



## Dr Sudeshna Ray

MD (University of Calcutta); MRCOG (London) 28+ Years Experience

Dr Sudeshna Ray is a top Obstetrician & Gynecologist in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Sudeshna Ray at Ask Apollo.

### Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working  
Weekdays  
Tue

Doctor's Working  
Hours  
15:00 -17:30

Phone Icon  
Call Now

Calendar Icon  
Book Appointment

## Overview

Dr. Sudeshna Ray is a highly experienced Obstetrician and Gynaecologist based in Mumbai, Maharashtra. With an impressive 28 years of medical practice, she has established herself as a leader in her field. A graduate with an MD and MRCOG from London, Dr. Ray possesses extensive knowledge and expertise in women's health, specializing in both obstetrics and gynaecology. Her dedication to patient care and well-being has earned her a reputable standing among her peers and patients alike. Notably, she has been consistently recognized for her excellence, being listed in the top doctors of Mumbai in The INDIA TODAY survey every year since 2018. Dr. Ray is fluent in multiple languages including English, Hindi, and Bengali, allowing her to communicate effectively with a diverse patient population. At Apollo Hospitals, she utilizes her extensive experience to provide comprehensive care in obstetrics and gynaecology, ensuring that her patients receive the highest quality of medical attention tailored to their individual needs.

## Experience

### Gynaec services offered:

Puberty health issues

Contraceptive management

Endometriosis

Fibroids

Management of abnormal uterine bleeding

Menopause

Scarless Hysterectomy

Minimally Invasive Surgeries (Key Hole surgeries)

Robotic surgeries ( precise and advanced form of key hole surgery)

Urogynaecology such as Prolapse, urinary incontinence & sexual dysfunction

Repair of Pelvic floor laxation

Pelvic Pain

Ovarian cysts

PCOS

### **Obstetric services offered**

Pre conceptional counselling

Management of Normal pregnancies & pregnancies complicated with Diabetes, High blood pressure, heart disease, thyroid, Kidney & other problems, infections, etc.

Management of premature pregnancies/labour

Management of pregnancies with small and sick babies

Management of multiple pregnancies such as Twins & triplets

Management of pregnancies with abnormalities in unborn foetuses

Management of repeated miscarriages

Management of ectopic pregnancies

## **Membership**

Elected as the Member representative of the All India Congress of RCOG (London) –West Zone.

Executive committee member of SOVSI Maharashtra Chapter

Life member of Mumbai obstetric and Gyn Society (MOGS) •

Life member of Federation of Gyn and Obs societies of India (FOGSI)

# Awards

- **Listed among the Top Doctors of Mumbai**

*By India Today Survey – Every year since 2018*

- **Dhanwantri Samman Award**

*For excellence in medical service*

- **Young Achiever Award**

*S.N. Medical College, Agra*

- **Best Paper Award**

*Presented at the ASI (Association of Surgeons of India) Conference*

## Research and Publication

Chapter contribution in the book on “Vaginal Hysterectomy” 2<sup>nd</sup> edition by Dr Shirish Sheth

Chapter contribution in the “Book on Labour” a RCOG publication edited by Sir Arulkumaran

Sub editor of the ‘Current series on OBGYN’ along with editor Dr Duru shah

## Frequently Asked Questions

### 1. Where does Dr. Sudeshna Ray practice?

Dr. Sudeshna Ray's medical practice is located at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Sudeshna Ray?

Dr Sudeshna Ray is a renowned Obstetrician & Gynecologist with over 23 years of experience. She practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Sudeshna Ray holds a degree in MD (University of Calcutta); MRCOG (London). She provides treatments including Hysterectomy, Laparoscopic Ovarian Cyst Removal, IVF & Fertility Treatments. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

### 3. Why do patients choose Dr. Sudeshna Ray?

Patients consult Dr. Sudeshna Ray for expert care in Endometriosis, Fibroids, and Menopause Therapy. For additional details on her expertise, please refer to her professional profile.

#### **4. What is Dr. Sudeshna Ray's specialization?**

Dr Sudeshna Ray specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

#### **5. What are Dr. Sudeshna Ray's medical qualifications?**

Dr Sudeshna Ray holds MD (University of Calcuttta); MRCOG (London), reflecting her comprehensive education in the field of Obstetrics & Gynecology.

#### **6. How many years of experience does Dr. Sudeshna Ray have?**

Dr. Sudeshna Ray possesses 23 years of experience in the medical field. Details regarding her previous practice locations are available upon request.