



## Dr Sanjay Dhar

MBBS, MS, DNB 28+ Years Experience

Dr Sanjay Dhar is a top Orthopedician in Mumbai at Apollo Hospitals Navi Mumbai . Book appointment online with Dr Sanjay Dhar at Ask Apollo.

### Hospitals

Apollo Hospitals, Mumbai ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
12:00-20:00

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## Overview

Dr. Sanjay Dhar is a highly esteemed Orthopaedician based in Mumbai, Maharashtra, boasting an impressive 28 years of experience in the field. He holds a distinguished educational background with qualifications including MBBS, MS, and DNB. Dr. Dhar is well-respected for his commitment to patient care and clinical excellence, making him a trusted figure in orthopaedics. His areas of expertise encompass a wide range of musculoskeletal conditions, ensuring that patients receive comprehensive assessments and tailored treatment plans. Communication is a key aspect of his practice, and he is fluent in multiple languages including English, Hindi, and Marathi, which allows him to connect with a diverse patient base seamlessly. As a specialist at Apollo Hospitals, Dr. Dhar is equipped with the latest advancements in medical technology and treatment modalities, enabling him to provide optimum care. His dedication to ongoing education keeps him at the forefront of the latest developments within orthopaedics. Patients can expect a compassionate and thorough approach to their healthcare needs, ensuring that they are informed and supported throughout their journey towards recovery. Whether dealing with routine orthopaedic issues or complex surgical cases, Dr. Sanjay Dhar combines skill, experience, and empathy to enhance the health and well-being of his patients.

# Experience

- Professor Orthopaedics, DrD.Y.Patil Medical College, Navi Mumbai July 2008 till date.
- Associate Professor and Unit Head T. N. Medical College & B.Y.L Nair Hospital, Mumbai from March 1999 till 31 May 2008.
- Consultant Orthopaedic Surgeon Bombay Hospital & Research Institute, Mumbai,
- Lecturer LTM Medical College & LTMG Hospital, Sion, Mumbai from 1st September 1993 to 17March 1999
- Registrar Government Medical College, Jammu from November 1992 to 30th August 1993

# Membership

- Clinical & Research Fellowship (Gyeong Sang National University Hospital, Chinju, South Korea. Aug.1998-Feb.1999)
- Visiting Orthopaedic Fellow(Dept. Orthopedic Surgery, University of Okayama, Okayama, Japan. Feb.1999)
- Wockhardt Trauma Fellowship(Awarded by Bombay Orthopaedic Society (1995))
- Hargobind fellowship 2005(Hargobind Medical Foundation, Mumbai, India)
- Clinical Fellowship – Minimally Invasive Spine surgery(Wooridul Spine Hospital & Research Centre, Seoul, South Korea. March 2007)
- Secretary, Bombay Orthopaedic Society.
- Member:Association of Spinal Surgeons of India.
- Member:Indian Spinal cord Society
- Member:AO Spine India

# Awards

- Academic coordination, written chapter on Pediatric ENT, Speaker & Faculty Member in National & International Commitees

# Research and Publication

- Pycnodysostosis, a case reports. Indian J Orthop, 26(1): 103-106; 1992.

- Percutaneous Plating Technique, a new method of biological fixation for complex fractures of long bones. Injury, 27(5): 378; 1996.
- Combined Dorsoventral staged short segment stabilization-fusion for the unstable Dorso -lumbar spine. Modern trends in the management of Neurotrauma. Dr P.S. Ramani. p 243-246.
- A classification system of the extent of femoral head osteonecrosis using MRI. J Korean Orthop Assoc., 33(6) 1491-1499:1998.
- Diagnostic Significance of Magnetic Resonance Imaging in Hip Pain in Children. Indian J Orthop, 34(2): 131-134; July2000
- Secondary Internal Fixation in Open Comminuted Fractures of Femur: Is it the correct alternative. Bombay Hosp J, 42(1): 128-135; Jan.2000
- Classification of Metaphyseal change with Magnetic Resonance Imaging in Legg-Calve Perthes Disease. J.Paed.Ortho, 20(5): 557-561, 2000
- T. B. Spine: Role of Instrumentation
- Classification of Acetabular Fractures. Indian J.Orthopaedics, 36(1): 5-7; Jan.2002
- Post partum pubic symphyseal diastasis. Bombay Hosp J, 44(4): Oct.2002
- Pedicle subtraction osteotomy for rigid post-tuberculous kyphosis J Bone Joint Surg Br, Jul 2006; 88-B: 925 – 927
- A modified Gaines procedure for spondyloptosis J Bone Joint Surg Br, Nov 2010; 92-B: 1589 – 1591
- Failed Back syndrome.Textbook of orthop and Trauma, Kulkarni;JPbro, ed2nd,p2818 Awards

## Frequently Asked Questions

### 1. Where does Dr. Sanjay Dhar practice?

Dr. Sanjay Dhar practices at Apollo Hospitals, Navi Mumbai. This hospital offers comprehensive healthcare services and world-class medical facilities.

### 2. Who is Dr. Sanjay Dhar?

Dr Sanjay Dhar is a renowned Orthopaedic Surgeon with over 28 years of experience. He practices in Mumbai at Apollo Hospitals Navi Mumbai. Dr Sanjay Dhar holds a degree in MBBS, MS, DNB. He provides treatments including Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints. He specializes in treating conditions like Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation.

### 3. Why do patients choose Dr. Sanjay Dhar?

Patients select Dr. Sanjay Dhar for expertise in Bone and Joint treatments, including Heat Therapy and Joint Mobilization.

#### **4. What is Dr. Sanjay Dhar's specialization?**

Dr Sanjay Dhar specializes in Orthopaedics. He has expertise in treating conditions such as Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation. His key treatments include Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints.

#### **5. What are Dr. Sanjay Dhar's medical qualifications?**

Dr Sanjay Dhar holds MBBS, MS, DNB, reflecting his comprehensive education in the field of Orthopaedics.

#### **6. How many years of experience does Dr. Sanjay Dhar have?**

Dr. Sanjay Dhar possesses 40 years of experience in the medical field. His extensive career includes practice in various locations.

#### **7. How can I schedule an appointment with Dr. Sanjay Dhar?**

To schedule an in-person appointment with Dr. Sanjay Dhar, please book online through our appointment system.

#### **8. Who is an Orthopedist?**

An orthopedist is a medical doctor specializing in diagnosing and treating musculoskeletal disorders. They address conditions affecting bones, muscles, joints, and ligaments, including arthritis, back pain, sports injuries, and leg and foot pain. Orthopedic care encompasses the skeletal system's comprehensive treatment.

#### **9. What is the difference between an Orthopaedist and an Orthopaedic Surgeon?**

While often used interchangeably, there's a key distinction. Orthopaedists manage musculoskeletal system conditions, offering pre- and post-surgical care. Orthopaedic surgeons provide the same care but also perform surgeries for conditions like back pain, disc rupture, bone tumors, carpal tunnel syndrome, and arthritis.