul. Tuberculosis of the patella imitating chronic knee synovitis. BMJ Case Rep. 2014 Apr 15;2014. pii: bcr2014203971. doi: 10.1136/bcr-2014-203971.
- Vaishya R, Vijay Vipul, KC Kapil M. How old is old for bilateral simultaneous total knee arthroplasty? Journal of American Geriatric Society. J Am Geriatr Soc. 2014 Oct;62(10):2011-2.
- Vaishya R, Vijay Vipul, Vaish A. Bilateral hip pain with hypogonadism. Apollo Medicine. Volume 11, Issue 2, June 2014, Pages 145–146.
- Vaishya R, Vijay Vipul. Management of bipartite patella : a review of 5 cases. Journal of Orthopaedic Surgery. 2015 Apr;23(1):127-30.
- Vaishya R, Vijay Vipul, Khanna V. Spina ventosa in an 18 year old. Apollo Medicine September 2014 Volume 11, Issue 3, Pages 239–240.
- Vijay Vipul, Mehtani A, Sud A. Multifocal bilateral metatarsal tuberculosis: a rare presentation. Journal of Foot & Ankle Surgery 2015 Jan-Feb;54(1):112-5.
- Vaishya R, Vijay Vipul, Birla VP. Patient specific instruments for primary total knee arthroplasty: A new concept. Apollo Medicine. Volume 11, Issue 4, December 2014, Pages 277–283.
- Vaishya R, Vijay Vipul. Bilateral acrometastasis secondary to Renal Cell Carcinoma. BMJ case reports. BMJ Case Rep. 2014 Nov 3;2014. pii: bcr2014206402. doi: 10.1136/bcr-2014-206402.
- Vaishya R, Vijay Vipul. Dislocation of a constrained Total Knee Arthroplasty with patellar tendon rupture. Chinese Journal of Traumatology (accepted for publication).
- Vijay Vipul, Tyagi V, Mehtani A. Comment on Zeng et al : Vascularised greater trochanter bone graft, combined free iliac flap and impaction bone grafting for osteonecrosis of the femoral head. International Orthopaedics 2013 Jul;37(7)
- Vaishya R, Swami S, Vijay Vipul, Vaish A. Bilateral total hip arthroplasty in a young man with hereditary multiple exostoses. BMJ Case Rep. 2015 Jan 5;2015. pii: bcr2014207853. doi: 10.1136/bcr-2014-207853.
- 19. Vaishya R, Vijay Vipul, Vaish A. Letter to the Editor: Patient-Specific Instrumentation Does Not Shorten Surgical Time: A Prospective, Randomized Trial. J Arthroplasty. 2014 Jul;29(7):1508.
- Vaishya R, Vijay Vipul. Comment on Conteduca et al.: Patient-specific instruments in total knee arthroplasty. Int Orthop. 2014 May;38(5):1123-4.
- Vijay Vipul, Vaishya R. Letter to the Editor on “Simultaneous Bilateral Knee Arthroplasty in Octogenarians: Can It Be Safe and Effective?” Journal of Arthroplasty 2014 Sep;29(9):1877-8.

- Vaishya R, Vijay Vipul. Letter to the editor on "Can total knee arthroplasty be safely performed among nonagenarians? An evaluation of morbidity and mortality within a total joint replacement registry". J Arthroplasty. 2015 Jan;30(1):156-7.
- Vijay Vipul, Vaishya R. Comment on "Plant thorn synovitis of the elbow". Journal of Clinical Orthopaedics & Traumatology. Published online: January 13, 2015.
- Vaishya R, Agarwal A, Vijay Vipul, Mancha D. Single stage management of a neglected radial club hand deformity in an adult. BMJ Case Rep. 2015 Feb 10;2015. pii: bcr2014208682. doi: 10.1136/bcr-2014-208682.
- Vaishya R, Agarwal A, Vijay Vipul. Metachronous multicentric giant cell tumour in a young woman. BMJ Case Rep. 2015 May 15;2015. pii: bcr2015209368. doi: 10.1136/bcr-2015-209368.
- Vaishya R, Agarwal A, Vijay Vipul. Vitamin D – old wine in new bottle. Journal of Clinical Orthopaedics & Traumatology. Vol. 6, Issue 3, p173–183.
- Vaishya R, Vijay Vipul, Agarwal A. Low back pain in a patient of Ankylosing Spondylitis. Apollo Medicine. Published online: February 28, 2015
- Vaishya R, Agarwal A, Vijay Vipul. Osteoarthritis of the hips in hereditary multiple exostoses. Apollo Medicine. Published online: March 2, 2015.
- Vaishya R, Vijay Vipul. Painful lytic lesions of the foot. Malaysian Journal of Orthopaedics. Malaysian Orthopaedic Journal 2015 Vol 9 No 1, p35-37.
- Vaishya R, Vijay Vipul, Agarwal A. Letter to the Editor on "Releasing of Tourniquet Before Wound Closure or Not in Total Knee Arthroplasty: A Meta-Analysis of Randomized Controlled Trials". J Arthroplasty. 2015 Jul;30(7):1290-1. doi: 10.1016/j.arth.2015.01.038.
- Agarwal AK, Chandrashekhar V, Vaishya R, Vijay Vipul. Metachronous multicentric giant cell tumour of right lower extremity:a rare presentation. J Clin Orthop Trauma 2015, 6:79.
- Vijay Vipul, Vaishya R, Wani AM. Local infiltrative analgesia reduces post op pain and hospital stay in total knee replacement. J Clin Ortho Trauma 2015,6:66.
- Vijay Vipul, Vaishya R, Vaish A. Management of bipartite patella – a review of 5 cases. J Clin Orthop Trauma 2015,6:82.
- Vaishya R, Agarwal AK, Vijay V. Salvage Treatment of Aggressive Giant Cell Tumor of Bones with Denosumab. Cureus. 2015 Jul 30;7(7):e291.
- Vaishya R, Vijay Vipul. Successful salvage of an unstable Girdlestone's excision arthroplasty with megaprosthesis of the hip. Journal of Clinical Orthopaedics & Trauma. Published online: April 23, 2015.
- Vijay Vipul, Vaishya R. Isolated C-C joint tuberculosis – a diagnostic dilemma. The Foot. Published online June 11,2015. In press, corrected proof.

