

# Dr Phanendra Kumar Gubbala

MBBS, MRCOG Gynaecological Oncologist 7+ Years Experience

Dr Phanendra Kumar Gubbala is a top Gynec Oncology in Chennai at Apollo Proton Cancer Centre . Book appointment online with Dr Phanendra Kumar Gubbala at Ask Apollo.

### Hospitals

Apollo Proton Cancer Centre, Chennai,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working Hours 10:30 -18:00

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## **Overview**

Dr. Kumar Gubbala is a highly skilled Gynaecological Oncologist based in Chennai, Tamil Nadu, with over 7 years of dedicated experience in the field. He has earned his qualifications of MBBS and MRCOG, equipping him with a comprehensive understanding of both general and specialized medical practices, particularly in the intricacies of gynaecological health. Dr. Gubbala is committed to providing compassionate and personalized care to his patients, ensuring they receive the most appropriate treatments for their conditions.

As a male doctor, he understands the unique challenges women face regarding gynaecological cancers and strives to create a supportive environment for his patients. Fluent in both English and Telugu, Dr. Gubbala is adept at communicating effectively with a diverse array of patients, ensuring that they feel comfortable and well-informed throughout their treatment journeys.

Affiliated with Apollo Hospitals, Dr. Gubbala adheres to the highest standards of medical excellence and is dedicated to ongoing education and advancement in his specialty. He remains abreast of the latest research and treatment methodologies, which enriches his practice and enhances patient outcomes. Whether it's through routine check-ups or complex surgical interventions, Dr. Kumar Gubbala is a reliable partner in women's health, focusing on proactive management and innovative therapies to combat

gynaecological cancers. He welcomes patients to consult him for their gynaecological health needs, promising a thorough, attentive, and humane approach to care.

# **Experience**

- Fellowship in Gynaecological Oncology at The Christie Cancer Hospital, Manchester.
   Residency/ Fellowship
- Obs-Gyn and Gyn Onc Oxford University Hospitals, Oxford Feb12- Mar17
- Residency Obs-Gyn Chelsea and Westminster Hospital, London Oct 10 Feb 12
- Residency Gyn-Onc The Royal Marsden Hospital, London Oct 09 Oct10
- Residency Obs-Gyn Conquest Hospital, Hastings Oct 08 Oct 09
- Residency Obs-Gyn Ashford & St. Peters Hospital, Chertsey Jan 07 Oct 08

# Membership

- Royal College of Obstetricians and Gynaecologist.
- British Gyanecological Cancer Society.
- British Medical Association.
- The British Society for Colposcopy and Cervical Pathology.
- Medical Defence Union.

## **Awards**

- Presented Research work at Irish, British European, American and World Gastroenterology / Hepatology Conferences.
- One of the only few Indian to have Fellowship of European Board of Gastroenterology.
- Participated in six multi-centric International Drug trials in Ireland. Performed two TIPS procedures
  (Trans Jugular Intra Hepatic, Porto-Systemic Shunt) successfully at Apollo Hospitals, Ahmedabad, first
  time in the history of Guajrat.
- Invited as a faculty at few national conferences. Established Liver Clinic and advanced hepatology services at Apollo Hospitals, Ahmedabad. Performed many rare and difficult therapeutic GI endoscopic procedures at Apollo Hospitals, Ahmedabad.

