

# Dr Rohan Nambiar

MBBS, D ORTHO, DNB(ORTHO), MNAMS, MRCS(Glasg) 12+ Years Experience

Dr Rohan Nambiar is a top Orthopedician in Bangalore at Apollo Speciality Hospitals Jayanagar Bangalore . Book appointment online with Dr Rohan Nambiar at Ask Apollo.

## Hospitals

Apollo Speciality Hospital, Jayanagar,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working Hours 17:00 -20:00

Phone Icon
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# **Overview**

Dr. Rohan Nambiar is a highly skilled Orthopaedician based in Bengaluru, Karnataka, with an impressive 12 years of experience in the field of orthopaedics. He has dedicated his professional life to improving the musculoskeletal health and quality of life for his patients. Dr. Nambiar holds multiple qualifications, including an MBBS, D ORTHO, DNB(ORTHO), MNAMS, and MRCS(Glasg), showcasing his commitment to ongoing education and expertise in his specialty. His extensive training allows him to diagnose and treat a wide range of orthopedic conditions, from fractures and sports injuries to complex joint disorders. Fluent in English, Hindi, and Kannada, he effectively communicates with a diverse patient population, ensuring that everyone receives personalized care tailored to their needs. As a member of the prestigious Apollo network, Dr. Nambiar is well-versed in the latest advancements in orthopedic treatments and surgical techniques. His approach is characterized by compassion, professionalism, and a patient-centric philosophy. Whether through conservative management or surgical intervention, Dr. Nambiar strives to achieve the best outcomes for his patients, helping them regain mobility and improve their overall health. For anyone seeking a dedicated and experienced orthopaedic surgeon in Bengaluru, Dr. Rohan Nambiar is a trustworthy choice.

# **Experience**

### Apollo Speciality Hospital, Jayanagar, Bangalore —

Diagnose a wide array of orthopaedic problems. Perform detailed pre-operative assessment of arthroplasty patients. Assist arthroplasty cases of the knee and hip including revision arthroplasties. Detailed management of infected arthroplasties of knee. Management of sports related injuries and their rehabilitation process. Monitoring the recovery process and rehabilitation of operated patients. Participate in ongoing research activities

### Bangalore Medical College and Research Institute, Bangalore —

Diagnose trauma, injuries, musculoskeletal issues and tumors in casualty and the outpatient department. Perform surgical procedures on the musculoskeletal system to correct deformities, improve function and repair injuries. Monitoring the recovery process and rehabilitation of operated patientCommunicate with patients to enable them to make an informed decision regarding the best course of management. Take classes in orthopedics for undergraduate medical students and supervise postgraduate students in the department of orthopaedics. Organised various conferences for the Bangalore Orthopaedics Society for the year 2017-18

### Karnataka Institute of Medical Sciences, Hubli — Jr Resident

Wrote detailed history and physical examination on all patients admitted to the ward. Operated therapeutic and diagnostic medical equipments. Monitored patients during procedures and maintained aseptic technique until procedure completion. Organised and assisted various health camps for people in the rural areas.

### Hosmat Hospital, Bangalore —

Ensured patients understood their diagnoses, received relevant information about all possible treatment options and decided on the best treatment plans for their needs. Answered all questions and addressed all concerns before, during and after any surgical procedures. Assisted eminent surgeons in a multitude of trauma cases. Helped organise and schedule duties of other residents during my time as chief resident. Communicated extensively with specialists from other departments to ensure that patients received multidisciplinary care. Was part of various camps providing free treatments to low income patients. Was part of medical team at Chinnaswamy stadium hosting national and international cricket matches.

# Membership

J.M. Medical College, Davangere — M.B.B.S

Karnataka Institute of Medical Sciences, Hubli — Diploma in Orthopaedics

Manjunath D, Shivanna D, Verma A, Nambiar R. Outcome of Fracture Shaft Humerus Treated with TENS. International Journal of Orthopedics and Rehabilitation.

HOSMAT HOSPITAL, Bangalore — DNB (Orthopaedics)

National Academy of Medical Sciences, India — MNAMS 2017 Royal College of Physicians and Surgeons of Glasgow, UK — MRCS (Glasg

# **Awards**

- Best Paper Presentation Award (Florida, 2019)
- Pennsylvania Orthopaedic Society's Resident/Fellow Award (2nd place)
- Gold Medal for Best Paper at 1st Annual Conference of Telangana Orthopedic Surgeons Association, (Feb 2016)
- Best Paper & International Fellowship Award at Indian Arthroplasty Conference IAACON2016, Delhi
- Best Article at the Annual Conference of Orthopedics Association of South Indian States. (Sep 2016)
- Best Outstanding Student (Delhi, 2008, 2009)
- 1st prize in Clinical Skills Competition conducted by Clinical Medicine Department (2010)

# **Research and Publication**

#### PAPER PUBLISHED

Manjunath D, Shivanna D, Verma A, Nambiar R. Outcome of Fracture Shaft Humerus Treated with TENS. International Journal of Orthopedics and Rehabilitation. 2018;4(1):20-23.

# **Frequently Asked Questions**

# 1. Where does Dr. Rohan Nambiar practice?

Dr. Rohan Nambiar currently practices at Apollo Speciality Hospitals Jayanagar, located in Bangalore.

### 2. Who is Dr. Rohan Nambiar?

Dr. Rohan Nambiar is a highly experienced Orthopaedician with 12 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. He areas of expertise include Joint Replacement Surgery, Arthroscopy. He also treats conditions such as

Osteoarthritis, Fractures.

### 3. Why do patients choose Dr. Rohan Nambiar?

Patients trust Dr. Rohan Nambiar for he expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

## 4. What is Dr. Rohan Nambiar's specialization?

Dr. Rohan Nambiar specializes in Orthopaedics, with expertise in treatments for Joint Replacement Surgery, Arthroscopy.

## 5. What are Dr. Rohan Nambiar's medical qualifications?

Dr. Rohan Nambiar holds prestigious qualifications, including MBBS, D ORTHO, DNB(ORTHO), MNAMS, MRCS(Glasg).

## 6. How many years of experience does Dr. Rohan Nambiar have?

Dr. Rohan Nambiar has 12 years of experience in the medical field, treating various conditions related to Orthopaedics.

## 7. How can I book an appointment with Dr. Rohan Nambiar?

You can book an appointment with Dr. Rohan Nambiar through: Online: Visit https://www.apollohospitals.com/book-doctor-appointment/ to schedule an appointment.