



## Dr Ruma Khandelwal

MBBS, DM(Pediatrics), Fellowship in Pediatric Critical Care 10+ Years Experience

Dr Ruma Khandelwal is a top Pediatrician in Bhopal at Apollo Sage Hospitals . Book appointment online with Dr Ruma Khandelwal at Ask Apollo.

### Hospitals

Apollo Sage Hospitals ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
09:00-14:00

Phone Icon  
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Calendar Icon  
Book Appointment

## Overview

Dr. Ruma Khandelwal is a highly qualified Paediatrician based in Bhopal, Madhya Pradesh, with 10 years of dedicated experience in the field of child healthcare. Holding an MBBS and an MD in Pediatrics, as well as an IDPCCM certification, Dr. Khandelwal is well-equipped to address a wide range of medical concerns affecting infants, children, and adolescents. Her clinical expertise is complemented by her ability to communicate effectively in both English and Hindi, making her accessible to a diverse patient demographic.

Dr. Khandelwal is affiliated with Apollo Hospital, where she provides comprehensive care to her young patients. Her commitment to excellence in pediatric care has been recognized with several accolades, including a prestigious gold medal for her achievements in medicine and the opportunity to present her research on a national platform.

As an esteemed member of the medical community, Dr. Khandelwal is known not only for her medical skills but also for her empathetic approach towards children and their families. She understands that visiting a doctor can be a daunting experience for children, and she strives to create a welcoming and comforting environment. Her patients benefit from her thorough assessments and tailored treatment plans, ensuring that each child's unique needs are met with the utmost professionalism and care.

For those seeking a Paediatrician in the Bhopal area, Dr. Ruma Khandelwal stands out as a trusted and knowledgeable expert dedicated to fostering the health and well-being of the younger population.

## Experience

- Assistant professor department of pediatrics at LN Medical College, Bhopal for 1.5 years
- Consultant in department of pediatrics Fortis Hospital, Bannerghatta, Bangalore for 1 year.
- Senior Resident at St. John's Medical College, Bangalore for 1 year
- Assistant professor, Department of Paediatrics at Sri Aurobindo Medical sciences and PG institute, Indore for a period of 1 year.
- Senior resident at Sri Aurobindo Institute of Medical Sciences and PG Institute, Indore for a period of 1 year.
- Senior resident at MGM Medical College and MY hospital Indore for a period of 4 months
- Registrar in Nobel Multispecialty Hospital, Indore for a period of 3 months.
- Internship in MY Hospital, Indore for a period of 1 year from March 31st 2010 to March 30th 2011 in all subjects of MBBS on a rotatory basis.
- Have gained a good clinical and academic experience while working in above institutes.
- Have trained self and developed skills to work in a critical care unit.

## Membership

- Faculty in the workshop on Basic mechanical ventilation at National Neocon 2016.
- Workshop under IAP Action Plan 2016 development for all- cradle to cradles & beyond held at Indore.
- Golden Hour Emergency management course held by Indian Academy of Paediatrics in GRMC, Gwalior
- Paediatric Advanced Life Support (PALS) course held by Indian Academy of Paediatrics.
- Training in Practical Paediatric Skills(TIPS) at MY Hospital, Indore held by Indian Academy of Paediatrics
- Life member of Indian academy of Paediatrics, India
- Life member of National neonatology Forum, India
- Member of Indian Academy of pediatrics Intensive care chapter

## Awards

- International Faculty and Demonstrator In Academic/ Training Workshops for Interventional Gastroenterology

## Research and Publication

- Original article- “Predictors of failure of Non-invasive ventilation in children with acute respiratory distress: A prospective Observational study” published in Indian Journal of Child Health February 2018. An Indexed Journal.
- Paper publication in International Journal of Contemporary Pediatrics, an indexed journal cited "Parents stress in Neonatal Intensive Care Unit: an unattended aspect in medical care".
- Presented paper on “SOFA score as a predictor of outcome in sepsis in a Pediatric Intensive care Unit- A prospective observational study” in International Pediatric Critical care conference of India organised by College of Pediatric Critical Care and Pediatric Academy of Telangana 2018 at Hyderabad.

## Frequently Asked Questions

### 1. Where does Dr. Ruma Khandelwal practice?

Dr. Ruma Khandelwal currently practices at Apollo Sage Hospitals, located in Bhopal.

### 2. Who is Dr. Ruma Khandelwal?

Dr. Ruma Khandelwal is a highly experienced Paediatrician with 10 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

### 3. Why do patients choose Dr. Ruma Khandelwal?

Patients trust Dr. Ruma Khandelwal for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Ruma Khandelwal's specialization?

Dr. Ruma Khandelwal specializes in Pediatrics, with expertise in Immunizations, Pediatric Endoscopy, Nebulization Therapy, Growth Hormone Therapy, Congenital Heart Surgery.

### 5. What are Dr. Ruma Khandelwal's medical qualifications?

Dr. Ruma Khandelwal holds prestigious qualifications, including MBBS, DM(Pediatrics),Fellowship in Pediatric Critical Care.

## **6. How many years of experience does Dr. Ruma Khandelwal have?**

Dr. Ruma Khandelwal has 10 years of experience in the medical field, treating various conditions related to Pediatrics.

## **7. How can I book an appointment with Dr. Ruma Khandelwal?**

You can book an appointment with Dr. Ruma Khandelwal through: Online: Visit

[<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.