# **Research and Publication**

- Ketonuria and HELLP syndrome P GUBBALA, M Karoshi, and F Zakaria. BMJ Case Reports doi: 10.1136/bcr.10.2008.1087 (Published 26 March 2009)
- Monoamniotic twin pregnancy A case report and review of literature. P GUBBALA, P Sinha, J Zaidi, L
   De-silva. The Internet Journal of Gynecology and Obstetrics, 2010 Volume 13 Number 1
- Acute Fatty Liver of Pregnancy A Review, The Internet Journal of Gynecology and Obstetrics™. P Sinha, P GUBBALA, P Kyle. The Internet Journal of Gynecology and Obstetrics, 2010 Volume 13 Number.1
- Outcomes of ovarian transposition A systematic review and meta-analysis. GUBBALA K, Laios A,
   Gallos I, Pathiraja P, Haldar K, Ind T Ovarian Res. 2014 Jun 25;7:69. doi: 10.1186/1757-2215-7-69.
   EeCollection 2014.
- Neo-adjuvant chemotherapy does not increase the rate of complete resection and does not significantly reduce the morbidity of visceral-peritoneal debulking (VPD) in patients with Stage III-IV Ovarian Cancer, R Tozzi, S Cianci; S Tardino; R Garruto Campanile; K GUBBALA; G Fachechi; F Ferrari; I Martinek; H Majd.. Gynecologic Oncology 05/2015; 138(2).
- Latest developments and techniques in Gynaecological oncology surgery. Hooman Soleymani Majd
   Federico Ferrari
   Kumar GUBBALA
   Riccardo Garruto Campanile
   Roberto Tozzi. Current opinion in obstetrics
   gynecology 06/2015; 27(4).
- Upfront laparoscopic surgery in lb2 cervical cancer: Surgical and survival outcomes. F. Ferrari G.
   Fachechi K. GUBBALA H. Soleymani majd R. Garruto Campanile R. Tozzi Gynecologic Oncology 04/2015; 137
- Diaphragmatic peritonectomy vs. full thickness resection with pleurectomy during Visceral-Peritoneal Debulking (VPD) in 100 consecutive patients with stage IIIC-IV ovarian cancer: A surgical-histological analysis Hooman Soleymani majda, Federico Ferraria, Sanjiv Manekb, Kumar GUBBALA, Riccardo Garruto Campanile, Kieran Hardern, Roberto Tozzia, Gynecologic oncology. 2015 Dec 12.
- Routine intra-operative frozen section examination to minimize bimodal treatment in early stage cervical cancer GUBBALA K, Laios A, Pathiraja P, Haldhar. K, Kehoe S: Int J Gynecol Cancer. 2016 Jul;26(6):1148-53.
- Interval Laparoscopic En-Bloc Resection of the Pelvis (L-EnBRP) in patients with stage IIIC-IV ovarian cancer: Description of the technique and surgical outcomes. Tozzi R, GUBBALA K, Majd HS, Campanile RG Gynecol Oncol. 2016 Sep; 142(3):477-83.
- Porta hepatis peritonectomy and hepato-celiac lymphadenectomy in patients with stage IIIC-IV ovarian cancer: Diagnostic pathway, surgical technique and outcomes. Tozzi R, Traill Z, Garruto Campanile R, Ferrari F, Soleymani Majd H, Nieuwstad J, Hardern K, GUBBALA K. Gynecol Oncol. 2016 Oct; 143(1):35-9