- Vaishya R, Vijay Vipul, Agarwal AK. Letter to the Editor on "Bilateral Total Hip Arthroplasty has Similar Complication Rates to Unilateral Total Hip Arthroplasty". J Arthroplasty. 2015 May 18. pii: S0883-5403(15)00381-2. doi: 10.1016/j.arth.2015.05.012.
- Demesugh MD, Vaishya R, Agarwal AK, Vijay Vipul. Multiple atraumatic osteoporotic vertebral fractures: an unusual cause of back pain in a young adult. Apollo Medicine(2015), Vol. 12, Issue 2, p144–147.
- Vaishya R, Vijay Vipul, Agarwal AK, Vaish A. Arthroscopic surgery for degenerative knee: a meta-analysis and systematic review of benefits and harms. BMJ. 2015;350 doi: <http://dx.doi.org/10.1136/bmj.h2747> (Published online 16 June 2015).
- Vaishya R, Agarwal AK, Vijay Vipul. 'Salvage Treatment' of Aggressive Giant Cell Tumor of Bones with Denosumab. Cureus. 2015 Jul 30;7(7):e291.
- Vaishya R, Agarwal AK, Vijay Vipul. Lessons learnt from a case of multiple myeloma. BMJ Case Rep. 2015 Aug 25;2015. pii: bcr2015211358. doi: 10.1136/bcr-2015-211358.
- Vaishya R, Vijay Vipul, Agarwal AK. Reversed distal femoral locking plate for proximal femoral fractures after failed proximal femoral nail. International Orthopaedics (accepted).
- Vaishya R, Vijay Vipul, Swami S. Isolated intra-articular osteochondroma of the hip”. Acta Orthop et Trauma Tur. (accepted).
- Vaishya R, Agarwal AK, Vijay Vipul, Shrivastava VK. A hidden cause of troublesome finger pain in an adult. Apollo Medicine, Vol. 12, Issue 3, p216–217.
- Vaishya R, Agarwal AK, Vijay Vipul. Megaprosthesis of elbow for resistant non union of distal humerus. JOCR (in press).
- Vaishya R, Rai B, Patore P, Vijay Vipul. Osteoarthritis of the Manubrio-Sternal Joint: An uncommon cause of chest pain. Cureus
- Vaishya R, Vijay Vipul. Outcome of anatomical locked lateral end clavicle plate in young adults”. Chinese Journal of Traumatology. (under review).
- Vijay Vipul, Vaishya R. Multiple “stones” in the knee. Apollo Medicine. (In press)
- Vaishya R, Vijay Vipul, Agarwal AK. Total knee arthroplasty using patient specific blocks after prior femoral fracture without hardware removal. Journal of Orthopedic Surgery. (In press).

Frequently Asked Questions

1. Where does Dr. Vipul Vijay practice?

Dr. Vipul Vijay currently practices at Apollo Hospitals, located in Delhi.

2. Who is Dr. Vipul Vijay?

Dr. Vipul Vijay is a highly experienced Orthopaedician with 14 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Pelvis Fracture Treatment Management, Regenerative Therapy For Joints. He also treats conditions such as Carpal Tunnel Syndrome, Sports Injury.

3. Why do patients choose Dr. Vipul Vijay?

Patients trust Dr. Vipul Vijay for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Vipul Vijay's specialization?

Dr. Vipul Vijay specializes in Orthopaedics, with expertise in treatments for Pelvis Fracture Treatment Management, Regenerative Therapy For Joints.

5. What are Dr. Vipul Vijay's medical qualifications?

Dr. Vipul Vijay holds prestigious qualifications, including MBBS, MS, DNB, Dip SICOT, MNAMS.

6. How many years of experience does Dr. Vipul Vijay have?

Dr. Vipul Vijay has 14 years of experience in the medical field, treating various conditions related to Orthopaedics.

7. How can I book an appointment with Dr. Vipul Vijay?

You can book an appointment with Dr. Vipul Vijay through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.