- Optimal MRI interval for detection of asymptomatic recurrence in surgically treated early cervical cancer by use of a mathematical model. Laios A, GUBBALA K, Lampe R, Tolis A. Hippokratia. 2016 Jan-Mar; 20(1):4-8.
- En-bloc resection of the pelvis (EnBRP) in patients with stage IIIC-IV ovarian cancer: A 10 steps standardised technique. Surgical and survival outcomes of primary vs. interval surgery. Tozzi R, Hardern K, GUBBALA K, Garruto Campanile R, Soleymani Majd H. Gynecol Oncol. 2017 Jan 7
- Results from Survey to Assess Current Trends in Surgical Practice in the Management of Women with Early Stage Cervical Cancer within the BGCS Community with an Emphasis on Routine Frozen Section Examination.
- GUBBALA K, Laios A, Madhuri TK, Pathiraja P, Haldar K, Kehoe S.
- Int J Surg Oncol. 2017;2017:2962450. doi: 10.1155/2017/2962450. Epub 2017 Jul 17
   Research:
- A retrospective study in the management and outcome of stage III and stage IV primary epithelial tumors of the ovary at The Royal Marsden Hospital. This was presented at The British Gynaecological cancer society meeting in Glasgow in November 2010 – Presented as Poster in BGCS and ESGO.
- Completed systematic review on transposition of ovaries in the management of Gynecological malignancies – Published
- A retrospective study to evaluate and compare the benefit of vaginal cytology and magnetic resonance imaging (MRI) for the recognition of recurrent disease in patients who had radical hysterectomy and node dissection for early stage cervical cancer at The Royal Marsden Hospital during the period 2000 to 2008 for early stage cervical cancer (Stage 1a1-1b2) - presented as poster in ESGO
- Effectiveness of frozen section of pelvic nodes in the treatment of early stage cervical cancer with Radical Hysterectomy. –Published in IJGC
- Resection of the peritoneum, lymph nodes and tumor at the porta hepatis in advanced epithelial ovarian cancer- Incidence and surgical outcomes- Published in Gynecological Oncology.

# **Frequently Asked Questions**

## 1. Where does Dr. Phanendra Kumar Gubbala practice?

Dr. Phanendra Kumar Gubbala's practice locations include Apollo Proton Cancer Centre. He is a specialist in Oncology and related fields.

#### 2. Who is Dr. Phanendra Kumar Gubbala?

Dr Phanendra Kumar Gubbala is a renowned Gynaecologic Oncologist with over 7 years of experience. He practices in Chennai at Apollo Proton Cancer Centre. Dr Phanendra Kumar Gubbala holds a degree in MBBS, MRCOG Gynaecological Oncologist. He provides treatments including Hysterectomy, Chemotherapy, Radiation Therapy. He specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

#### 3. What is Dr. Phanendra Kumar Gubbala's specialization?

Dr Phanendra Kumar Gubbala specializes in Gynec Oncology. He has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. His key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

#### 4. What are Dr. Phanendra Kumar Gubbala's medical qualifications?

Dr Phanendra Kumar Gubbala holds MBBS, MRCOG Gynaecological Oncologist, reflecting his comprehensive education in the field of Gynec Oncology.

#### 5. What is Dr. Phanendra Kumar Gubbala's professional experience?

Dr. Phanendra Kumar Gubbala possesses 7 years of experience in oncology. His professional history details his career path and locations of practice.

## 6. What is patient feedback for Dr. Phanendra Kumar Gubbala?

Dr. Phanendra Kumar Gubbala has received positive feedback from one patient. Detailed patient experiences are available.

## 7. Who is a Gynaecologist?

A gynecologist is a medical doctor specializing in women's reproductive health. This includes the vagina, ovaries, uterus, and breasts. Gynecologists also have obstetrics training, managing pregnancy and childbirth.

## 8. What is the difference between a Gynaecologist and an Obstetrician?

Gynecologists manage women's reproductive health. Obstetricians specialize in pregnancy, childbirth, and postpartum care. Many gynecologists are also trained obstetricians. Pregnant women can consult either; however, gynecologists should be consulted for female reproductive system issues.

## 9. What procedures do Gynaecologists and Obstetricians commonly perform?

Gynecologists perform procedures such as Dilation and Curettage (D&C), removing the uterine lining via suction or curette, and Hysteroscopy, a minimally invasive treatment for uterine conditions. Obstetricians manage childbirth through normal delivery and Cesarean section (C-section) for complicated deliveries, ensuring mother and baby safety. These services represent a core part of women's health services and reproductive care.

### 10. Does a Gynecologist/Obstetrician treat female infertility?

Yes, Gynecologists/Obstetricians are qualified to manage women's infertility and related health concerns. A consultation provides diagnosis and treatment options. If specialized care is needed, your Gynecologist/Obstetrician will make a referral. Infertility treatment, women's health, gynecologist, obstetrician.